

<div> <div>May 2025</div> <div>Memory Care/Tessera Activity Calendar</div> </div> <div> </div> <div> <div>created with</div> <div>Sagely</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>Location Keys</div> <div> <div>Assisted Living Patio</div> <div>ALP</div> </div> <div> <div>MC North Living Room</div> <div>MCNLR</div> </div> <div> <div>MC South Art Room</div> <div>MCSAR</div> </div> <div> <div>Memory Care North</div> <div>MCN</div> </div> <div> <div>Memory Care South</div> <div>MCS</div> </div> <div> <div>We Come to You</div> <div>WCY</div> </div> </div> <div> <div> Creative Arts</div> <div> Emotional</div> <div> Health and Wellness</div> <div> Intellectual</div> </div> <div> <div> Purposeful</div> <div> Recreation and Leisure</div> <div> Restorative</div> <div> Spiritual</div> </div> <div> <div>Resident Birthdays</div> <div> <div>Arlene F.</div> <div>5/6</div> </div> <div> <div>Nancy R.</div> <div>5/29</div> </div> <div> <div>Virginia J.</div> <div>5/29</div> </div> <div> <div>Margaret K.</div> <div>5/30</div> </div> </div>				<div> <div>Celebrating Music Theater! 1</div> <div> <div>10:00 Non Denominational Services with Pastor Luke [MCN]</div> <div>10:00 Sunshine Club [MCN]</div> <div>10:30 Daily Chronicle [MCS]</div> <div>11:00 Songs by Heart [MCN]</div> <div>2:00 Bingo [MCSAR]</div> <div>2:00 Sensory Sensations</div> <div>2:30 Snack and Chat</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>	<div> <div>Celebrating Music Theater! 2</div> <div> <div>10:00 Rock Steady Boxing</div> <div>10:30 Daily Chronicle</div> <div>1:15 Catholic Communion with Charlene [MCN]</div> <div>2:00 Men's Club with David [MCNLR]</div> <div>2:00 Sensory Sensations</div> <div>3:00 Snack and Chat [MCS]</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>	<div> <div>Celebrating Music Theater! 3</div> <div> <div>10:00 Moving for Mobility [MCN]</div> <div>10:45 Daily Chronicle [MCN]</div> <div>11:00 Finish The Phrase! [MCN]</div> <div>2:00 Singfit!</div> <div>2:45 Snack and Chat</div> <div>3:00 Noodleball [MCS]</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>
<div> <div>Animal and Pets Week! 4</div> <div> <div>10:00 Sit and Be Fit [MCS]</div> <div>10:00 Sunshine Club</div> <div>10:30 Daily Chronicle</div> <div>2:00 Animal Collages [MCSAR]</div> <div>2:00 Sensory Sensations [MCN]</div> <div>3:30 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>	<div> <div>Animal and Pets Week! 5</div> <div> <div>10:00 Sit and Be Fit!</div> <div>11:00 Music Therapy with Nancy</div> <div>2:00 Cinco De Mayo Happy Hour [MCS]</div> <div>2:00 One on One Visits [WCY]</div> <div>4:00 Daily Rewind</div> <div>10:30 Daily Chronicle [MCN]</div> </div> </div>	<div> <div>Animal and Pets Week! 6</div> <div> <div>10:00 Move & Groove [MCS]</div> <div>10:30 Daily Chronicle [MCS]</div> <div>11:00 Jewish Services with Rabbi Levi Liberow [MCN]</div> <div>1:30 Catholic Rosary and Hymns [MCN]</div> <div>2:00 Comedic Canines and Funny Felines</div> <div>2:30 Snack and Chat</div> <div>3:00 Arm Chair Travels [MCS]</div> <div>4:00 Daily Rewind</div> </div> </div>	<div> <div>Animal and Pets Week! 7</div> <div> <div>10:00 Sunshine Club [MCN]</div> <div>10:30 Daily Chronicle [MCN]</div> <div>11:00 Word Scramble [MCS]</div> <div>11:30 Zumba with Janette! [MCS]</div> <div>1:30 Visits with Myra! [WCY]</div> <div>2:00 Music with John Adair!