

# April 2024

## Tessera Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Keys</b></p> <p>Bistro BST            Memory Care North MCN            Memory Care Patio MCP            Memory Care South MCS            Outing OUT            We Come to You WCY</p>	<p><b>April Fool's Day 1</b></p> <p>10:00 🚶 Noodle Ball [MCS]            10:30 📺 Daily Chronicle [MCS]            11:00 📺 April Fool's Day - Guess a Letter [MCS]            1:30 🚶 Jumbo Soccer [MCS]            2:15 🍷 Snack and Chat            3:00 🐾 Booze &amp; Tattoos [MCS]            4:00 📺 Daily Rewind</p>	<p><b>Music Therapy with Nancy [MCN] 2</b></p> <p>10:00 🌈 Traveling Sunshine Club [WCY]            10:45 📺 Daily Chronicle [MCN]            1:30 🚶 Dance Party! [MCS]            1:30 📺 Sensory Sensations [MCN]            2:15 🍷 Snack and Chat: PB&amp;J Day            3:00 🧖 Spa Time!            3:30 🐾 Name That Tune [MCS]            4:00 📺 Daily Rewind [MCN]</p>	<p><b>National Rainbow Day 3</b></p> <p>10:00 🌈 Traveling Sunshine Club [WCY]            10:00 🚶 Zumba with Janette! [MCN]            10:30 📺 Daily Chronicle [MCN]            11:00 📺 Rainbow Games [MCS]            1:30 🚶 Chair Volleyball [MCS]            1:30 🚶 SingFit! [MCN]            2:30 🍷 Snack and Chat: Rainbow Cookies            3:00 🎨 Art Cart with Daniela - Rainbows! [MCS]            3:00 📺 Sensory Sensations            4:00 📺 Daily Rewind [MCS]</p>	<p><b>Scottish Chair Dancing [MCS] 4</b></p> <p>10:00 🚶 Scottish Chair Dancing [MCS]            10:30 📺 Daily Chronicle [MCS]            10:45 📺 Give Me Five!            1:30 🍷 Songs by Heart [MCN]            2:30 📺 Snack and Chat            2:45 🎤 Hotsie-Totsie Voices Rehearsal [BST]            3:00 🍷 Honoring Maya Angelou [MCN]            3:00 📺 Sensory Sensations            3:30 🍷 Finish the Lyric            4:00 📺 Daily Rewind [MCS]</p>	<p><b>Rock Steady [MCN] 5</b></p> <p>10:00 🌈 Rock Steady [MCN]            10:00 🌈 Traveling Sunshine Club [WCY]            10:30 📺 Daily Chronicle [MCN]            11:00 📺 Give Me Five            1:30 📺 Sensory Sensations [MCN]            1:30 🚶 SingFit! [MCS]            2:30 🍷 Snack and Chat            3:00 🐾 Short Stories [MCS]            4:00 📺 Daily Rewind [MCS]</p>	<p><b>Moving for Mobility [MCN] 6</b></p> <p>10:00 🚶 Moving for Mobility [MCN]            10:45 📺 Daily Chronicle [MCN]            1:30 🚶 Noodle Ball [MCS]            2:15 🍷 Snack and Chat: Twinkies            2:45 🐾 Bean Bag Toss [MCS]            3:15 🍷 SingFit! [MCS]            4:00 📺 Mindful Meditations [MCS]</p>
	<p><b>National Beer Day 7</b></p> <p>10:00 🚶 Sit &amp; Be Fit [MCS]            10:00 🌈 Sunshine Club [MCN]            10:45 📺 Daily Chronicle [MCS]            11:00 📺 Run The Alphabet [MCS]            1:30 🍷 Honoring Faith Journeys [MCN]            2:00 🎵 Special Music: Bethel Children's Choir [MCN]            2:45 🍷 Snack and Chat: Happy Hour            3:00 🐾 National Beer Day Trivia [MCN]            3:15 🐾 Bar Games: Axe-Throwing [MCN]            4:00 📺 Daily Rewind [MCN]</p>	<p><b>Solar Eclipse Day 8</b></p> <p>10:00 📺 Daily Chronicle [MCN]            10:30 🍷 Drumming with Chris [MCN]            1:30 📺 Documentary on Space Travel [MCN]            2:15 🐾 Eclipse Party!            