May 2024 Mezzanine Activity (Calendar					created with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Keys AL 2nd FL Activity Room AAR AL 2nd FL Living Room 2LVR AL 4th FL Theater ALT Bistro BST Fitness Center FC Mezzanine Activity Room Mez Mezzanine Library ML Mezzanine Living Room MLR Outing OUT	 Creative Arts Emotional Health and Wellness Intellectual Nature Purposeful Recreation and Leisure Spiritual 	Resident Birthdays Joseph Y. 5/15 Evelyn A. 5/19	10:00 Art Club - May Day Rocks [Mez] 11:15 News and Views [Mez]		10:00 ➡ Dance Party Friday! [Mez] 3 10:30 ◇ News and Views [Mez] 10:45 ◇ Word Games [Mez] 10:45 ◇ Friday Movie Matinee: [Mez] 2:00 ➡ Friday Movie Matinee: The Story of Sea Biscuit [Mez] 4:00 ◇ Daily Rewind [Mez] 4:30 ➡ Shabbat [BST] 5:30 ➡ Relax and Unwind [Mez]	Kentucky Derby Day 9:30 Section 4 9:30 Section Community Church 6 [BST] 10:30 Section Daily Chronicle [AAR] 11:00 Horizon Moving For Mobility 6 [AAR] 2:00 Section Horse Racing Games [MLR] 3:30 Section Fuzzles and Games [MLR] 5:30 Felax and Unwind [Mez]
 10:00 ➡ Move and Groove with Gina [Mez] 10:30 ◊ News and Views [Mez] 1:30 ♥ SingFit [Mez] 2:30 ♥ Cinco de Mayo Party! [MLR] 3:00 ◊ Cinco de Mayo Fun Facts [Mez] 4:00 ◊ Daily Rewind [Mez] 5:30 ♥ Relax and Unwind [Mez] 	10:00 ↔ Zumba and Laughter Yoga [Mez] 6 10:45 ◇ News and Views [Mez] 1:30 1:30 ♣ Pondering Prompts [MLR] 2:00 ↔ Dancing with Martha! [FC] 3:00 ♣ Word Games [Mez] 4:00 ◇ Daily Rewind [Mez] 5:30 ♥ Relax and Unwind [Mez]	10:00 ↔ Move & Groove [Mez] 7 10:30 ◇ News and Views [Mez] 11:00 ◆ Music Therapy with Nancy [Mez] 1:30 ↔ Noodle Ball [Mez] 2:00 ※ Picture Bingo [Mez] 3:00 ※ Tuesday Tongue Twisters Game 4:00 ↔ Leisurely Walk 5:30 ※ Relax and Unwind [Mez]	 10:00 ◊ News and Views [Mez] 10:45 ♥ SingFit! [Mez] 1:30 ➡ Exercise with Arthur [FC] 2:15 Remembering Outdoor Games [MLR] 3:00 Happy Hour with Allan Kaye [BST] 4:00 ◊ Daily Rewind [MLR] 5:30 ♥ Relax and Unwind [Mez] 	10:00 ◇ News and Views [Mez] 9 10:30 ◇ Art History with Debra [ALT] 10:45 ◇ Trivia [Mez] 10:00 ※ Rosary with Cozetta [ML] 1:00 ※ Rosary with Cozetta [ML] 1:30 • Exercise with Arthur [FC] 2:30 ◇ Finish the Phrase with Neil [ML] 2:45 * Hotsie-Totsie Voices Rehearsal [BST] 3:30 * Picture Bingo [Mez] 4:00 ◇ Daily Rewind [Mez] 5:30 * Relax and Unwind [Mez]	10:00 ♥ Creative Arts 10 10:30 ◊ News and Views [Mez] 10:45 ◊ Word Games [Mez] 10:45 ◊ Word Games [Mez] 1:30 ➡ Afternoon Stretches [Mez] 2:00 2:00 ♣ Friday Movie Matinee: Secretariat [Mez] 4:00 ◊ Daily Rewind [Mez] 4:30 ♥ Shabbat [BST] 5:30 ♥ Relax and Unwind [Mez]	9:30 Solution 11 Community Church [BST] 10:30 Image: Daily Chronicle [AAR] 11:00 Image: Moving For Mobility [AAR] 2:00 Image: Bowling Bash & Pizza [MLR] 3:00 Image: Social Hour [MLR] 3:30 Image: Puzzles and Games [MLR] 5:30 Image: Relax and Unwind [Mez]
