




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Keys</p> <ul style="list-style-type: none"> AL 2nd FL Activity Room AAR AL 2nd FL Living Room 2LVR AL 4th FL Theater ALT Assisted Living Patio ALP Bistro BST Fitness Center FC IL Cafe ILC IL Game Room-4th FL ILGR IL Ping Pong Room -3rd FL ILPPR Mezzanine Library ML Mezzanine Living Room MLR Outing OUT 	<ul style="list-style-type: none"> Creative Arts Emotional Health and Wellness Intellectual Nature Purposeful Recreation and Leisure Restorative Spiritual 	<p>Resident Birthdays</p> <ul style="list-style-type: none"> Brij B. 5/1 Jeffery M. 5/8 Sally C. 5/13 Gloria B. 5/19 Jim R. 5/22 Robert G. 5/23 Rene G. 5/23 	<ul style="list-style-type: none"> 9:00 Water Workouts with Arthur 1 10:00 Daily Chronicle [AAR] 10:45 Zumba with Jeanette! [AAR] 11:30 Lunch Outing - Olive Garden 11:30 Water Workouts with Arthur 1:30 Exercise with Arthur [FC] 2:00 Food Committee Meeting [ALT] 2:00 Scattergories [AAR] 3:00 Happy Hour with Johnnie Miller [BST] 6:30 Movie Night - The Burial [ALT] 	<ul style="list-style-type: none"> 10:00 Aqua Fitness With Ben 2 10:00 Nature Project with Alyse [AAR] 11:00 Move and Groove [AAR] 1:00 Rosary and Communion with Cozetta [ML] 1:30 Exercise with Arthur [FC] 2:30 Craft Time with Gina and Julie - Jewelry Making [AAR] 6:30 Movie Night - Calendar Girls [ALT] 7:00 Poker Night [ILGR] 	<ul style="list-style-type: none"> 10:00 Exercise It! [AAR] 3 10:30 Daily Chronicle [AAR] 10:45 Celebrate Montana Day [AAR] 11:30 Water Workouts with Arthur 2:00 Chair Yoga with Linda [FC] 3:00 Bingo! [AAR] 4:30 Shabbat [BST] 6:30 Movie Night - The Young Philadelphians [ALT] 	<ul style="list-style-type: none"> 9:30 Carrington Community Church [BST] 4 10:30 Daily Chronicle [AAR] 11:00 Moving For Mobility [AAR] 11:00 Plant Doctors 1:30 Watch the Kentucky Derby 2:00 Afternoon Cinema - Jesse Stone Night Passage [ALT] 2:00 Horse Racing Games [MLR] 2:00 Outing: Sounds Good Choir (RSVP) 3:00 Social Hour [MLR]
<ul style="list-style-type: none"> 8:35 Edgebrook Lutheran Church [OUT] 5 10:00 Move and Groove [AAR] 10:35 Queen of All Saints Basilica [OUT] 10:45 Daily Chronicle [AAR] 11:00 Sing Along [AAR] 2:00 Bingo With Trudy [ILC] 2:00 Outing: Young Steinway - Piano & Cello (RSVP) [OUT] 2:00 Sunday Musical Matinee - Marlowe [ALT] 2:30 Cinco de Mayo Party! [MLR] 	<ul style="list-style-type: none"> 10:00 Aqua Fitness with Ben 6 10:00 Sit and Be Fit [AAR] 10:30 Daily Chronicle [AAR] 10:45 Documentary about Andrea Bocelli [AAR] 1:00 Movement and Balance with Select Rehab [FC] 2:00 Dancing with Martha! [FC] 2:30 Cinco de Mayo Party 3:00 Bingo! [AAR] 6:30 Movie Night - La Batella [ALT] 7:00 Poker Night [ILGR] 7:15 Everyone Has A Story [BST] 	<ul style="list-style-type: none"> 10:00 Daily Chronicle [AAR] 7 10:30 Fitness with Arthur [AAR] 11:00 Word Games! [AAR] 1:30 Workout with Jonah [FC] 2:30 Fruit Smoothies on the Patio [ALP] 6:30 Movie Night - Like Water for Chocolate [ALT] 	<ul style="list-style-type: none"> 9:00 Water Workouts with Arthur 8 10:00 Daily Chronicle [AAR] 10:00 Med Talk: Caring By Preparing [BST] 10:45 Zumba with Jeanette! [AAR] 11:30 Water Workouts with Arthur 1:30 Exercise with Arthur [FC] 2:00 Scattergories [AAR] 3:00 Happy Hour with Allan Kaye [BST] 6:30 Movie Night - Past Lives [ALT] 	<ul style="list-style-type: none"> 10:00 Aqua Fitness With Ben 9 10:00 Move and Groove [AAR] 10:30 Art History with Debra [ALT] 1:00 Rosary with Cozetta [ML] 1:30 Exercise with Arthur [FC] 2:30 Craft Time with Gina and Julie - Tea Cup Craft [AAR] 2:45 Hotsie-Totsie Voices Rehearsal [BST] 6:30 Movie Night - Gray Gardens [ALT] 7:00 Poker Night [ILGR] 	<ul style="list-style-type: none"> 10:00 Exercise It! [AAR] 10 10:30 Daily Chronicle [AAR] 10:45 Rick Steves Travel Adventure [AAR] 11:30 Water Workouts with Arthur 2:00 Chair Yoga with Linda [FC] 3:00 Bingo! [AAR] 4:30 Shabbat [BST] 6:30 Movie Night - Desperado [ALT] 	<ul style="list-style-type: none"> 9:30 Carrington Community Church [BST] 11 10:30 Daily Chronicle [AAR] 11:00 Moving For Mobility [AAR] 11:00 Outing: Met Live in HD - Madama Butterfly (RSVP) [OUT] 2:00 Afternoon Cinema - Mamma Mia [ALT] 2:00 Bowling Bash & Pizza [MLR] 3:00 Social Hour [MLR]
<p>Mother's Day 12</p> <ul style="list-style-type: none"> 8:35 Edgebrook Lutheran Church [OUT] 10:00 Move and Groove [AAR] 10:35 Queen of All Saints Basilica [OUT] 10:45 Daily Chronicle [AAR] 11:00 Sing Along [AAR] 11:30 Mother's Day Brunch 2:00 Bingo With Trudy [ILC] 2:00 Sunday Musical Matinee - American Fiction [ALT] 	<ul style="list-style-type: none"> 10:00 Aqua Fitness with Ben 13 10:00 Sit and Be Fit [AAR] 10:30 Daily Chronicle [AAR] 10:45 Documentary about Louis Armstrong [AAR] 11:00 Bible Study with Chaplain Chris [ILPPR] 1:00 Movement and Balance with Select Rehab [FC] 1:30 Movie Selection Committee Meeting [ILPPR] 2:00 Dancing with Martha! [FC] 3:00 Bingo! [AAR] 3:00 Classic Comedy Hour [BST] 6:30 Movie Night - I Remember Mama [ALT] 7:00 Poker Night [ILGR] 7:15 TedTalk Time! [BST] 11:55 Newsletter Caption Contest Deadline 	<ul style="list-style-type: none"> 10:00 Daily Chronicle [AAR] 14 10:30 Sit and Be Fit! [AAR] 11:00 Current Events with Sally [BST] 1:30 Opera Club 1:30 Workout with Jonah [FC] 2:00 Painting with Colleen [AAR] 6:00 Special Concert: Ada String Duo [BST] 6:30 Movie Night - Frida [ALT] 	<ul style="list-style-type: none"> 9:00 Water Workouts with Arthur 15 10:00 Daily Chronicle [AAR] 10:45 Zumba with Jeanette! [AAR] 11:30 Water Workouts with Arthur 1:30 Exercise with Arthur [FC] 2:00 Scattergories [AAR] 2:20 Visit with Myra the Comfort Dog [2LVR] 3:00 Happy Hour with Bob Duda [BST] 6:30 Movie Night - Atonement [ALT] 	<ul style="list-style-type: none"> 10:00 Aqua Fitness With Ben 16 10:00 Move and Groove [AAR] 10:30 Daily Chronicle [AAR] 10:45 Trivia! [AAR] 1:00 Rosary with Cozetta [ML] 1:30 