



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Location Keys</div> <div>AL 2nd FL Activity Room AAR</div> <div>AL 2nd FL Living Room 2LVR</div> <div>AL 4th FL Theater ALT</div> <div>Bistro BST</div> <div>Fitness Center FC</div> <div>IL Cafe</div> <div>Mezzanine Living Room MLR</div> <div>Outing OUT</div> <div>We Come to You WCY</div>		<div><div>Creative Arts</div><div>Emotional</div><div>Health and Wellness</div><div>Intellectual</div><div>Nature</div><div>Purposeful</div><div>Recreation and Leisure</div><div>Restorative</div><div>Spiritual</div></div>	<div></div> <div>Spring: a lovely reminder of how beautiful change can truly be</div> <div>OurMindfullLife.com</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>10:45 Fact Files: May Day [AAR]</div> <div>1:30 Express Fitness with Arthur [FC]</div> <div>2:00 Craft Time with Gina [AAR]</div> <div>3:00 Hotsie-Totsie Voices - Rehearsal [BST]</div> <div>6:30 AL Movie - Shiva Baby (Netflix) [ALT]</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Baby Boomer Trivia! [AAR]</div> <div>3:00 Kentucky Derby Bingo! [AAR]</div> <div>4:30 Shabbat [BST]</div> <div>6:30 AL Movie - The First of May (DVD) [ALT]</div>	<div>9:30 Celebration of Life Service [BST]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Moving For Mobility [AAR]</div> <div>1:15 Quiet Piano with Patrick [BST]</div> <div>2:00 AL Movie - French Kiss (Prime) [ALT]</div>
<div>10:00 Sit and Be Fit! [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Sing-Along [AAR]</div> <div>1:15 Quiet Piano with Patrick [BST]</div> <div>2:00 AL Movie - My Fair Lady (Prime) [ALT]</div> <div>2:00 Bingo With Trudy [ILC]</div> <div>4:00 Daily Rewind [MLR]</div>	<div>10:00 Sit and Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Random Trivia [AAR]</div> <div>1:00 Movement and Balance with Select Rehab [FC]</div> <div>1:30 Scenes from Wizard of Oz [BST]</div> <div>2:00 Dancing with Martha! [FC]</div> <div>3:00 Bingo! [AAR]</div> <div>6:30 AL Movie - Nobody's Fool (Prime) [ALT]</div> <div>7:15 Everyone Has A Story [BST]</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 The Roundup: The Kentucky Derby [AAR]</div> <div>2:30 Social Time in the Living Room [2LVR]</div> <div>6:30 AL Movie - The Last Showgirl (Prime) [ALT]</div>	<div>10:00 Zumba &amp; Laughing Yoga with Janette! [AAR]</div> <div>10:45 Daily Chronicle [AAR]</div> <div>11:00 Roundup: Dynamite [AAR]</div> <div>1:45 Rock Steady Boxing [MLR]</div> <div>2:00 Visit with Myra the Comfort Dog! [WCY]</div> <div>3:00 Happy Hour with John Adair [BST]</div> <div>6:30 AL Movie - The Birds (Netflix) [ALT]</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>10:45 Fact Files: Coca-Cola [AAR]</div> <div>1:30 Express Fitness with Arthur [FC]</div> <div>2:00 Craft Time with Gina [AAR]</div> <div>3:00 Hotsie-Totsie Voices - Rehearsal [BST]</div> <div>6:30 AL Movie - Conclave (Prime) [ALT]</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>10:30 Veteran's Club</div> <div>11:00 On Track Trivia! [AAR]</div> <div>3:00 Bingo! [AAR]</div> <div>4:30 Shabbat [BST]</div> <div>6:30 AL Movie - Noises Off (Prime) [ALT]</div>	<div>9:30 Carrington Community Church [BST]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Moving For Mobility [AAR]</div> <div>1:15 Quiet Piano with Patrick [BST]</div> <div>2:00 AL Movie - Mystery Alaska (Prime) [ALT]</div>
