



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	10:00 🚶 Sit and Be Fit [AAR] 1 10:30 💡 Daily Chronicle [AAR] 11:00 💡 English or Canadian? [AAR] 1:00 🏃 Movement and Balance with Select Rehab [FC] 2:00 🚶 Dancing with Martha! [FC] 3:00 🐾 Bingo! [AAR] 6:30 🐾 AL Movie - Four Days in September [ALT] 7:00 🐾 Poker Night [ILGR] 7:15 🗣️ Everyone Has A Story [BST]	10:30 💡 Daily Chronicle [AAR] 2 10:30 🚶 Fitness with Arthur [AAR] 11:00 💡 Conversation Ball [AAR] 11:00 💡 Current Events with Sally [BST] 1:30 🚶 Exercise with Arthur [FC] 2:00 🐾 Patio Games [ALP] 6:30 🐾 AL Movie - My Big Fat Greek Wedding (Prime) [ALT]	9:00 🚶 Water Workouts with Arthur 3 10:00 💡 Daily Chronicle [AAR] 10:45 🚶 Zumba with Jeanette! [AAR] 1:15 🚶 Rock Steady Boxing [FC] 3:00 🐾 Happy Hour with Chicago Ed [BST] 6:30 🐾 AL Movie - The Conviction [ALT]	Independence Day 4 10:00 💡 Red, White & Blue Trivia [2LVR] 10:30 💡 Independence Day Crossword Puzzle [2LVR] 10:45 🐾 Patriotic Music with John! [2LVR] 11:30 🚶 4th of July Cookout [FC] 1:30 🚶 Exercise with Arthur [FC] 6:30 🐾 AL Movie - The Last Days [ALT] 7:00 🐾 Poker Night [ILGR]	10:00 🚶 Sit & Be Fit [AAR] 5 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Travel with Rick Steves: Greek Islands [AAR] 11:30 🚶 Water Workouts with Arthur 2:00 🚶 Chair Yoga with Linda [FC] 3:00 🐾 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:30 🐾 AL Movie - Yankee Doodle Dandy (Prime) [ALT]	9:30 🦋 Carrington Community Church [BST] 6 10:30 💡 Daily Chronicle [AAR] 11:00 🚶 Moving For Mobility [AAR] 12:00 🛒 Shopping Outing: Whole Foods (RSVP) 2:00 🐾 AL Movie - Born on the Fourth of July (Prime) [ALT] 2:00 🐾 Red, White & You: Magic and Comedy Show [BST]	
	8:35 🦋 Outing: Queen of All Saints Basilica (RSVP) [OUT] 7 9:35 🦋 Outing: Edgebrook Lutheran Church (RSVP) [OUT] 10:00 🚶 Move and Groove [AAR] 10:45 💡 Daily Chronicle [AAR] 11:00 ❤️ Sing Along [AAR] 12:00 🦋 Outing: B'Hai Temple (RSVP) [OUT] 2:00 🐾 AL Movie - Band Wagon (Prime) [ALT] 2:00 🐾 Bingo With Trudy [ILC]	10:00 🚶 Aqua Fitness with Ben 8 10:00 🚶 Sit and Be Fit [AAR] 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Trivia and Games [AAR] 1:00 🏃 Movement and Balance with Select Rehab [FC] 1:30 🏠 Movie Selection Committee Meeting [ILPPR] 2:00 🚶 Dancing with Martha! [FC] 3:00 🐾 Bingo with Raspberry Lemonade! [AAR] 3:00 🐾 Classic Comedy Hour [BST] 6:30 🐾 AL Movie - Some Like it Hot (Charlie) [ALT] 7:00 🐾 Poker Night [ILGR] 7:15 💡 TedTalk Time [BST]	10:00 🚶 Sit and Be Fit! [AAR] 9 10:30 💡 Daily Chronicle [AAR] 11:00 💡 A-Moosing Cow Jokes and Puns [AAR] 11:00 💡 Current Events with Sally [BST] 1:30 🚶 Exercise with Arthur [FC] 1:30 🐾 Opera Club 1:30 ❤️ Visits with Myra [WCY] 2:00 🎨 Painting with Colleen [AAR] 6:30 🐾 AL Movie - Captain Corelli's Mandolin (Prime) [ALT]	9:00 🚶 Water Workouts with Arthur 10 10:00 💡 Daily Chronicle [AAR] 10:30 💡 Feline Idioms [AAR] 10:45 🚶 Zumba with Jeanette! [AAR] 1:15 🚶 Rock Steady Boxing [FC] 3:00 🐾 Happy Hour with the Vince