


April 2024 Mezzanine Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Keys</p> <ul style="list-style-type: none"> AL 2nd FL Activity Room AAR AL 2nd FL Living Room 2LVR AL 4th FL Theater ALT Bistro BST Fitness Center FC IL Cafe ILC Mezzanine Activity Room Mez Mezzanine Library ML Mezzanine Living Room MLR 	<p>April Fool's Day 1</p> <p>10:00 ➡ Zumba and Laughter Yoga [Mez]</p> <p>10:45 ⚡ News and Views [Mez]</p> <p>11:00 🧩 April Fool's Day Search [Mez]</p> <p>1:30 🧩 Pondering Prompts [MLR]</p> <p>2:00 ➡ Dancing with Martha [FC]</p> <p>3:00 🧩 Jokes, Cokes & Tattoos [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ➡ Move & Groove [Mez] 2</p> <p>11:00 🧩 Music Therapy with Nancy [Mez]</p> <p>1:30 ➡ Noodle Ball [Mez]</p> <p>2:00 🧩 Picture Bingo [Mez]</p> <p>3:00 ❤️ Do You Know Your Neighbor? [Mez]</p> <p>3:30 ⚡ Daily Rewind [Mez]</p> <p>4:00 ➡ Leisurely Walk</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 🧩 Art Cart with Daniela - Rainbows! [Mez] 3</p> <p>11:30 🧩 Lunch Outing</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:15 🧩 Story Telling: Can You Picture This? [MLR]</p> <p>3:00 🧩 Happy Hour with Steve Justman [BST]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ⚡ News and Views 4</p> <p>10:15 ⚡ Biography: Maya Angelou [Mez]</p> <p>10:45 🌱 Nature Talks with Alyse [Mez]</p> <p>1:00 🧩 Rosary and Communion with Cozetta [ML]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:30 ❤️ Lady's Club [Mez]</p> <p>2:30 ❤️ Men's Club with Neil [ML]</p> <p>2:45 🧩 Hotsie-Totsie Voices Rehearsal [BST]</p> <p>3:30 🧩 Picture Bingo [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ➡ Dance Party Friday! [Mez] 5</p> <p>10:30 ⚡ News and Views [Mez]</p> <p>10:45 ⚡ National Peeps Day - Fun Facts [Mez]</p> <p>1:30 ➡ Afternoon Stretches [Mez]</p> <p>2:30 🧩 Friday Matinee: Auntie Mame [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>4:30 🧩 Shabbat [BST]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>9:30 🧩 Carrington Community Church [BST] 6</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ➡ Moving For Mobility [AAR]</p> <p>2:00 ➡ Bowling Bash [MLR]</p> <p>3:00 🧩 Social Hour [MLR]</p> <p>3:30 🧩 Puzzles and Games [MLR]</p> <p>4:00 ⚡ Daily Rewind [MLR]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>
	<p>National Beer Day 7</p> <p>10:00 ➡ Move and Groove with Gina [Mez]</p> <p>10:30 ⚡ News and Views [Mez]</p> <p>11:00 ⚡ Beer Trivia [Mez]</p> <p>1:30 ➡ Noodleball [Mez]</p> <p>2:00 🧩 Beers and Cheers [Mez]</p> <p>3:00 ➡ Bar Games: Darts and Axe-Throwing [Mez]</p> <p>3:00 🧩 Special Music: Bethel Children's Choir [BST]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>Solar Eclipse Day 8</p> <p>10:00 ➡ Zumba and Laughter Yoga [Mez]</p> <p>10:45 ⚡ News and Views [Mez]</p> <p>11:00 ⚡ Pablo Picasso: Career Timeline [Mez]</p> <p>1:30 🧩 Pondering Prompts - Eclipse Facts & Trivia [MLR]</p> <p>2:00 ➡ Dancing with Martha! [FC]</p> <p>3:00 🧩 Classic Comedy Hour [BST]</p> <p>4:00 ⚡ Daily Rewind [MLR]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ⚡ Daily Chronicle [Mez] 9</p> <p>10:30 ➡ Fitness with Arthur [Mez]</p> <p>11:00 🧩 Karaoke [Mez]</p> <p>1:30 ➡ Noodle Ball [Mez]</p> <p>2:00 🧩 Painting with Colleen [AAR]</p> <p>2:00 🧩 Picture Bingo [Mez]</p> <p>2:45 ⚡ You Be The Judge [Mez]</p> <p>3:30 ⚡ Daily Rewind [Mez]</p> <p>4:00 ➡ Leisurely