<div>Mother's Day</div> <div>10:00 Sit and Be Fit! [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Sing-Along [AAR]</div> <div>1:15 Quiet Piano with Patrick [BST]</div> <div>2:00 AL Movie - Good News (Prime) [ALT]</div> <div>2:00 Bingo With Trudy [ILC]</div> <div>4:00 Daily Rewind [MLR]</div>	<div>10:00 Sit and Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Random Trivia [AAR]</div> <div>1:00 Movement and Balance with Select Rehab [FC]</div> <div>2:00 Dancing with Martha! [FC]</div> <div>3:00 Bingo! [AAR]</div> <div>6:30 AL Movie - Guilt Trip (Prime) [ALT]</div> <div>7:15 TedTalk Time [BST]</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Weekly Devotional [AAR]</div> <div>1:15 Opera Club</div> <div>2:00 Visits with Myra! [WCY]</div> <div>2:30 Social Time in the Living Room [2LVR]</div> <div>6:30 AL Movie - Tombstone (Prime) [ALT]</div>	<div>10:00 Zumba &amp; Laughing Yoga with Janette! [AAR]</div> <div>10:45 Daily Chronicle [AAR]</div> <div>11:00 Chip Idioms [AAR]</div> <div>11:30 Outing: Chicago Botanic Gardens (RSVP) [OUT]</div> <div>1:45 Rock Steady Boxing [MLR]</div> <div>3:00 Happy Hour with Johnnie Miller [BST]</div> <div>6:30 AL Movie - Holland (Prime) [ALT]</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>10:45 Trivia- Roundup McDonald [AAR]</div> <div>1:30 Express Fitness with Arthur [FC]</div> <div>2:00 Craft Time with Gina [AAR]</div> <div>3:00 Hotsie-Totsie Voices - Rehearsal [BST]</div> <div>6:30 AL Movie - Shoes of a Fisherman (Prime) [ALT]</div>	<div>10:00 Sit &amp; Be Fit [AAR]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Fact Files: Armed Forces Day [AAR]</div> <div>2:15 Monthly Birthday Bash with the Keystrings [2LVR]</div> <div>3:00 Bingo! [AAR]</div> <div>4:30 Shabbat [BST]</div> <div>6:30 AL Movie - One Flew Over the Cuckoo's Nest (Prime) [ALT]</div>	<div>9:30 Carrington Community Church [BST]</div> <div>10:30 Daily Chronicle [AAR]</div> <div>11:00 Moving For Mobility [AAR]</div> <div>1:15 Quiet Piano with Patrick [BST]</div> <div>2:00 AL Movie - The Accountant (Prime) [ALT]</div>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 🏠 Sit and Be Fit! [AAR] <b>18</b> 10:30 💡 Daily Chronicle [AAR] 11:00 🎵 Sing-Along [AAR] 1:15 🎹 Quiet Piano with Patrick [BST] 2:00 🎬 AL Movie - Blue Skies (DVD) [ALT] 2:00 🎮 Bingo With Trudy [ILC] 3:00 🏠 Community Dementia Support Group [BST] 4:00 💡 Daily Rewind [MLR]	10:00 🏠 Sit and Be Fit [AAR] <b>19</b> 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Random Trivia [AAR] 1:00 🏃 Movement and Balance with Select Rehab [FC] 2:00 🏠 Dancing with Martha! [FC] 3:00 🎮 Bingo! [AAR] 6:30 🎬 AL Movie - Taking Chance (Prime) [ALT] 7:15 🏠 Everyone Has A Story [BST]	10:00 🏠 Sit & Be Fit [AAR] <b>20</b> 10:30 💡 