3:00 🐾 Sing-Along - Moon, Sun &amp; Stars            4:00 📺 Daily Rewind [MCN]</p>	<p><b>Move &amp; Groove [MCS] 9</b></p> <p>10:00 🚶 Move &amp; Groove [MCS]            10:30 📺 Daily Chronicle [MCS]            11:00 🐾 What's in a Name [MCS]            1:30 🚶 Dance Party! [MCS]            1:30 📺 Sensory Sensations [MCN]            2:15 🍷 Snack and Chat            3:00 🧖 Spa Time!            4:00 📺 Daily Rewind [MCN]</p>	<p><b>Traveling Sunshine Club [WCY] 10</b></p> <p>10:00 🌈 Traveling Sunshine Club [WCY]            10:00 🚶 Zumba with Janette! [MCN]            10:30 📺 Daily Chronicle [MCN]            1:30 📺 Outing: Wagner Farms [OUT]            1:30 🚶 SingFit! [MCN]            2:30 🍷 Snack and Chat: Animal Crackers            3:00 🐾 Farm Animal Bingo [MCN]            4:00 📺 Daily Rewind [MCN]</p>	<p><b>Scottish Chair Dancing with Q [MCS] 11</b></p> <p>10:00 🚶 Scottish Chair Dancing with Q [MCS]            10:00 🐾 Sunshine Club [MCN]            10:30 📺 Daily Chronicle [MCS]            11:00 🍷 Finish the Lyric            1:30 🍷 Songs by Heart [MCN]            2:30 📺 Snack and Chat            2:45 🎤 Hotsie-Totsie Voices Rehearsal [BST]            3:00 🐾 Famous Pets Trivia [MCN]            4:00 📺 Daily Rewind [MCN]</p>	<p><b>Rock Steady [MCN] 12</b></p> <p>10:00 🚶 Rock Steady [MCN]            10:00 🌈 Traveling Sunshine Club [WCY]            10:30 📺 Daily Chronicle [MCN]            11:00 📺 Give Me Five [MCN]            1:30 📺 Sensory Sensations [MCN]            1:45 🍷 Baking Club: Cupcakes [MCS]            2:15 🐾 Bingo [MCS]            3:15 🚶 SingFit! [MCS]            4:00 📺 Daily Rewind</p>
<p><b>Sit &amp; Be Fit [MCS] 14</b></p> <p>10:00 🚶 Sit &amp; Be Fit [MCS]            10:00 🌈 Sunshine Club [MCN]            10:30 📺 Daily Chronicle [MCS]            11:00 🐾 Name 10 Game [MCS]            1:30 🍷 SingFit! [MCN]            2:30 🍷 Snack and Chat            2:45 🐾 This Or That [MCN]            3:00 🐾 Bean Bag Toss [MCN]            3:15 🐾 Bar Games: Axe-Throwing [MCN]            4:00 📺 Daily Rewind</p>	<p><b>Daily Chronicle [MCN] 15</b></p> <p>10:00 📺 Daily Chronicle [MCN]            10:30 🌿 Nature Workshop with Alyse [MCN]            1:30 🚶 Jumbo Soccer [MCS]            2:00 🚶 SingFit! [MCS]            2:45 🍷 Snack and Chat            3:00 🐾 Finish the Phrase            4:00 📺 Daily Rewind</p>	<p><b>Music Therapy with Nancy [MCN] 16</b></p> <p>10:00 🍷 Music Therapy with Nancy [MCN]            10:30 🌈 Sunshine Club [WCY]            10:45 📺 Daily Chronicle [MCN]            11:00 🐾 Name That Tune [MCN]            1:30 🚶 Dance Party! [MCS]            1:30 📺 Sensory Sensations [MCN]            2:15 🍷 Snack and Chat            3:00 🧖 Spa Time!            4:00 📺 Daily Rewind</p>	<p><b>Traveling Sunshine Club [WCY] 17</b></p> <p>10:00 🌈 Traveling Sunshine Club [WCY]            10:00 🚶 Zumba with Janette! [MCN]            10:30 📺 Daily