Micari Trio [BST] 6:30 🐾 AL Movie - Mother of the Bride (Netflix) [ALT]	10:00 🚶 Aqua Fitness With Ben 11 10:00 🚶 Move and Groove [AAR] 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Blue Trivia [AAR] 1:00 🦋 Rosary with Cozetta [ML] 1:30 🚶 Exercise with Arthur [FC] 2:30 🎨 Craft Time with Gina [AAR] 6:30 🐾 AL Movie - One Life (Prime) [ALT] 7:00 🐾 Poker Night [ILGR]	10:00 🏠 New Resident Welcome [2LVR] 12 10:30 💡 Tell us About Your... [2LVR] 11:00 🐾 Bounce-A-Point Game [2LVR] 2:00 🚶 Chair Yoga with Linda [FC] 3:00 🐾 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:30 🐾 AL Movie - Navalny (Prime) [ALT]	9:30 🦋 Carrington Community Church [BST] 13 10:30 💡 Daily Chronicle [AAR] 11:00 🚶 Moving For Mobility [AAR] 12:00 🛒 Shopping Outing: Whole Foods (RSVP) 1:00 💡 Special Documentary: Simone Biles Rising [BST] 2:00 🐾 AL Movie - What About Bob (Prime) [ALT] 2:00 🐾 Party for Flo! [2LVR]
	8:35 🦋 Outing: Queen of All Saints Basilica (RSVP) [OUT] 14 9:35 🦋 Outing: Edgebrook Lutheran Church (RSVP) [OUT] 10:00 🚶 Move and Groove [AAR] 10:45 💡 Daily Chronicle [AAR] 11:00 ❤️ Sing Along [AAR] 12:00 🦋 Outing: B'Hai Temple (RSVP) [OUT] 2:00 🐾 AL Movie - The King and I (Prime) [ALT] 2:00 🐾 Bingo With Trudy [ILC] 3:00 🦋 Hymn Sing with Annamarie [BST]	10:00 🚶 Aqua Fitness with Ben 15 10:00 🚶 Sit and Be Fit [AAR] 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Baseball Trivia [AAR] 1:00 🏃 Movement and Balance with Select Rehab [FC] 2:00 🚶 Dancing with Martha! [FC] 3:00 🐾 Bingo! [AAR] 6:30 🐾 AL Movie - The Producers (Charlie) [ALT] 7:00 🐾 Poker Night [ILGR] 7:15 🗣️ Everyone Has A Story [BST]	10:00 💡 Daily Chronicle [AAR] 16 10:30 🚶 Fitness with Arthur [AAR] 11:00 💡 Current Events with Sally [BST] 1:30 🚶 Exercise with Arthur [FC] 2:30 🎨 Jewelry Making with Jayne [AAR] 6:30 🐾 AL Movie - Boy on a Dolphin (Prime) [ALT]	9:00 🚶 Water Workouts with Arthur 17 10:00 💡 Daily Chronicle [AAR] 10:45 🚶 Zumba with Jeanette! [AAR] 11:15 🏠 Lunch Outing: Greek Food! [OUT] 1:15 🚶 Rock Steady Boxing [FC] 3:00 🐾 Happy Hour with Jeannie Tanner [BST] 6:30 🐾 AL Movie - Frida (2024 Prime) [ALT]	10:00 🚶 Aqua Fitness With Ben 18 10:00 🚶 Move and Groove [AAR] 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Finish The Phrase [AAR] 1:00 🦋 Rosary with Cozetta [ML] 1:30 🚶 Exercise with Arthur [FC] 2:30 ❤️ Moments from Hollywood Musicals [ALT] 6:30 🐾 AL Movie - The Zone of Interest (Prime) [ALT] 7:00 🐾 Poker Night [ILGR]	10:00 🚶 Sit & Be Fit [AAR] 19 10:30 💡 Daily Chronicle [AAR] 10:30 🏠 Veteran's Club 11:00 💡 Tour de France Documentary [AAR] 2:00 🚶 Chair Yoga with Linda [FC] 2:15 🐾 Monthly Birthday Bash! [2LVR] 4:30 🦋 Shabbat [BST] 6:30 🐾 AL Movie - Sliding Doors (Prime) [ALT]	9:30 🦋 Carrington Community Church [BST] 20 10:30 🐾 Carrington Car Show! 10:30 💡 Daily Chronicle [AAR] 11:00 🚶 Moving For Mobility [AAR] 12:00 🛒 Shopping Outing: Whole Foods (RSVP) 2:00 🐾 AL Movie - Trading Places (Prime) [ALT] 2:00 🐾 Festival and Games 3:00 🐾 Social Hour [MLR]