Walk</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ➡ Sit and Be Fit [Mez] 10</p> <p>10:30 ⚡ News and Views [Mez]</p> <p>10:45 ❤️ SingFit! [Mez]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:15 ⚡ Yea or Neigh Game [MLR]</p> <p>4:00 ⚡ Daily Rewind [MLR]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ⚡ News and Views [MLR] 11</p> <p>10:30 ⚡ Art History with Debra [ALT]</p> <p>1:00 🧩 Rosary with Cozetta [ML]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:00 🧩 Picture Bingo - Animals [Mez]</p> <p>2:30 ⚡ Famous Pets Trivia [Mez]</p> <p>2:45 🧩 Hotsie-Totsie Voices Rehearsal [BST]</p> <p>3:00 🌱 Funniest Pets of the Year [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 🧩 Creative Arts: Jewelry Making [Mez] 12</p> <p>1:30 ➡ Afternoon Stretches [Mez]</p> <p>2:30 🧩 Friday Matinee: Some Like it Hot [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>4:30 🧩 Shabbat [BST]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>
<p>10:00 ➡ Move and Groove with Gina [Mez] 14</p> <p>10:30 ⚡ News and Views [Mez]</p> <p>11:00 ⚡ Dolphin Trivia [Mez]</p> <p>1:30 ➡ Conversation Ball [Mez]</p> <p>2:00 ❤️ Star of the Month: Sean Connery [Mez]</p> <p>2:15 🧩 Outing: Chicago Gay Men's Chorus</p> <p>2:30 🧩 Movie Moments: Sean Connery [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ➡ Zumba and Laughter Yoga [Mez] 15</p> <p>10:45 ⚡ News and Views [Mez]</p> <p>11:30 🧩 Lunch Bunch - McDonald's [Mez]</p> <p>1:30 🧩 Pondering Prompts [MLR]</p> <p>2:00 ➡ Dancing with Martha [FC]</p> <p>3:00 🧩 Tax Day Tales [Mez]</p> <p>3:30 ⚡ Jackie Robinson Day! [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ➡ Move & Groove [Mez] 16</p> <p>10:30 ⚡ Daily Chronicle [Mez]</p> <p>11:00 🧩 Music Therapy with Nancy [Mez]</p> <p>1:30 ➡ Noodle Ball [Mez]</p> <p>2:00 🧩 Picture Bingo [Mez]</p> <p>3:00 ⚡ Save the Elephants Day [Mez]</p> <p>3:30 ⚡ Daily Rewind [Mez]</p> <p>4:00 ➡ Leisurely Walk</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 🧩 Creativity Corner [Mez] 17</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:00 ❤️ Visit with Myra the Comfort Dog [MLR]</p> <p>2:15 🧩 Story Telling: Can You Picture This? [MLR]</p> <p>3:00 🧩 Happy Hour with Jane Allyson [BST]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 ➡ Chair Volleyball [MLR] 18</p> <p>11:00 ⚡ Australian Trivia & Animals Quiz [MLR]</p> <p>1:00 🧩 Rosary with Cozetta [ML]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:00 🧩 Moments from Hollywood Musicals [ALT]</p> <p>2:45 🧩 Hotsie-Totsie Voices Rehearsal [BST]</p> <p>3:00 ⚡ Australia: A Continent Adrift [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>National Garlic Day 19</p> <p>10:00 ➡ Dance Party Friday! [Mez]</p> <p>10:30 ⚡ News and Views [Mez]</p> <p>10:30 🧩 Veteran's Club</p> <p>10:45 ⚡ The World According to Garlic [Mez]</p> <p>1:30 ➡ Afternoon Stretches [Mez]</p> <p>2:30 🧩 Friday Matinee: Paint Your Wagon [Mez]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>4:30 🧩 Shabbat [BST]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>9:30 🧩 Carrington Community Church [BST] 20</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ➡ Moving For Mobility [AAR]</p> <p>2:00 🧩 Backyard Games [MLR]</p> <p>3:00 🧩 Social Hour [MLR]</p> <p>3:30 🧩 Puzzles and Games [MLR]</p> <p>4:00 ⚡ Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>