Chronicle [MCN]            11:00 📺 Banana Blast Trivia [MCN]            1:30 🍷 Baking Club: Banana Bread            1:30 📺 Sensory Sensations            2:30 🚶 SingFit! [MCS]            3:30 🐾 Fruit Trivia [MCS]            4:00 📺 Daily Rewind</p>	<p><b>Scottish Chair Dancing with Q [MCS] 18</b></p> <p>10:00 🚶 Scottish Chair Dancing with Q [MCS]            10:00 🐾 Sunshine Club [MCN]            10:30 📺 Daily Chronicle [MCS]            10:45 📺 Give Me Five! [MCS]            11:00 🍷 Finish the Lyric [MCS]            1:30 🍷 Songs by Heart [MCN]            2:30 📺 Snack and Chat            2:45 🎤 Hotsie-Totsie Voices Rehearsal [BST]            3:00 📺 Sensory Sensations            3:00 🍷 Story Telling [MCN]            4:00 📺 Daily Rewind</p>	<p><b>National Garlic Day 19</b></p> <p>10:00 🚶 Rock Steady [MCN]            10:00 🌈 Traveling Sunshine Club [WCY]            10:30 📺 Daily Chronicle [MCN]            11:00 📺 Give Me Five [MCN]            1:30 🚶 SingFit! [MCN]            1:45 🍷 Cooking Club - Garlic Bites [MCS]            2:00 🐾 The World According to Garlic [MCS]            2:30 📺 Sensory Sensations [MCN]            3:00 🐾 Clove Categories [MCS]            3:30 🚶 Noodle Ball [MCS]            4:00 📺 Daily Rewind [MCS]</p>	<p><b>Moving for Mobility [MCN] 20</b></p> <p>10:00 🚶 Moving for Mobility [MCN]            10:45 📺 Daily Chronicle [MCN]            1:30 🚶 Noodle Ball [MCS]            2:15 🍷 Snack and Chat            2:30 🐾 Bean Bag Toss [MCS]            3:15 🍷 SingFit! [MCS]            4:00 📺 Daily Rewind            4:30 📺 Mindful Meditations [MCS]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<p>10:00 🏠 Sit &amp; Be Fit [MCS] <b>21</b></p> <p>10:00 🌻 Sunshine Club [MCN]</p> <p>10:30 💡 Daily Chronicle [MCS]</p> <p>11:00 🧩 Name 10 Game [MCS]</p> <p>1:30 ❤️ SingFit [MCN]</p> <p>2:30 ❤️ Snack and Chat</p> <p>2:45 🧩 This Or That [MCN]</p> <p>3:00 🧩 Bean Bag Toss [MCN]</p> <p>3:15 🧩 Bar Games: Axe-Throwing [MCN]</p> <p>4:00 💡 Daily Rewind [MCN]</p>	<p><b>Earth Day</b> <b>22</b></p> <p><b>Passover Begins at Sundown</b></p> <p>10:00 🏠 Noodleball [MCS]</p> <p>10:30 💡 Daily Chronicle [MCS]</p> <p>11:00 🌱 History of Earth Day [MCS]</p> <p>1:30 🌱 Getting Your Hands Dirty: Composting on Earth Day [MCS]</p> <p>2:00 🧩 Baking Club: Dirt Cups [MCS]</p> <p>3:00 🧩 I Spy - Garden Walk [MCP]</p> <p>4:00 💡 Daily Rewind [MCS]</p>	<p>10:00 🏠 Move &amp; Groove [MCS] <b>23</b></p> <p>10:00 ❤️ Sunshine Club [WCY]</p> <p>10:30 💡 Daily Chronicle [MCS]</p> <p>11:00 🧩 Name That Tune [MCN]</p> <p>1:30 🏠 Dance Party! [MCS]</p> <p>1:30 🌻 Sensory Sensations [MCN]</p> <p>2:15 🧩 Snack and Chat: Shirley Temples and Cookies</p> <p>3:00 ❤️ Spa Time!