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8:35 🦋 Outing: Queen of All Saints Basilica (RSVP) [OUT] 21 9:35 🦋 Outing: Edgebrook Lutheran Church (RSVP) [OUT] 10:00 ➡ Move and Groove [AAR] 10:45 💡 Daily Chronicle [AAR] 11:00 ❤️ Sing Along [AAR] 12:00 🦋 Outing: B'Hai Temple (RSVP) [OUT] 2:00 🐾 AL Movie - The Barkley's of Broadway (Prime) [ALT] 2:00 🐾 Bingo With Trudy [ILC]	10:00 ➡ Aqua Fitness with Ben 22 10:00 ➡ Sit and Be Fit [AAR] 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Classic Sing-Along [AAR] 1:00 Movement and Balance with Select Rehab [FC] 2:00 ➡ Dancing with Martha! [FC] 3:00 🐾 Bingo! [AAR] 6:30 🐾 AL Movie - Stranger Than Fiction (Charlie) [ALT] 7:00 🐾 Poker Night [ILGR]	10:00 ➡ Sit and Be Fit! [AAR] 23 10:30 💡 Daily Chronicle [AAR] 11:00 💡 Conversation Ball [AAR] 1:30 ➡ Exercise with Arthur [FC] 2:00 🐾 Patio Scavenger Hunt [ALP] 6:30 🐾 AL Movie - My Life in Ruins (Prime) [ALT]	9:00 ➡ Water Workouts with Arthur 24 10:00 💡 Daily Chronicle [AAR] 10:45 ➡ Zumba with Jeanette! [AAR] 1:15 ➡ Rock Steady Boxing [FC] 2:00 🚩 New Location: Food Committee Meeting [AAR] 3:00 🐾 Happy Hour: The Global Guitar Duo [BST] 6:30 🐾 AL Movie - The Long, Long Trailer (1954) (Prime) [ALT]	10:00 ➡ Aqua Fitness With Ben 25 10:00 ➡ Move and Groove [AAR] 10:30 💡 Daily Chronicle [AAR] 11:00 💡 MedTalk: Hearing Loss & Brain Health [BST] 11:00 💡 Travel with Rick Steves: Athens and Side-Trips [AAR] 1:00 🦋 Rosary with Cozetta [ML] 1:30 ➡ Exercise with Arthur [FC] 2:30 Passport to the World: Greece [2LVR] 6:30 🐾 AL Movie - The Jewish Cardinal (Prime) [ALT] 7:00 🐾 Poker Night [ILGR]	10:00 ➡ Sit & Be Fit [AAR] 26 10:30 💡 Daily Chronicle [AAR] 1:30 ❤️ Christmas in July Concert! [BST] 2:00 ➡ Chair Yoga with Linda [FC] 3:00 🐾 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:30 🐾 AL Movie - The Teachers' Lounge (2023) (Prime) [ALT]	9:30 🦋 Carrington Community Church [BST] 27 10:30 💡 Daily Chronicle [AAR] 11:00 ➡ Moving For Mobility [AAR] 12:00 🚩 Shopping Outing: Whole Foods (RSVP) 1:00 💡 Special Documentary: Olympia and the Olympic Games [BST] 2:00 🐾 AL Movie - Lonesome Dove Church (Phil) [ALT] 2:00 🐾 Festival and Games 3:00 🐾 Social Hour [MLR]																									
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Resident Birthdays

Meryl L.	7/6
Patricia N.	7/21
Judith K.	7/23
James M.	7/26
Minoru M.	7/26



All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.

Passport to the World!



This month we will have a taste of Greece! Look out for fun Greek themed food and activities!

- 🎭 Creative Arts
- ❤️ Emotional
- ➡ Health and Wellness
- 💡 Intellectual
- 🌿 Nature
- 🚩 Purposeful
- 🐾 Recreation and Leisure
- 🦋 Spiritual