

# May 2024 Memory Care/Tessera Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<p><b>Location Keys</b></p> <p>Bistro BST Memory Care North MCN Memory Care South MCS Outing OUT We Come to You WCY</p>	<p><b>Creative Arts</b> <b>Emotional</b> <b>Health and Wellness</b> <b>Intellectual</b> <b>Nature</b> <b>Purposeful</b> <b>Recreation and Leisure</b> <b>Restorative</b> <b>Spiritual</b></p>	<p><b>Resident Birthdays</b></p> <p>Arlene F. 5/6 Leory L. 5/28 Nancy R. 5/29 Virginia J. 5/29</p>	<p><b>May Day 1</b></p> <p>10:00 ☁ Traveling Sunshine Club [WCY] 10:00 🚶 Zumba with Janette! [MCN] 10:30 💡 Daily Chronicle [MCN] 11:00 💡 Word Scramble [MCN] 2:00 ☁ Sensory Sensations [MCN] 2:00 🚶 SingFit! [MCS] 2:45 ❤️ Snack and Chat 3:00 🧩 Bingo [MCS] 4:00 💡 Daily Rewind</p>	<p><b>National Baby Day 2</b></p> <p>10:00 🚶 Move &amp; Groove [MCS] 10:00 🇺🇸 Sunshine Club [MCN] 10:30 💡 Daily Chronicle 11:00 💡 Whoa Baby! Trivia [MCS] 1:30 ❤️ Songs by Heart [MCN] 2:30 ❤️ Snack and Chat 3:00 🧩 Baby Challenges: Changing Game &amp; Baby Photos Guess Who [MCS] 3:00 ☁ Sensory Sensations [MCN] 4:00 💡 Daily Rewind</p>	<p><b>Rock Steady [MCN] 3</b></p> <p>10:00 ☁ Traveling Sunshine Club [WCY] 10:30 💡 Daily Chronicle [MCN] 11:00 🧩 Give Me Five [MCN] 2:00 🚶 Bean Bag Toss [MCS] 2:00 🚶 SingFit! [MCN] 2:45 ❤️ Snack and Chat 3:00 ☁ Sensory Sensations [MCN] 3:00 🧩 Short Stories [MCS] 4:00 💡 Daily Rewind</p>	<p><b>KENTUCKY DERBY 4</b></p> <p>10:00 🚶 Moving for Mobility [MCN] 10:45 💡 Daily Chronicle [MCN] 11:00 💡 Kentucky Derby Winners Quiz [MCN] 2:00 ❤️ SingFit! [MCS] 2:45 ❤️ Snack and Chat-Mint Juleps and Snacks 3:00 🚶 Noodleball [MCS] 4:00 💡 Daily Rewind 4:30 ☁ Mindful Meditations [MCS]</p>			
			<p><b>Cinco De Mayo 5</b></p> <p>10:00 🚶 Sit &amp; Be Fit [MCS] 10:00 ☁ Sunshine Club [MCN] 10:30 💡 Daily Chronicle [MCS] 11:00 🧩 Finish The Phrase! [MCS] 2:00 🧩 Cinco De Mayo Celebration! [MCN] 4:00 💡 Daily Rewind</p>	<p><b>National Nurse's Day 6</b></p> <p>10:00 🚶 Noodleball [MCS] 10:00 ☁ Sunshine Club [MCN] 10:30 💡 Daily Chronicle 11:00 💡 Word Scramble [MCS] 2:00 🧩 SingFit! [MCS] 2:45 ❤️ Snack and Chat 3:00 🎨 Art Club: Spring Craft [MCS] 4:00 💡 Daily Rewind</p>	<p><b>Music Therapy with Nancy [MCN] 7</b></p> <p>10:00 ❤️ Music Therapy with Nancy [MCN] 10:00 ❤️ Sunshine Club [WCY] 10:30 💡 Daily Chronicle [MCN] 11:00 🧩 Name That Tune [MCS] 2:00 🚶 Dance Party! [MCS] 2:00 ❤️ Sensory Sensations [MCN] 2:30 ❤️ Snack and Chat 3:00 🌱 Flower Arrangement [MCN] 3:00 ❤️ Meditation and Relaxation [MCS] 4:00 💡 Daily Rewind</p>	<p><b>Coca-Cola Was Born 8</b></p> <p>10:00 ☁ Traveling Sunshine Club [WCY] 10:00 🚶 Zumba with Janette! [MCN] 10:30 💡 Daily Chronicle [MCN] 11:00 💡 Name 10 [MCN] 1:30 🌱 Outing: Chicago Botanic Gardens [OUT] 2:00 ❤️ Sensory Sensations [MCN] 2:00 🚶 SingFit! [MCS] 2:45 ❤️ Snack and Chat: Coca-Cola Tasting 3:00 🧩 Bingo [MCS] 4:00 💡 Daily Rewind</p>	<p><b>Move &amp; Groove [MCS] 9</b></p> <p>10:00 🚶 Move &amp; Groove [MCS] 10:00 🇺🇸 Sunshine Club [MCN] 10:30 💡 Daily Chronicle [MCS] 11:00 🇺🇸 Finish the Lyric [MCS] 1:30 ❤️ Songs by Heart [MCN] 2:30 ❤️ Snack and Chat 2:45 🎤 Hotsie-Totsie Voices Rehearsal [BST] 3:00 💡 Can You C It?: Name Game [MCS] 3:00 ❤️ Sensory Sensations [MCN] 4:00 💡 Daily Rewind</p>	<p><b>Rock Steady [MCN] 10</b></p> <p>10:00 🚶 Move &amp; Groove [MCS] 10:00 ☁ Traveling Sunshine Club [WCY] 10:30 💡 Daily Chronicle [MCN] 11:00 🧩 Give Me Five [MCN] 2:00 🚶 Bean Bag Toss [MCS] 2:00 🚶 SingFit! [MCN] 2:45 ❤️ Snack and Chat 3:00 ❤️ Sensory Sensations [MCN] 3:00 🧩 Short Stories [MCS] 4:00 💡 Daily Rewind</p>	<p><b>National Miniature Golf Day 11</b></p> <p>10:00 🚶 Moving for Mobility [MCN] 10:45 💡 Daily Chronicle [MCN] 11:00 💡 Fun Facts: National Miniature Golf Day [MCN] 2:00 ❤️ SingFit! [MCS] 2:45 ❤️ Snack and Chat 3:00 🧩 Miniature Golf [MCS] 4:00 💡 Daily Rewind 4:30 ☁ Mindful Meditations [MCS]</p>
			<p><b>Mother's Day 12</b></p> <p>10:00 🚶 Sit &amp; Be Fit [MCS] 10:00 ☁ Sunshine Club [MCN] 10:30 💡 Daily Chronicle [MCS] 11:00 🧩 Name 10 Game [MCS] 11:30 ❤️ Mother's Day Brunch 2:00 ❤️ SingFit [MCN] 3:00 ❤️ Mother's Day Celebration [MCN] 4:00 💡 Daily Rewind [MCN]</p>	<p><b>National Apple Pie Day 13</b></p> <p>10:00 💡 Daily Chronicle [MCN] 10:00 ☁ Traveling Sunshine Club [WCY] 10:30 ❤️ Drumming with Chris [MCN] 11:00 💡 Word Scramble [MCN] 2:00 🧩 SingFit! [MCS] 2:45 ❤️ Snack and Chat: Apple Pie Tasting 3:00 🎨 Art Club: Popsicle Apple Pie Craft [MCS] 4:00 💡 Daily Rewind</p>	<p><b>Move &amp; Groove [MCS] 14</b></p> <p>10:00 🚶 Move &amp; Groove [MCS] 10:00 ❤️ Sunshine Club [MCN] 10:30 💡 Daily Chronicle 11:00 🧩 Name That Tune [MCS] 2:00 🚶 Dance Party! [MCS] 2:00 ☁ Sensory Sensations [MCN] 3:00 🌱 Flower Arrangement [MCN] 3:00 ❤️ Meditation and Relaxation [MCS] 3:00 ❤️ Snack and Chat 4:00 💡 Daily Rewind</p>	<p><b>National Chocolate Chip Day 15</b></p> <p>10:00 ☁ Traveling Sunshine Club [WCY] 10:00 🚶 Zumba with Janette! [MCN] 10:30 💡 Daily Chronicle [MCN] 11:00 💡 Word Scramble [MCN] 2:00 ❤️ Sensory Sensations [MCN] 2:00 🚶 SingFit! [MCS] 2:45 ❤️ Snack and Chat: Chocolate Chip Smoothie 3:00 🧩 Bingo [MCS] 4:00 💡 Daily Rewind</p>	<p><b>Move &amp; Groove [MCS] 16</b></p> <p>10:00 🚶 Move &amp; Groove [MCS] 10:00 🇺🇸 Sunshine Club [MCN] 10:30 💡 Daily Chronicle [MCS] 11:00 🇺🇸 Finish the Lyric [MCS] 1:30 ❤️ Songs by Heart [MCN] 2:30 ❤️ Snack and Chat 2:45 🎤 Hotsie-Totsie Voices Rehearsal [BST] 3:00 💡 Can You C It?: Name Game [MCS] 3:00 ☁ Sensory Sensations [MCN] 4:00 💡 Daily Rewind</p>	<p><b>Rock Steady [MCN] 17</b></p> <p>10:00 🚶 Move &amp; Groove [MCS] 10:00 ☁ Traveling Sunshine Club [WCY] 10:30 💡 Daily Chronicle [MCN] 10:30 🇺🇸 Veteran's Club 11:00 🧩 Give Me Five [MCN] 2:00 🚶 Bean Bag Toss [MCS] 2:00 🚶 SingFit! [MCN] 2:45 ❤️ Snack and Chat 3:00 ☁ Sensory Sensations [MCN] 3:00 🧩 Short Stories [MCS] 4:00 💡 Daily Rewind</p>	<p><b>Armed Forces Day 18</b></p> <p>10:00 🚶 Moving for Mobility [MCN] 10:45 💡 Daily Chronicle [MCN] 11:00 💡 Fun facts: Armed Forces Day [MCS] 2:00 🎤 Concert: Hotsie - Totsie Voices 2:00 ❤️ SingFit! [MCS] 2:45 ❤️ Snack and Chat 3:00 🚶 Noodleball [MCS] 4:00 💡 Daily Rewind 4:30 ☁ Mindful Meditations [MCS] 6:00 🎤 Concert: Hotsie - Totsie Voices</p>

