

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Location Keys</p> <p>AL 2nd FL Activity Room AAR AL 2nd FL Living Room 2LVR AL 4th FL Theater ALT Bistro BST Fitness Center FC IL Cafe ILC</p> <p>IL Crown Dining Room-3rd FL CDR IL Ping Pong Room -3rd FL ILPPR Mezzanine Activity Room Mez Mezzanine Living Room MLR Outing OUT We Come to You WCY</p>		<p>10:00 ↔ Sit & Be Fit [AAR] 1</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ Would You Rather? [AAR]</p> <p>2:30 🐾 Social Time in the Living Room [2LVR]</p> <p>6:30 🐾 AL Movie - Saving Mr. Banks (Prime) [ALT]</p>	<p>10:00 ↔ Zumba & Laughing Yoga with Janette! [AAR] 2</p> <p>10:45 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ Rick Steves: Iceland [AAR]</p> <p>1:45 ↔ Rock Steady Boxing [MLR]</p> <p>3:00 🐾 Happy Hour with Hector Fernandez on Spanish Guitar [BST]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 3</p> <p>10:30 ⚡ Daily Chronicle [2LVR]</p> <p>10:45 ⚡ Fact Files: TV Guide [AAR]</p> <p>1:30 ↔ Express Fitness with Arthur [FC]</p> <p>2:00 🐾 Craft Time with Gina [AAR]</p> <p>3:00 🐾 Hotsie-Totsie Voices - MEN ONLY [CDR]</p> <p>6:30 🐾 Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 4</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ The RoundUp: World Rat Day [AAR]</p> <p>3:00 🐾 Bingo! [AAR]</p> <p>4:30 🐾 Shabbat [BST]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>9:30 🐾 Carrington Community Church [BST] 5</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ↔ Moving For Mobility [AAR]</p> <p>1:15 🐾 Quiet Piano with Patrick [BST]</p> <p>2:00 🐾 Afternoon Cinema [ALT]</p>	
	<p>10:00 ↔ Sit and Be Fit! [Mez] 6</p> <p>10:30 ⚡ News and Views [Mez]</p> <p>1:15 🐾 Quiet Piano with Patrick [BST]</p> <p>2:00 🐾 Bingo With Trudy [ILC]</p> <p>2:00 🐾 Sunday Matinee [ALT]</p> <p>4:00 ⚡ Daily Rewind [MLR]</p>	<p>10:00 ↔ Sit and Be Fit [AAR] 7</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ Brews and Clues Trivia [AAR]</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00 ↔ Dancing with Martha! [FC]</p> <p>3:00 🐾 Bingo! [AAR]</p> <p>6:30 🐾 Movie Night [ALT]</p> <p>7:15 Everyone Has A Story [BST]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 8</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ The RoundUp: All in the Family [AAR]</p> <p>2:00 ❤️ Visits with Myra! [WCY]</p> <p>2:15 🐾 Opera Club: Time Change</p> <p>2:30 🐾 Social Time in the Living Room [2LVR]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Zumba & Laughing Yoga with Janette! [AAR] 9</p> <p>10:45 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ Trivia! Sip or Skip [AAR]</p> <p>1:45 ↔ Rock Steady Boxing [MLR]</p> <p>3:00 🐾 Happy Hour - Amy Yassinger Duo [BST]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 10</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 🌿 Nature Documentary [AAR]</p> <p>1:30 ↔ Express Fitness with Arthur [FC]</p> <p>2:00 🐾 Craft Time with Gina [AAR]</p> <p>3:00 🐾 Hotsie-Totsie Voices - Rehearsal [BST]</p> <p>6:30 🐾 Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 11</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:30 🏠 Veteran's Club</p> <p>11:00 ⚡ Fact Files: World Parkinson Disease Day [AAR]</p> <p>3:00 🐾 Bingo! [AAR]</p> <p>4:30 🐾 Shabbat [BST]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>Passover Begins 12</p> <p>9:30 🐾 Carrington Community Church [BST]</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ↔ Moving For Mobility [AAR]</p> <p>1:15 🐾 Quiet Piano with Patrick [BST]</p> <p>2:00 🐾 Afternoon Cinema [ALT]</p> <p>6:00 🐾 Outing: Park Ridge Chorale (RSVP) [OUT]</p>