Mother's Day1210:00 ← Move and Groove with Gina [Mez]1210:30 ◇ News and Views [Mez]11:30 ← Mother's Day Brunch1:30 ← Conversation Ball [Mez]2:00 ◆ SingFit [Mez]3:00 ← Mother's Day Celebration [Mez]4:00 ◇ Daily Rewind [Mez]5:30 ◆ Relax and Unwind [Mez]	10:00 ➡ Zumba and Laughter Yoga 13 10:45 ◇ News and Views [Mez] 1:30 ♣ Pondering Prompts [MLR] 2:00 ➡ Dancing with Martha! [FC] 3:00 ♣ Classic Comedy Hour [BST] 3:00 ♣ Word Games [Mez] 4:00 ◇ Daily Rewind [Mez] 5:30 ➡ Relax and Unwind [Mez]	10:00 ◊ Daily Chronicle [Mez] 14 10:30 ↔ Fitness with Arthur [Mez] 11:00 ⅔ Karaoke [Mez] 130 ↔ Noodle Ball [Mez] 2:00 ⊛ Painting with Colleen [AAR] 2:00 ኞ Picture Bingo [Mez] 3:00 ◊ Match Madness 4:00 ↔ Leisurely Walk 5:30 ♥ Relax and Unwind [Mez]	10:00 ● Art Club [Mez] 15 11:00 ◇ News and Views 15 11:30 ▲ Lunch Outing [OUT] 130 1:30 ● Exercise with Arthur [FC] 2:15 2:15 ● Story Telling: Can You Picture This? [MLR] 2:15 ● Visit with Myra the Comfort Dog [MLR] 3:00 ▲ Happy Hour with Bob Duda [BST] 4:00 ◇ Daily Rewind [MLR] 5:30 ● Relax and Unwind [Mez]	10:00 ↔ Chair Volleyball [MLR] 16 11:00 ☆ Trivia [Mez] 1:00 ☆ Rosary with Cozetta [ML] 1:30 ↔ Exercise with Arthur [FC] 2:30 ↔ Men's Club with Neil [ML] 2:45 ↔ Hotsie-Totsie Voices Rehearsal [BST] 3:30 ఊ Picture Bingo [Mez] 4:00 ☆ Daily Rewind [Mez] 5:30 ♥ Relax and Unwind [Mez]	10:00 ➡ Dance Party Friday! [Mez] 17 10:30 ♥ News and Views [Mez] 10:30 ■ Veteran's Club 10:45 ◊ Word Games [Mez] 1:30 ➡ Afternoon Stretches [Mez] 2:00 ➡ Friday Movie Matinee: Calamity Jane [Mez] 4:00 ◊ Daily Rewind [Mez] 4:30 ❤ Shabbat [BST] 5:30 ➡ Relax and Unwind [Mez]	9:30 Solution 18 Community Church [BST] 10:30 Image: Daily Chronicle [AAR] 11:00 Image: Moving For Mobility [AAR] 2:00 Image: Concert: Hotsie - Totsie Voices 3:30 Image: Social Time [MLR] 5:30 Image: Relax and Unwind [Mez] 6:00 Image: Concert: Hotsie - Totsie Voices

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0:00 ↔ Move and Groove 19 with Gina [Mez] 0:30 ◊ News and Views [Mez] 1:30 ↔ Conversation Ball [Mez] 2:00 ♥ SingFit [Mez] 3:00 ♥ Hymn Sing with Annamarie [BST] 3:00 ♥ Tell Us About Your [Mez] 4:00 ◊ Daily Rewind [Mez] 5:30 ♥ Relax and Unwind [Mez]	10:00 •• Zumba and Laughter Yoga 20 [Mez] 10:45 •• News and Views [Mez] 1:30 •• Pondering Prompts [MLR] 2:00 •• Dancing with Martha! [FC] 3:00 •• 100th Birthday Party for Evelyn [MLR] 5:30 •• Relax and Unwind [Mez]	10:00 ↔ Move & Groove 21 [Mez] 21 10:30 ŷ News and Views [Mez] 11:00 Music Therapy with Nancy [Mez] 1:30 ↔ Noodle Ball [Mez] 2:00 Picture Bingo [Mez] 3:00 Arm Chair Travels [Mez] 4:00 ↔ Leisurely Walk 5:30 ♥ Relax and Unwind [Mez]	10:00 ♀ News and Views 22 10:45 ♥ SingFit! [Mez] 1:30 ➡ Exercise with Arthur [FC] 2:15 ♀ Can you C it? [MLR] 3:00 ♣ Happy Hour with Wayne Messmer [BST] 4:00 ♀ Daily Rewind [MLR] 5:30 ♥ Relax and Unwind [Mez]	10:30 ● Drumming with Chris! [Mez] 23 11:00 ◇ News and Views 1:00 ◇ Rosary with Cozetta [ML] 1:30 ● Exercise with Arthur [FC] 2:30 ● Men's Club with Neil [ML] 2:30 ● Men's Club with Neil [ML] 2:30 ● Moments from Hollywood Musicals [ALT] 3:30 ■ Picture Bingo [Mez] 4:00 ◇ Daily Rewind [Mez] 5:30 ■ Relax and Unwind [Mez]	10:00 ♥ Creative Arts [Mez] 24 11:00 ♀ News and Views [Mez] 1:30 ↔ Afternoon Stretches [Mez] 2:00 ♥ Friday Movie Matinee: Going My Way [Mez] 4:00 ♀ Daily Rewind [Mez] 4:30 ♥ Balax and Unwind [Mez]	National Wine Day 2 9:30 Section Carrington 2 10:30 Section Community Church [BST] 10:30 Section Daily Chronicle [AAR] 11:00 Hoving For Mobility [AAR] 2:00 Hoving For Mobility [AAR] 3:00 Sectial Hour - Wine & Cheese [MLR] 3:30 Sectial Hour - Wine & Cheese [MLR] 3:30 Fuzzles and Games [MLR] 5:30 Felax and Unwind [Mez Sectial Hour - Wine [Mez
0:00 ↔ Move and Groove 26 with Gina [Mez] 26 0:30 ◊ News and Views [Mez] 1:30 ↔ Conversation Ball [Mez] 2:00 ♥ SingFit [Mez] 3:00 ♥ Parlor Piano with Patrick [BST] 3:00 ♥ Tell Us About Your [Mez] 4:00 ◊ Daily Rewind [Mez] 5:30 ♥ Relax and Unwind [Mez]	10:00 ↔ Zumba and Laughter Yoga [Mez] 10:45 ♀ News and Views [Mez] 1:30 譽 Pondering Prompts	International Burger Day 28 10:00 ◊ Daily Chronicle [Mez] 10:30 ↔ Fitness with Arthur [Mez] 11:00 Karaoke [Mez] 13:0 ↔ Noodle Ball [Mez] 2:00 2:00 Four-Square Burger Bingo [Mez] 3:00 3:00 Hamburger Games [Mez] 4:00 ↔ Leisurely Walk 5:30 Relax and Unwind [Mez]	10:00◇News and Views [Mez]2910:45♥SingFit! [Mez]1:00◇Outing: Chicago Botanic Gardens [OUT]1:30➡Exercise with Arthur [FC]2:15♥Story Telling: Can You Picture This? [MLR]3:00 ஃ Happy Hour [BST]4:00◇Daily Rewind [MLR]5:30♥Relax and Unwind [Mez]	10:00 ↔ Chair Volleyball [MLR] 30 11:00 ◇ News and Views 1:00 ◇ Rosary with Cozetta [ML] 1:30 ↔ Exercise with Arthur [FC] 2:30 ※ Monthly Birthday Bash! [2LVR] 5:30 ♥ Relax and Unwind [Mez]	10:00Sit and Be Fit [Mez]3110:30◊News and Views [Mez]10:30◊News and Views [Mez]11:00Sing-Along with Annamarie [2LVR]1:30↔Afternoon Stretches [Mez]2:00¥Friday Movie Matinee: National Velvet [Mez]4:00◊Daily Rewind [Mez]4:30¥Shabbat [BST]5:30♥Relax and Unwind [Mez]	THANK YOU TO THE REAL SUPER HEROES.



This month we will have a taste of Mexico! Look out for fun Mexican themed food and activities!



C THE CARRINGTON

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All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.