






























































































































































August 2024 Memory Care/Tessera Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>Location Keys</p> <p>Memory Care North MCN Memory Care Patio MCP Memory Care South MCS Outing OUT We Come to You WCY</p>	<p>Resident Birthdays</p> <p>Paul K. 8/13 Marlene R. 8/13 William H. 8/31</p>	<ul style="list-style-type: none">  Creative Arts  Emotional  Health and Wellness  Intellectual  Nature  Purposeful  Recreation and Leisure  Restorative 	<p>10:00 Move and Groove [MCS] 1</p> <p>10:00  Sunshine Club [MCN]</p> <p>10:30  Daily Chronicle [MCS]</p> <p>10:45  What Did It Cost?</p> <p>11:15  Finish the Lyric [MCS]</p> <p>1:30  Songs by Heart [MCN]</p> <p>2:30  Snack and Chat</p> <p>3:00  Noodle Ball [MCS]</p> <p>3:00  Sensory Sensations [MCN]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Rock Steady [MCN] 2</p> <p>10:00  Traveling Sunshine Club [WCY]</p> <p>10:30  Daily Chronicle</p> <p>11:00  Give Me Five</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Ladies Club with Salma! [MCS]</p> <p>2:00  Men's Club with David [MCN]</p> <p>3:00  Sensory Sensations [MCN]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Moving for Mobility [MCN] 3</p> <p>10:45  Daily Chronicle [MCN]</p> <p>11:00  Finish The Phrase! [MCN]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Sensory Sensations [MCN]</p> <p>2:00  SingFit! [MCS]</p> <p>2:45  Snack and Chat-Watermelon</p> <p>3:00  Bean Bag Toss [MCS]</p> <p>3:00  Noodleball [MCS]</p> <p>4:00  Daily Rewind</p>
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<p>10:00  Sit & Be Fit [MCS] 4</p> <p>10:00  Sunshine Club [MCN]</p> <p>10:30  Daily Chronicle</p> <p>11:00  Name 10 Game [MCS]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  SingFit [MCN]</p> <p>2:15  Outing to Dunkin! [OUT]</p> <p>2:45  Snack and Chat</p> <p>3:00  Bean Bag Toss [MCN]</p> <p>3:00  Noodle Ball [MCS]</p> <p>3:00  Sensory Sensations [MCN]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Sit and Be Fit [MCS] 5</p> <p>10:30  Daily Chronicle</p> <p>11:00  Word Scramble [MCN]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  SingFit [MCS]</p> <p>2:45  Snack and Chat</p> <p>3:00  Arm Chair Travels! [MCS]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Music Therapy with Nancy [MCN] 6</p> <p>10:00  Sunshine Club [WCY]</p> <p>10:45  Daily Chronicle [MCN]</p> <p>11:00  Name That Tune [MCS]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Sensory Sensations [MCN]</p> <p>2:00  Volunteer Club-Tie Blankets</p> <p>3:00  Flower Arrangement [MCN]</p> <p>3:00  Snack and Chat-Rootbeer Floats</p> <p>4:00  Daily Rewind</p>	<p>10:00  Traveling Sunshine Club [WCY] 7</p> <p>10:00  Zumba with Janette! [MCN]</p> <p>10:30  Daily Chronicle [MCN]</p> <p>11:00  Word Scramble [MCN]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Sensory Sensations [MCN]</p> <p>2:15  Outing: Paint Your Own Pottery [OUT]</p> <p>2:45  Snack and Chat</p> <p>4:00  Daily Rewind</p>	<p>10:00  Sunshine Club [MCN] 8</p> <p>11:00  Daily Chronicle [MCS]</p> <p>11:00  Finish the Lyric [MCS]</p> <p>1:30  Songs by Heart [MCN]</p> <p>2:30  Snack and Chat</p> <p>3:00  Horse Shoes [MCS]</p> <p>3:00  Sensory Sensations [MCN]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Rock Steady [MCN] 9</p> <p>10:00  Traveling Sunshine Club [WCY]</p> <p>10:30  Daily Chronicle</p> <p>11:00  Give Me Five</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Crosstown Classic Party [MCN]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Moving for Mobility [MCN] 10</p> <p>10:45  Daily Chronicle [MCN]</p> <p>11:00  Finish The Phrase! [MCN]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Sensory Sensations [MCN]</p> <p>2:00  SingFit! [MCS]</p> <p>2:45  Snack and Chat</p> <p>3:00  Bean Bag Toss [MCS]</p> <p>4:00  Daily Rewind</p>