	<p>10:00 ↔ Sit and Be Fit! [Mez] 13</p> <p>10:30 ⚡ News and Views [Mez]</p> <p>1:15 🐾 Quiet Piano with Patrick [BST]</p> <p>2:00 🐾 Bingo With Trudy [ILC]</p> <p>2:00 🐾 Sunday Matinee [ALT]</p> <p>4:00 ⚡ Daily Rewind [MLR]</p> <p>4:00 🐾 Passover Seder (RSVP)</p>	<p>10:00 ↔ Sit and Be Fit [AAR] 14</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ⚡ Random Trivia US State Nicknames [AAR]</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00 ↔ Dancing with Martha! [FC]</p> <p>3:00 🐾 Bingo! [AAR]</p> <p>6:30 🐾 Movie Night [ALT]</p> <p>7:15 ⚡ TedTalk Time [BST]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 15</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 🐾 Holy week devotional: Holy Tuesday [AAR]</p> <p>11:00 ⚡ The RoundUp: Titanic [AAR]</p> <p>2:30 🐾 Social Time in the Living Room [2LVR]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Vaccination Clinic: COVID Booster [2LVR] 16</p> <p>10:00 ↔ Zumba & Laughing Yoga with Janette! [AAR]</p> <p>10:45 ⚡ Daily Chronicle [AAR]</p> <p>11:00 🐾 Holy week devotional: Holy Wednesday [AAR]</p> <p>12:00 🐾 Outing: Northlight Theater - Prayer for the French Republic [OUT]</p> <p>1:45 ↔ Rock Steady Boxing [MLR]</p> <p>3:00 🐾 Happy Hour with Jane Allyson [BST]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 17</p> <p>10:30 ⚡ Daily Chronicle</p> <p>10:45 🐾 Holy week devotional: Maundy Thursday [AAR]</p> <p>11:00 ⚡ Trivia! True or Blah Blah Blah</p> <p>1:30 ↔ Express Fitness with Arthur [FC]</p> <p>2:00 🐾 Bingo! [AAR]</p> <p>3:00 🐾 Hotsie-Totsie Voices - Rehearsal [BST]</p> <p>6:30 🐾 Friends of Bill W. (AA Meeting) [ILPPR]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>10:00 ↔ Sit & Be Fit [AAR] 18</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 🐾 Holy week devotional: Good Friday [AAR]</p> <p>1:00 🐾 Stations of the Cross [BST]</p> <p>2:15 🐾 Monthly Birthday Bash with Bob Duda! [2LVR]</p> <p>4:30 🐾 Shabbat [BST]</p> <p>6:30 🐾 Movie Night [ALT]</p>	<p>9:30 🐾 Carrington Community Church [BST] 19</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 🐾 Holy week devotional: Holy Saturday [AAR]</p> <p>11:00 ↔ Moving For Mobility [AAR]</p> <p>1:15 🐾 Quiet Piano with Patrick [BST]</p> <p>2:00 🐾 Afternoon Cinema [ALT]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Easter 20 10:00 🚶 Sit and Be Fit! [Mez] 10:30 📺 News and Views [Mez] 1:15 🎹 Quiet Piano with Patrick [BST] 2:00 🎲 Bingo With Trudy [ILC] 2:00 🐾 Sunday Matinee [ALT] 3:00 🏠 Community Dementia Support Group [BST] 4:00 📺 Daily Rewind [MLR]	10:00 🚶 Sit and Be Fit [AAR] 21 10:30 📺 Boston Marathon Facts [AAR] 10:30 📺 Daily Chronicle [AAR] 1:00 🏃 Movement and Balance with Select Rehab [FC] 2:00 🚶 Dancing with Martha! [FC] 3:00 🎲 Bingo! [AAR] 6:30 🐾 Movie Night [ALT] 7:15 📺 Everyone Has A Story [BST]	10:00 🚶 Sit & Be Fit [AAR] 22 10:30 📺 Daily Chronicle [AAR] 11:00 🦋 Weekly Devotional [AAR] 6:30 🐾 Movie Night [ALT]	10:00 🚶 Sit & Be Fit [AAR] 23 10:45 📺 Daily Chronicle [AAR] 11:00 📺 Fact Files: National Poker Day 12:00 🏠 Boutique Shopping: Kindness Chains [ILC] 1:45 🚶 Rock Steady Boxing [MLR] 3:00 🐾 Happy Hour with Allan Kaye and John Eskola [BST] 6:30 🐾 Movie Night [ALT]	10:00 🚶 Sit & Be Fit [AAR] 24 10:30 📺 Daily Chronicle [AAR] 10:45 📺 The RoundUp: A Kodak Moment [AAR] 1:30 🚶 Express Fitness with Arthur [FC] 1:30 🎨 NEW! Painting Class with Karin [AAR] 3:00 🎤 Hotsie-Totsie Voices - Rehearsal [BST] 6:30 🦋 Friends of Bill W. (AA Meeting) [ILPPR] 6:30 🐾 Movie Night [ALT]	10:00 🚶 Sit & Be Fit [AAR] 25 10:30 📺 Daily Chronicle [AAR] 11:00 📺 Fact Files: Arbor Day [AAR] 3:00 🎲 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:30 🐾 Movie Night [ALT]	9:30 🦋 Carrington Community Church [BST] 26 10:30 📺 Daily Chronicle [AAR] 11:00 🚶 Moving For Mobility [AAR] 1:15 🎹 Quiet Piano with Patrick [BST] 2:00 🐾 Afternoon Cinema [ALT]