April 2024 Mezzanine Activity Calendar

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday								
<p>10:00 🔄 Move and Groove with Gina [Mez] 21</p> <p>10:30 📺 News and Views [Mez]</p> <p>10:45 📖 National Poetry Month [Mez]</p> <p>1:30 🔄 Conversation Ball [Mez]</p> <p>2:00 ❤️ SingFit [Mez]</p> <p>3:00 🗣️ Tell Us About Your... [Mez]</p> <p>4:00 📺 Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>Earth Day</p> <p>Passover Begins at Sundown 22</p> <p>10:00 🔄 Zumba and Laughter Yoga [Mez]</p> <p>10:45 📺 News and Views [Mez]</p> <p>11:00 🦋 Sharing Passover Traditions [Mez]</p> <p>1:30 🐾 Pondering Prompts [MLR]</p> <p>2:00 🔄 Dancing with Martha! [FC]</p> <p>3:00 🐾 Jelly Bean Tasting [Mez]</p> <p>3:15 🐾 Earth Day Jokes [Mez]</p> <p>3:30 🌱 Mini-Greenhouses [Mez]</p> <p>4:00 📺 Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 📺 Daily Chronicle [Mez] 23</p> <p>10:30 🔄 Fitness with Arthur [Mez]</p> <p>11:00 🎤 Karaoke [Mez]</p> <p>1:30 🔄 Noodle Ball [Mez]</p> <p>2:00 🐾 Picture Bingo [Mez]</p> <p>3:00 📺 Fill-in The Blank Metaphor [Mez]</p> <p>3:30 📺 Daily Rewind</p> <p>4:00 🦋 Community Passover Meal & Seder</p> <p>4:00 🔄 Leisurely Walk</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>National Pigs in a Blanket Day 24</p> <p>10:00 🔄 Sit & Be Fit [Mez]</p> <p>10:30 📺 News and Views [Mez]</p> <p>10:45 ❤️ SingFit! [Mez]</p> <p>1:30 🔄 Exercise with Arthur [FC]</p> <p>2:15 📺 National Pig Day Quiz [MLR]</p> <p>3:00 🐾 Happy Hour with Edizon [BST]</p> <p>4:00 📺 Daily Rewind [MLR]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 📺 News and Views [Mez] 25</p> <p>10:30 ❤️ Drumming with Chris! [Mez]</p> <p>12:00 🐾 Shopping Time: Kindness Chains is Back! [ILC]</p> <p>1:00 🦋 Rosary with Cozetta [ML]</p> <p>1:30 🔄 Exercise with Arthur [FC]</p> <p>2:30 🐾 Monthly Birthday Bash with Vince Micari on Piano! [2LVR]</p> <p>2:45 🎤 Hotsie-Totsie Voices Rehearsal [BST]</p> <p>4:00 📺 Daily Rewind [MLR]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>National Pretzel Day 26</p> <p>10:00 🎨 Creative Arts with Gina [Mez]</p> <p>11:00 🎤 Sing-Along with Annamarie [2LVR]</p> <p>1:30 🔄 Afternoon Stretches [Mez]</p> <p>2:30 🐾 Friday Matinee: Bright Eyes [Mez]</p> <p>4:00 📺 Daily Rewind [Mez]</p> <p>4:30 🦋 Shabbat [BST]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>9:30 🦋 Carrington Community Church [BST] 27</p> <p>10:30 📺 Daily Chronicle [AAR]</p> <p>11:00 🔄 Moving For Mobility [AAR]</p> <p>2:00 🔄 Bowling Bash [MLR]</p> <p>3:00 🐾 Social Hour [MLR]</p> <p>3:00 🗣️ Special Music with Annamarie and Friends [BST]</p> <p>3:30 🐾 Puzzles and Games [MLR]</p> <p>4:00 📺 Daily Rewind [MLR]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>								
<p>10:00 🔄 Move and Groove with Gina [Mez] 28</p> <p>10:30 📺 News and Views [Mez]</p> <p>11:00 🎨 Color Quiz [Mez]</p> <p>1:30 🔄 Conversation Ball [Mez]</p> <p>2:00 ❤️ SingFit [Mez]</p> <p>3:00 🗣️ Tell Us About Your... [Mez]</p> <p>4:00 📺 Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>International Dance Day 29</p> <p>10:00 🔄 Zumba and Laughter Yoga [Mez]</p> <p>10:45 📺 News and Views [Mez]</p> <p>1:30 🐾 Pondering Prompts [MLR]</p> <p>2:00 🔄 Dancing with Martha! [FC]</p> <p>3:00 🐾 Fun Facts about Dancing [Mez]</p> <p>4:00 📺 Daily Rewind [Mez]</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>10:00 🔄 Exercise Fun [Mez] 30</p> <p>10:30 📺 Daily Chronicle [Mez]</p> <p>10:45 🗣️ Name That Tree Tune [Mez]</p> <p>1:30 🔄 Noodle Ball [Mez]</p> <p>2:00 🐾 Picture Bingo [Mez]</p> <p>3:00 ❤️ M&M Conversation Game [Mez]</p> <p>3:30 📺 Daily Rewind [Mez]</p> <p>4:00 🔄 Leisurely Walk</p> <p>5:30 ❤️ Relax and Unwind [Mez]</p>	<p>Resident Birthdays</p> <table border="0"> <tr> <td>Sally T.</td> <td>4/14</td> </tr> <tr> <td>Joung P.</td> <td>4/25</td> </tr> <tr> <td>Thomas H.</td> <td>4/30</td> </tr> <tr> <td>Sanford J.</td> <td>4/30</td> </tr> </table>		Sally T.	4/14	Joung P.	4/25	Thomas H.	4/30	Sanford J.	4/30	<ul style="list-style-type: none"> 🎨 Creative Arts ❤️ Emotional 🔄 Health and Wellness 📺 Intellectual 🌱 Nature 🗣️ Purposeful 🐾 Recreation and Leisure 🦋 Spiritual 	
Sally T.	4/14													
Joung P.	4/25													
Thomas H.	4/30													
Sanford J.	4/30													

Passport to the World!



This month we will have a taste of Australia! Look out for fun Australian themed food and activities!




THE CARRINGTON
 AT LINCOLNWOOD
 3501 Northeast Parkway
 Lincolnwood, IL 60712
 (847) 973-6262

All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.