</p> <p>4:00 🧩 Community Passover Meal &amp; Seder</p> <p>4:00 💡 Daily Rewind</p>	<p><b>National Pigs in a Blanket Day</b> <b>24</b></p> <p>10:00 🌻 Traveling Sunshine Club [WCY]</p> <p>10:00 🏠 Zumba with Janette! [MCN]</p> <p>10:30 💡 Daily Chronicle [MCN]</p> <p>11:00 💡 Word Scramble [MCN]</p> <p>1:30 🌻 Sensory Sensations</p> <p>2:00 🧩 Birthday Bash with Edizon [MCN]</p> <p>3:00 🧩 Pigs in a Blanket Day - Pig Quiz [MCN]</p> <p>4:00 💡 Daily Rewind [MCN]</p>	<p><b>World Penguin Day</b> <b>25</b></p> <p>10:00 🏠 Scottish Chair Dancing with Q [MCS]</p> <p>10:00 🧩 Sunshine Club [MCN]</p> <p>10:30 💡 Daily Chronicle [MCS]</p> <p>11:00 🧩 Finish the Lyric [MCS]</p> <p>1:30 ❤️ Songs by Heart [MCN]</p> <p>2:30 💡 Snack and Chat</p> <p>2:45 🎭 Hotsie-Totsie Voices Rehearsal [BST]</p> <p>3:00 💡 Penguin Fun Facts [MCN]</p> <p>3:30 🧩 Penguin Documentary [MCN]</p> <p>4:00 💡 Daily Rewind [MCN]</p>	<p><b>National Pretzel Day</b> <b>26</b></p> <p>10:00 🏠 Rock Steady [MCN]</p> <p>10:00 🌻 Traveling Sunshine Club [WCY]</p> <p>10:30 💡 Daily Chronicle [MCN]</p> <p>11:00 🧩 Give Me Five [MCN]</p> <p>1:30 🏠 SingFit! [MCN]</p> <p>1:45 ❤️ Cooking Club: Pretzel Ice Cream [MCS]</p> <p>2:15 💡 Pretzel Day Facts and Trivia [MCS]</p> <p>3:00 🧩 Pretzel Categories [MCS]</p> <p>3:00 🌻 Sensory Sensations [MCN]</p> <p>3:45 🏠 Twister with Gina [MCS]</p> <p>4:00 💡 Daily Rewind</p>	<p>10:00 🏠 Moving for Mobility [MCN] <b>27</b></p> <p>10:45 💡 Daily Chronicle [MCN]</p> <p>11:00 🧩 Trick Questions [MCN]</p> <p>1:30 🏠 Dance it Out! [MCS]</p> <p>2:15 🧩 Snack and Chat</p> <p>2:30 🧩 Bean Bag Toss [MCS]</p> <p>3:15 ❤️ SingFit! [MCS]</p> <p>4:30 🌻 Mindful Meditations [MCS]</p>						
<p>10:00 🏠 Sit &amp; Be Fit [MCS] <b>28</b></p> <p>10:00 🌻 Sunshine Club [MCN]</p> <p>10:30 💡 Daily Chronicle [MCS]</p> <p>11:00 🧩 Color Quiz [MCS]</p> <p>1:30 ❤️ SingFit [MCN]</p> <p>2:30 ❤️ Snack and Chat</p> <p>3:00 🧩 Bean Bag Toss [MCN]</p> <p>3:15 🧩 Bar Games: Axe-Throwing [MCN]</p> <p>4:00 💡 Daily Rewind [MCN]</p>	<p><b>International Dance Day</b> <b>29</b></p> <p>10:00 🏠 Dancing Games [MCN]</p> <p>10:30 💡 Daily Chronicle [MCN]</p> <p>11:00 ❤️ Roll a Memory Dice Game [MCN]</p> <p>1:30 🧩 SingFit! [MCS]</p> <p>2:15 🧩 Snack and Chat</p> <p>3:00 🏠 Jumbo Soccer [MCS]</p> <p>4:00 💡 Daily Rewind [MCS]</p>	<p>10:00 🏠 Move &amp; Groove [MCS] <b>30</b></p> <p>10:00 ❤️ Sunshine Club [WCY]</p> <p>10:30 💡 Daily Chronicle [MCS]</p> <p>11:00 🧩 Name That Tune [MCS]</p> <p>1:30 🏠 Dance Party! [MCN]</p> <p>2:15 🧩 Snack and Chat: M&amp;M Conversation Game [MCN]</p> <p>3:00 ❤️ Spa Time!</p> <p>4:00 💡 Daily Rewind</p>	<p><b>Resident Birthdays</b></p> <table border="0"> <tr> <td>Elizabeth P.</td> <td>4/19</td> </tr> <tr> <td>Carolyn W.</td> <td>4/22</td> </tr> <tr> <td>Doris J.</td> <td>4/25</td> </tr> </table>		Elizabeth P.	4/19	Carolyn W.	4/22	Doris J.	4/25	<ul style="list-style-type: none"> <li>🎨 Creative Arts</li> <li>❤️ Emotional</li> <li>🏠 Health and Wellness</li> <li>💡 Intellectual</li> <li>🌱 Nature</li> <li>🧩 Purposeful</li> <li>🧩 Recreation and Leisure</li> <li>🌻 Restorative</li> <li>🧩 Spiritual</li> </ul>	
Elizabeth P.	4/19											
Carolyn W.	4/22											
Doris J.	4/25											

**Passport to the World!**



This month we will have a taste of Australia! Look out for fun Australian themed food and activities!



  
THE CARRINGTON  
AT LINCOLNWOOD  
3501 Northeast Parkway  
Lincolnwood, IL 60712  
(847) 973-6262

All activities are subject to change.