</div> <div>4:00 Daily Rewind</div> </div> </div>	<div> <div>Animal and Pets Week! 8</div> <div> <div>10:00 Sunshine Club [MCN]</div> <div>10:30 Daily Chronicle [MCS]</div> <div>11:00 Songs by Heart [MCN]</div> <div>2:00 Helping Hands-Tug Toys [MCSAR]</div> <div>2:00 Sensory Sensations</div> <div>2:30 Snack and Chat</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>	<div> <div>Animal and Pets Week! 9</div> <div> <div>10:00 Sit and Be Fit!</div> <div>10:00 Traveling Sunshine Club [WCY]</div> <div>10:30 Daily Chronicle</div> <div>10:30 Veteran's Club</div> <div>2:00 Men's Club with David [MCNLR]</div> <div>3:00 Snack and Chat [MCS]</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>	<div> <div>Animal and Pets Week! 10</div> <div> <div>10:00 Moving for Mobility [MCN]</div> <div>10:45 Daily Chronicle [MCN]</div> <div>11:00 Finish The Phrase! [MCN]</div> <div>2:45 Snack and Chat</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>
<div> <div>Great Artist Week 11</div> <div> <div>Mother's Day</div> <div> <div>10:00 Sit and Be Fit [MCS]</div> <div>10:00 Sunshine Club</div> <div>10:30 Daily Chronicle</div> <div>10:45 Virtual Tour of the Art Institute [MCS]</div> <div>2:00 Masterpiece Color-In: Bringing Famous Art to Life [MCS]</div> <div>2:00 Sensory Sensations [MCN]</div> <div>3:30 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div> </div>	<div> <div>Great Artist Week 12</div> <div> <div>10:00 Sit and Be Fit!</div> <div>10:30 Drumming with Chris</div> <div>2:00 One on One Visits [WCY]</div> <div>4:00 Daily Rewind</div> </div> </div>	<div> <div>Great Artist Week 13</div> <div> <div>10:00 Move & Groove [MCS]</div> <div>10:30 Daily Chronicle [MCS]</div> <div>1:30 Catholic Rosary and Hymns [MCN]</div> <div>2:00 Jackson Pollack Style Paintings [MCSAR]</div> <div>2:30 Snack and Chat</div> <div>3:00 Arm Chair Travels [MCS]</div> <div>4:00 Daily Rewind</div> </div> </div>	<div> <div>Great Artist Week 14</div> <div> <div>10:00 Sunshine Club [MCN]</div> <div>10:30 Daily Chronicle [MCN]</div> <div>11:00 Word Scramble [MCS]</div> <div>11:30 Zumba with Janette! [MCS]</div> <div>2:00 Let's Learn about Van Gogh! [MCS]</div> <div>2:00 Sensory Sensations [MCNLR]</div> <div>4:00 Daily Rewind</div> </div> </div>	<div> <div>Great Artist Week 15</div> <div> <div>10:00 Sunshine Club [MCN]</div> <div>10:30 Daily Chronicle [MCS]</div> <div>11:00 Songs by Heart [MCN]</div> <div>2:00 Bingo [MCSAR]</div> <div>2:00 Sensory Sensations</div> <div>2:30 Snack and Chat</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>	<div> <div>Great Artist Week 16</div> <div> <div>10:00 Rock Steady Boxing</div> <div>10:00 Traveling Sunshine Club [WCY]</div> <div>10:30 Daily Chronicle</div> <div>2:00 Men's Club with David [MCNLR]</div> <div>3:00 Snack and Chat [MCS]</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>	<div> <div>Great Artist Week 17</div> <div> <div>10:00 Moving for Mobility [MCN]</div> <div>10:45 Daily Chronicle [MCN]</div> <div>11:00 Finish The Phrase! [MCN]</div> <div>2:45 Snack and Chat</div> <div>3:00 Noodleball [MCS]</div> <div>4:00 Daily Rewind</div> <div>5:30 Sensory Sensations: Wind Down [MCN]</div> </div> </div>