Daily Chronicle [AAR] 11:00 🦋 Weekly Devotional [AAR] 2:30 🎮 Social Time in the Living Room [2LVR] 6:30 🎬 AL Movie - Green Book (Prime) [ALT]	10:00 🏠 Zumba & Laughing Yoga with Janette! [AAR] <b>21</b> 10:45 💡 Daily Chronicle [AAR] 11:00 💡 A to Z Trivia! [AAR] 1:45 🏠 Rock Steady Boxing [MLR] 3:00 🎮 Happy Hour with Daryl Nitz [BST] 6:30 🎬 AL Movie - Top Gun (Prime) [ALT]	10:00 🏠 Sit & Be Fit [AAR] <b>22</b> 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Trivia- Roundup: A Date with Altitude [AAR] 1:30 🏠 Express Fitness with Arthur [FC] 1:30 🎨 NEW! Painting Class with Karin [AAR] 3:00 🎭 Hotsie-Totsie Voices - Rehearsal [BST] 5:00 🎮 Casino Night! 6:30 🎬 AL Movie - Operation Finale (Prime) [ALT]	10:00 🏠 Sit & Be Fit [AAR] <b>23</b> 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Fact Files: Wyoming [AAR] 3:00 🎮 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:30 🎬 AL Movie -Jesse Stone: Benefit of the Doubt (Prime) [ALT]	9:30 🦋 Carrington Community Church [BST] <b>24</b> 10:30 💡 Daily Chronicle [AAR] 11:00 🏠 Moving For Mobility [AAR] 1:15 🎹 Quiet Piano with Patrick [BST] 2:00 🎬 AL Movie - Cafe Society (Prime) [ALT] 2:00 🎭 Special Performance: Acting Showcase [BST]
10:00 🏠 Sit and Be Fit! [AAR] <b>25</b> 10:30 💡 Daily Chronicle [AAR] 11:00 🎵 Sing-Along [AAR] 1:15 🎹 Quiet Piano with Patrick [BST] 2:00 🎬 AL Movie - Tender Trap (Prime) [ALT] 2:00 🎮 Bingo With Trudy [ILC] 4:00 💡 Daily Rewind [MLR]	Memorial Day <b>26</b> 10:00 🏠 Sit and Be Fit [AAR] 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Random Trivia [AAR] 1:00 🏃 Movement and Balance with Select Rehab [FC] 2:00 🏠 Dancing with Martha! [FC] 3:00 🎮 Bingo! [AAR] 6:30 🎬 AL Movie - Runaway Jury (Netflix) [ALT]	10:00 🏠 Sit & Be Fit [AAR] <b>27</b> 10:30 💡 Daily Chronicle [AAR] 11:00 🦋 Weekly Devotional [AAR] 2:30 🎮 Social Time in the Living Room [2LVR] 6:30 🎬 AL Movie - Mending the Line (Netflix) [ALT]	10:00 🏠 Zumba & Laughing Yoga with Janette! [AAR] <b>28</b> 10:45 💡 Daily Chronicle [AAR] 11:00 💡 Trivia- Roundup: Toasty Tales [AAR] 1:30 🏠 AL Resident Meeting [2LVR] 1:45 🏠 Rock Steady Boxing [MLR] 3:00 🎮 Happy Hour with the Vince Micari Trio [BST] 6:30 🎬 AL Movie - Loose Cannons (Prime) [ALT]	10:00 🏠 Sit & Be Fit [AAR] <b>29</b> 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Game Show Trivia! [AAR] 1:30 🏠 Express Fitness with Arthur [FC] 2:00 🎨 Craft Time with Gina [AAR] 3:00 🎭 Hotsie-Totsie Voices - Rehearsal [BST] 6:30 🎬 AL Movie - A Complete Unknown (Prime) [ALT]	10:00 🏠 Sit & Be Fit [AAR] <b>30</b> 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Fact Files: World MS Day [AAR] 3:00 🎮 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:30 🎬 AL Movie - A Simple Twist of Fate (Prime) [ALT]	9:30 🦋 Carrington Community Church [BST] <b>31</b> 10:30 💡 Daily Chronicle [AAR] 11:00 🏠 Moving For Mobility [AAR] 2:00 🎬 AL Movie - Mr. Smith Goes to Washington (Netflix) [ALT]



All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.



Resident Birthdays	
Brij B.	5/1
Jeffery M.	5/8
Tom A.	5/17
Renee G.	5/23
Sonia M.	5/31