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<p>10:00  Sit & Be Fit [MCS] 11</p> <p>10:00  Sunshine Club [MCN]</p> <p>10:30  Daily Chronicle</p> <p>11:00  Name 10 Game [MCS]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  SingFit [MCN]</p> <p>2:45  Snack and Chat</p> <p>3:00  Bean Bag Toss [MCN]</p> <p>3:00  Noodle Ball [MCS]</p> <p>3:30  Sensory Sensations [MCN]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Sit and Be Fit [MCN] 12</p> <p>10:30  Daily Chronicle [MCS]</p> <p>10:30  Drumming with Chris [MCN]</p> <p>11:00  Word Scramble [MCN]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  SingFit [MCS]</p> <p>2:45  Snack and Chat</p> <p>4:00  Daily Rewind</p>	<p>10:00  Move & Groove [MCS] 13</p> <p>10:00  Sunshine Club [WCY]</p> <p>10:30  Daily Chronicle [MCN]</p> <p>11:00  Name That Tune [MCS]</p> <p>1:30  Refresh and Recharge</p> <p>1:30  Visits with Myra! [WCY]</p> <p>2:00  Art Club-Tie Dye [MCS]</p> <p>2:00  Sensory Sensations [MCN]</p> <p>3:00  Snack and Chat</p> <p>3:30  Flower Arrangement [MCN]</p> <p>3:30  Meditation and Relaxation [MCS]</p> <p>4:00 Daily Rewind</p>	<p>10:00  Traveling Sunshine Club [WCY] 14</p> <p>10:00  Zumba with Janette! [MCN]</p> <p>10:30  Daily Chronicle [MCN]</p> <p>11:00  Word Scramble [MCN]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Sensory Sensations [MCN]</p> <p>2:00  SingFit! [MCS]</p> <p>2:45  Snack and Chat</p> <p>3:00  Bingo [MCS]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Sunshine Club [MCN] 15</p> <p>11:00  Daily Chronicle [MCS]</p> <p>11:00  Finish the Lyric [MCS]</p> <p>1:30  Songs by Heart [MCN]</p> <p>2:30  Snack and Chat</p> <p>3:00  Sensory Sensations [MCN]</p> <p>3:00  What Did It Cost? [MCS]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Rock Steady [MCN] 16</p> <p>10:00  Traveling Sunshine Club [WCY]</p> <p>10:30  Daily Chronicle</p> <p>10:30  Veteran's Club</p> <p>11:00  Give Me Five</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Ladies Club with Salma! [MCS]</p> <p>2:00  Men's Club with David [MCN]</p> <p>3:00  Noodle Ball [MCS]</p> <p>3:00  Sensory Sensations [MCN]</p> <p>4:00  Daily Rewind</p>	<p>10:00  Moving for Mobility [MCN] 17</p> <p>10:45  Daily Chronicle [MCN]</p> <p>11:00  Finish The Phrase! [MCN]</p> <p>1:30  Refresh and Recharge</p> <p>2:00  Sensory Sensations [MCN]</p> <p>2:00  SingFit! [MCS]</p> <p>2:45  Snack and Chat</p> <p>3:00  Bean Bag Toss [MCN]</p> <p>3:00  Noodleball [MCS]</p> <p>4:00  Daily Rewind</p>
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August 2024 Memory Care/Tessera Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 🚶 Sit & Be Fit [MCS] 18</p> <p>10:00 🌻 Sunshine Club [MCN]</p> <p>10:30 💡 Daily Chronicle</p> <p>11:00 🧩 Name 10 Game [MCS]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🚶 SingFit [MCN]</p> <p>2:15 ❤️ Outing: Take a Drive for Ice Cream! [OUT]</p> <p>2:45 🧩 Snack and Chat</p> <p>3:00 🧩 Noodle Ball [MCS]</p> <p>3:00 🧩 Sensory Sensations [MCN]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🚶 Sit and Be Fit [MCS] 19</p> <p>10:00 🚶 Sit and Be Fit [MCN]</p> <p>10:30 💡 Daily Chronicle</p> <p>11:00 💡 Word Scramble [MCN]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🧩 SingFit! [MCS]</p> <p>2:45 🧩 Snack and Chat</p> <p>3:00 🌿 Nature Documentary [MCS]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 ❤️ Music Therapy with Nancy [MCN] 20</p> <p>10:00 ❤️ Sunshine Club [WCY]</p> <p>11:00 💡 Daily Chronicle [MCN]</p> <p>11:00 🧩 What Did It Cost? [MCS]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🌻 Sensory Sensations [MCN]</p> <p>2:30 🧩 Snack and Chat</p> <p>3:00 🌿 Flower Arrangement [MCN]</p> <p>3:00 ❤️ Meditation and Relaxation [MCS]</p> <p>3:30 Singalong with Susan! [MCN]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🌻 Traveling Sunshine Club [WCY] 21</p> <p>10:00 🚶 Zumba with Janette! [MCN]</p> <p>10:30 💡 Daily Chronicle [MCN]</p> <p>11:00 💡 Word Scramble [MCN]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 ❤️ Sensory Sensations [MCN]</p> <p>2:00 🚶 SingFit! [MCS]</p> <p>2:45 ❤️ Snack and Chat</p> <p>3:00 🧩 Bingo [MCS]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🧩 Sunshine Club [MCN] 22</p> <p>11:00 💡 Daily Chronicle [MCS]</p> <p>11:00 🧩 Finish the Lyric [MCS]</p> <p>1:30 ❤️ Songs by Heart [MCN]</p> <p>2:30 🌻 Snack and Chat</p> <p>3:00 🌿 Garden Walks [MCP]</p> <p>3:00 🌻 Sensory Sensations [MCN]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🚶 Rock Steady [MCN] 23</p> <p>10:00 🌻 Traveling Sunshine Club [WCY]</p> <p>10:30 💡 Daily Chronicle</p> <p>11:00 🧩 Give Me Five</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 ❤️ Ladies Club with Salma! [MCS]</p> <p>2:00 🧩 Men's Club with David [MCN]</p> <p>3:00 🌻 Sensory Sensations [MCN]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🚶 Moving for Mobility [MCN] 24</p> <p>10:45 💡 Daily Chronicle [MCN]</p> <p>11:00 💡 Finish The Phrase! [MCN]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🧩 Sensory Sensations [MCN]</p> <p>2:00 🚶 SingFit! [MCS]</p> <p>2:45 🧩 Snack and Chat</p> <p>3:00 🧩 Bean Bag Toss [MCN]</p> <p>4:00 💡 Daily Rewind</p>
<p>10:00 🚶 Sit & Be Fit [MCS] 25</p> <p>10:00 🌻 Sunshine Club [MCN]</p> <p>10:30 💡 Daily Chronicle</p> <p>11:00 🧩 Name 10 Game [MCS]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🧩 Sing A Long-Wizard of Oz Songs [MCN]</p> <p>2:30 🧩 Movie Matinee: The Wizard of Oz</p>	<p>10:00 🚶 Sit and Be Fit [MCS] 26</p> <p>10:30 💡 Daily Chronicle</p> <p>11:00 💡 Word Scramble [MCN]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🧩 SingFit! [MCS]</p> <p>2:45 🧩 Snack and Chat</p> <p>3:00 💡 Arm Chair Travels [MCS]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🚶 Move & Groove [MCS] 27</p> <p>10:00 ❤️ Sunshine Club [WCY]</p> <p>10:30 💡 Daily Chronicle [MCN]</p> <p>11:00 🧩 Name That Tune [MCS]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🎨 Art Club [MCS]</p> <p>2:00 🌻 Sensory Sensations [MCN]</p> <p>3:00 🧩 Snack and Chat</p> <p>3:30 🌿 Flower Arrangement [MCN]</p> <p>3:30 ❤️ Meditation and Relaxation [MCS]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🌻 Traveling Sunshine Club [WCY] 28</p> <p>10:00 🚶 Zumba with Janette! [MCN]</p> <p>10:30 💡 Daily Chronicle [MCN]</p> <p>11:00 💡 Word Scramble [MCN]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 ❤️ Sensory Sensations [MCN]</p> <p>2:00 🚶 SingFit! [MCS]</p> <p>2:45 ❤️ Snack and Chat</p> <p>3:00 🧩 Bingo [MCS]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🧩 Sunshine Club [MCN] 29</p> <p>11:00 💡 Daily Chronicle [MCS]</p> <p>11:00 🧩 Finish the Lyric [MCS]</p> <p>1:30 ❤️ Songs by Heart [MCN]</p> <p>2:30 🌻 Snack and Chat</p> <p>3:00 🚶 Noodleball [MCS]</p> <p>3:00 🌻 Sensory Sensations [MCN]</p> <p>3:30 💡 What Did It Cost? [MCS]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🚶 Rock Steady [MCN] 30</p> <p>10:00 🌻 Traveling Sunshine Club [WCY]</p> <p>10:30 💡 Daily Chronicle</p> <p>11:00 🧩 Give Me Five</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 ❤️ Ladies Club with Salma! [MCS]</p> <p>2:00 🧩 Men's Club with David [MCN]</p> <p>3:00 💡 Name that Tune!</p> <p>3:00 🌻 Sensory Sensations [MCN]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🚶 Moving for Mobility [MCN] 31</p> <p>10:45 💡 Daily Chronicle [MCN]</p> <p>11:00 💡 Finish The Phrase! [MCN]</p> <p>1:30 ❤️ Refresh and Recharge</p> <p>2:00 🧩 Sensory Sensations [MCN]</p> <p>2:00 🚶 SingFit! [MCS]</p> <p>2:45 🧩 Snack and Chat</p> <p>3:00 🧩 Bean Bag Toss [MCN]</p> <p>3:00 🚶 Noodleball [MCS]</p> <p>4:00 💡 Daily Rewind</p>

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Resident Birthdays
Paul K. 8/13
Marlene R. 8/13
William H. 8/31

- 🎨 Creative Arts
- ❤️ Emotional
- 🚶 Health and Wellness
- 💡 Intellectual
- 🌿 Nature
- 🧩 Purposeful
- 🧩 Recreation and Leisure
- 🌻 Restorative

All activities are subject to change.

Location Keys
Memory Care North MCN
Memory Care Patio MCP
Memory Care South MCS
Outing OUT
We Come to You WCY