May 2025
Memory Care/Tessera Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Classic Hollywood Week 18 10:00 🌿 Sit and Be Fit [MCS] 10:00 🌿 Sunshine Club 10:30 💡 Daily Chronicle 2:00 🌿 Sensory Sensations [MCN] 2:00 🚶 Singfit! 3:30 💡 Daily Rewind 5:30 🌿 Sensory Sensations: Wind Down [MCN]	Classic Hollywood Week 19 10:00 🚶 Sit and Be Fit! 11:00 ❤️ Music Therapy with Nancy 2:00 ❤️ One on One Visits [WCY] 4:00 💡 Daily Rewind 10:30 💡 Daily Chronicle [MCN]	Classic Hollywood Week 20 10:00 🚶 Move & Groove [MCS] 10:30 💡 Daily Chronicle [MCS] 1:30 🦋 Catholic Rosary and Hymns [MCN] 2:30 🚩 Snack and Chat 3:00 💡 Arm Chair Travels [MCS] 4:00 💡 Daily Rewind	Classic Hollywood Week 21 10:00 🌿 Sunshine Club [MCN] 10:30 That's Entertainment with Harvey! [MCN] 11:00 💡 Word Scramble [MCS] 11:30 🚶 Zumba with Janette! [MCS] 4:00 💡 Daily Rewind	Classic Hollywood Week 22 10:00 🚩 Sunshine Club [MCN] 10:30 💡 Daily Chronicle [MCS] 11:00 ❤️ Songs by Heart [MCN] 2:00 🦋 Bingo [MCSAR] 2:00 ❤️ Sensory Sensations 2:30 🚩 Snack and Chat 4:00 💡 Daily Rewind 5:00 🦋 Casino Night! 5:30 🌿 Sensory Sensations: Wind Down [MCN]	Classic Hollywood Week 23 10:00 🚶 Rock Steady Boxing 10:00 🌿 Traveling Sunshine Club [WCY] 10:30 💡 Daily Chronicle 2:00 🚩 Men's Club with David [MCNLR] 3:00 🚩 Snack and Chat [MCS] 4:00 💡 Daily Rewind 5:30 🌿 Sensory Sensations: Wind Down [MCN]	Classic Hollywood Week 24 10:00 🚶 Moving for Mobility [MCN] 10:45 💡 Daily Chronicle [MCN] 11:00 💡 Finish The Phrase! [MCN] 2:45 🦋 Snack and Chat 4:00 💡 Daily Rewind 5:30 🌿 Sensory Sensations: Wind Down [MCN]
Flower Week 25 10:00 🌿 Sit and Be Fit [MCS] 10:00 🌿 Sunshine Club 10:30 💡 Daily Chronicle 2:00 🌿 Sensory Sensations [MCN] 3:30 💡 Daily Rewind 5:30 🌿 Sensory Sensations: Wind Down [MCN]	Flower Week 26 Memorial Day 10:00 ❤️ Memorial Day Remembrance Service 2:00 ❤️ One on One Visits [WCY] 4:00 💡 Daily Rewind 10:30 💡 Daily Chronicle [MCN]	Flower Week 27 10:00 🚶 Move & Groove [MCS] 10:30 💡 Daily Chronicle [MCS] 1:30 🦋 Catholic Rosary and Hymns [MCN] 2:30 🚩 Snack and Chat 3:00 💡 Arm Chair Travels [MCS] 4:00 💡 Daily Rewind	Flower Week 28 10:00 🌿 Sunshine Club [MCN] 10:30 💡 Daily Chronicle [MCN] 11:00 💡 Word Scramble [MCS] 11:30 🚶 Zumba with Janette! [MCS] 1:00 🚩 Flower Arranging [ALP] 4:00 💡 Daily Rewind	Flower Week 29 10:00 🚩 Sunshine Club [MCN] 10:30 💡 Daily Chronicle [MCS] 11:00 ❤️ Songs by Heart [MCN] 2:00 🦋 Bingo [MCSAR] 2:00 ❤️ Sensory Sensations 2:30 🚩 Snack and Chat 4:00 💡 Daily Rewind 5:30 🌿 Sensory Sensations: Wind Down [MCN]	Flower Week 30 10:00 🚶 Rock Steady Boxing 10:00 🌿 Traveling Sunshine Club [WCY] 10:30 💡 Daily Chronicle 2:00 🦋 Birthday Bash with Janet and Grant! [MCNLR] 3:00 🚩 Snack and Chat [MCS] 4:00 💡 Daily Rewind 5:30 🌿 Sensory Sensations: Wind Down [MCN]	Flower Week 31 10:00 🚶 Moving for Mobility [MCN] 10:45 💡 Daily Chronicle [MCN] 11:00 💡 Finish The Phrase! [MCN] 2:45 🦋 Snack and Chat 3:00 🚶 Noodleball [MCS] 4:00 💡 Daily Rewind 5:30 🌿 Sensory Sensations: Wind Down [MCN]



THE CARRINGTON
AT LINCOLNWOOD
3501 Northeast Parkway
Lincolnwood, IL 60712
(847) 973-6262

- 🦋 Creative Arts
- ❤️ Emotional
- 🚶 Health and Wellness
- 💡 Intellectual

- 🚩 Purposeful
- 🦋 Recreation and Leisure
- 🌿 Restorative
- 🦋 Spiritual

Location Keys			
Assisted Living Patio	ALP	Memory Care North	MCN
MC North Living Room	MCNLR	Memory Care South	MCS
MC South Art Room	MCSAR	We Come to You	WCY

Resident Birthdays	
Brij B.	5/1
Arlene F.	5/6
Jeffery M.	5/8
Joseph Y.	5/15
Tom A.	5/17
Evelyn A.	5/19
Renee G.	5/23
Nancy R.	5/29
Virginia J.	5/29
Paula F.	5/30
Margaret K.	5/30
Sonia M.	5/31