10:00 🚶 Sit and Be Fit! [Mez] 27 10:30 📺 News and Views [Mez] 1:15 🎹 Quiet Piano with Patrick [BST] 2:00 🎲 Bingo With Trudy [ILC] 2:00 🐾 Sunday Matinee [ALT] 4:00 📺 Daily Rewind [MLR]	10:00 🚶 Sit and Be Fit [AAR] 28 10:30 📺 Daily Chronicle [AAR] 10:45 📺 Random Banana Blast Trivia [AAR] 1:00 🏃 Movement and Balance with Select Rehab [FC] 2:00 🚶 Dancing with Martha! [FC] 3:00 🎲 Bingo! [AAR] 6:30 🐾 Movie Night [ALT] 7:15 🏠 Door Stories! [BST]	10:00 🚶 Sit & Be Fit [AAR] 29 10:30 📺 Daily Chronicle [AAR] 11:00 🦋 Weekly Devotional [AAR] 2:30 ❤️ Moments from Hollywood Musicals [ALT] 6:30 🐾 Movie Night [ALT]	10:00 🚶 Sit & Be Fit [AAR] 30 10:45 📺 Daily Chronicle [AAR] 11:00 📺 Pretzel day Facts and Trivia [AAR] 1:30 🏠 AL Resident Meeting [2LVR] 1:45 🚶 Rock Steady Boxing [MLR] 3:00 🐾 Happy Hour: The Global Guitar Duo [BST] 6:30 🐾 Movie Night [ALT]
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- 🎨 Creative Arts
- ❤️ Emotional
- 🚶 Health and Wellness
- 📺 Intellectual
- 🌱 Nature
- 🏠 Purposeful
- 🐾 Recreation and Leisure
- 🌿 Restorative
- 🦋 Spiritual



All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.



Resident Birthdays

Mary S.	4/10
Janet M.	4/11
Merle B.	4/17
Esta D.	4/25
Balaji V.	4/27