Exercise with Arthur [FC] 2:30 Craft Time with Gina and Julie - Painting with Canvas [AAR] 2:45 Hotsie-Totsie Voices Rehearsal [BST] 6:30 Movie Night - How To Live Forever [ALT] 7:00 Poker Night [ILGR] 	<ul style="list-style-type: none"> 10:00 Exercise It! [AAR] 17 10:30 Daily Chronicle [AAR] 10:30 Veteran's Club 10:45 Word Games! [AAR] 11:30 Water Workouts with Arthur 2:00 Chair Yoga with Linda [FC] 3:00 Bingo! [AAR] 4:30 Shabbat [BST] 6:30 Movie Night - The Candidate [ALT] 	<ul style="list-style-type: none"> 9:30 Carrington Community Church [BST] 18 10:30 Daily Chronicle [AAR] 11:00 Moving For Mobility [AAR] 11:00 Plant Doctors 2:00 Afternoon Cinema - Nebraska [ALT] 2:00 Concert: Hotsie - Totsie Voices 6:00 Concert: Hotsie - Totsie Voices



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<p>8:35 🦋 Edgebrook Lutheran Church [OUT] 19</p> <p>10:00 ➔ Move and Groove [AAR]</p> <p>10:35 🦋 Queen of All Saints Basilica [OUT]</p> <p>10:45 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ❤️ Sing Along [AAR]</p> <p>2:00 🧩 Bingo With Trudy [ILC]</p> <p>2:00 🎷 Outing: Young Steinway - Piano & Cello (RSVP) [OUT]</p> <p>2:00 🧩 Sunday Musical Matinee - 7 Brides for 7 Brothers [ALT]</p> <p>3:00 🦋 Hymn Sing with Annamarie [BST]</p>	<p>10:00 ➔ Aqua Fitness with Ben 20</p> <p>10:00 ➔ Sit and Be Fit [AAR]</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Rick Steves Travel Adventure [AAR]</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00 ➔ Dancing with Martha! [FC]</p> <p>3:00 🧩 Bingo! [AAR]</p> <p>6:30 🧩 Movie Night - A Cry In The Dark [ALT]</p> <p>7:00 🧩 Poker Night [ILGR]</p> <p>7:15 🧩 Everyone Has A Story [BST]</p>	<p>10:00 ⚡ Daily Chronicle [AAR] 21</p> <p>10:00 🇺🇸 Shopping Outing (RSVP) [OUT]</p> <p>10:30 ➔ Fitness with Arthur [AAR]</p> <p>11:00 ⚡ Current Events with Sally [BST]</p> <p>1:30 ➔ Workout with Jonah [FC]</p> <p>2:30 🇺🇸 Fruit Cups and Games on the Patio [ALP]</p> <p>6:30 🧩 Movie Night - Three Amigos [ALT]</p>	<p>9:00 ➔ Water Workouts with Arthur 22</p> <p>10:00 ⚡ Daily Chronicle [AAR]</p> <p>10:00 ⚡ MedTalk with Pat: My Aching Belly [BST]</p> <p>10:45 ➔ Zumba with Jeanette! [AAR]</p> <p>11:30 ➔ Water Workouts with Arthur</p> <p>1:30 ➔ Exercise with Arthur [FC]</p> <p>2:00 🇺🇸 Scattergories [AAR]</p> <p>3:00 🧩 Happy Hour with Wayne Messmer [BST]</p> <p>6:30 🧩 Movie Night - Premonition [ALT]</p>	<p>10:00 ➔ Aqua Fitness With Ben 23</p> <p>10:00 ➔ Move and Groove [AAR]</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Trivia! [AAR]</p> <p>1:00 🦋 Rosary with Cozetta [ML]</p> <p>1:30 ➔ Exercise with Arthur [FC]</p> <p>2:30 🎷 Moments from Hollywood Musicals [ALT]</p> <p>6:30 🧩 Movie Night - Away from Her [ALT]</p> <p>7:00 🧩 Poker Night [ILGR]</p>	<p>10:00 ➔ Exercise It! [AAR] 24</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Travel to Mexico [AAR]</p> <p>11:30 ➔ Water Workouts with Arthur</p> <p>2:00 ➔ Chair Yoga with Linda [FC]</p> <p>3:00 🧩 Bingo! [AAR]</p> <p>4:30 🦋 Shabbat [BST]</p> <p>6:30 🧩 Movie Night - The Company You Keep [ALT]</p>	<p>National Wine Day 25</p> <p>9:30 🦋 Carrington Community Church [BST]</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ➔ Moving For Mobility [AAR]</p> <p>2:00 🧩 Afternoon Cinema - Taken [ALT]</p> <p>2:00 ➔ Backyard Games [MLR]</p> <p>3:00 🧩 Social Hour - Wine & Cheese [MLR]</p>
<p>8:35 🦋 Edgebrook Lutheran Church [OUT] 26</p> <p>10:00 ➔ Move and Groove [AAR]</p> <p>10:35 🦋 Queen of All Saints Basilica [OUT]</p> <p>10:45 ⚡ Daily Chronicle [AAR]</p> <p>11:00 ❤️ Sing Along [AAR]</p> <p>2:00 🧩 Bingo With Trudy [ILC]</p> <p>2:00 🧩 Sunday Musical Matinee - South Pacific [ALT]</p> <p>3:00 🎷 Parlor Piano with Patrick [BST]</p>	<p>Memorial Day 27</p> <p>10:00 ➔ Aqua Fitness with Ben</p> <p>10:00 ➔ Sit and Be Fit [AAR]</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Remembering Memorial Day [AAR]</p> <p>11:30 🧩 Memorial Day Cookout</p> <p>1:00 Movement and Balance with Select Rehab [FC]</p> <p>2:00 ➔ Dancing with Martha! [FC]</p> <p>3:00 🧩 Bingo! [AAR]</p> <p>3:00 ❤️ Memorial Day Service</p> <p>6:30 🧩 Movie Night - Saving Private Ryan [ALT]</p> <p>7:00 🧩 Poker Night [ILGR]</p>	<p>10:00 ⚡ Daily Chronicle [AAR] 28</p> <p>10:30 ➔ Sit and Be Fit! [AAR]</p> <p>10:45 ⚡ Rick Steves Travel Adventure [AAR]</p> <p>1:30 ➔ Workout with Jonah [FC]</p> <p>2:00 🇺🇸 AL Resident Meeting [2LVR]</p> <p>3:00 🧩 Social Time [2LVR]</p> <p>6:30 🧩 Movie Night - 30 Seconds Over Tokyo [ALT]</p>	<p>9:00 ➔ Water Workouts with Arthur 29</p> <p>10:00 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ➔ Zumba with Jeanette! [AAR]</p> <p>11:30 ➔ Water Workouts with Arthur</p> <p>1:30 ➔ Exercise with Arthur [FC]</p> <p>2:00 🇺🇸 Scattergories [AAR]</p> <p>3:00 🧩 Happy Hour [BST]</p> <p>6:30 🧩 Movie Night - In The Cut [ALT]</p>	<p>10:00 ➔ Aqua Fitness With Ben 30</p> <p>10:00 ➔ Move and Groove [AAR]</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>10:45 ⚡ Trivia! [AAR]</p> <p>11:00 ⚡ Special Session: Current Events with Sally [BST]</p> <p>1:00 🦋 Rosary with Cozetta [ML]</p> <p>1:30 ➔ Exercise with Arthur [FC]</p> <p>2:30 🧩 Monthly Birthday Bash! [2LVR]</p> <p>6:30 🧩 Movie Night - Memory [ALT]</p> <p>7:00 🧩 Poker Night [ILGR]</p>	<p>10:00 ➔ Exercise It! [AAR] 31</p> <p>10:30 ⚡ Daily Chronicle [AAR]</p> <p>11:00 🦋 Sing-Along with Annamarie [2LVR]</p> <p>11:30 ➔ Water Workouts with Arthur</p> <p>2:00 ➔ Chair Yoga with Linda [FC]</p> <p>3:00 🧩 Bingo! [AAR]</p> <p>4:30 🦋 Shabbat [BST]</p> <p>6:30 🧩 Movie Night - 3 Billboards Outside Ebbing MO [ALT]</p>	 <p>MEMORIAL DAY THANK YOU TO THE REAL SUPER HEROES.</p>

Passport to the World!



This month we will have a taste of Mexico! Look out for fun Mexican themed food and activities!



THE CARRINGTON
AT LINCOLNWOOD
3501 Northeast Parkway
Lincolnwood, IL 60712
(847) 973-6262

All activities are subject to change. Please refer to the Daily Calendar for the most up to date schedule.