






March 2024 Assisted Living							created with 	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Creative Arts</div> <div>Emotional</div> <div>Health and Wellness</div> <div>Intellectual</div> <div>Nature</div> <div>Purposeful</div> <div>Recreation and Leisure</div> <div>Restorative</div> <div>Spiritual</div> </div>		<div> <div>Location Keys</div> <div>AL 2nd FL Activity Room</div> <div>AL 2nd FL Living Room</div> <div>AL 4th FL Theater</div> <div>Bistro</div> <div>Fitness Center</div> <div>IL Cafe</div> <div>IL Game Room-4th FL</div> <div>IL Ping Pong Room -3rd FL</div> <div>Mezzanine Activity Room</div> <div>Mezzanine Library</div> <div>Mezzanine Living Room</div> <div>Outing</div> <div>AAR</div> <div>2LVR</div> <div>ALT</div> <div>BST</div> <div>FC</div> <div>ILC</div> <div>ILGR</div> <div>ILPPR</div> <div>Mez</div> <div>ML</div> <div>MLR</div> <div>OUT</div> </div>			<div> <div>10:00</div> <div>Exercise It! [AAR]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Finish the Song Lyric [AAR]</div> <div>1:30</div> <div>Poker and More!</div> <div>2:00</div> <div>Chair Yoga with Linda [FC]</div> <div>3:00</div> <div>Bingo! [AAR]</div> <div>4:30</div> <div>Shabbat [BST]</div> <div>6:15</div> <div>Movie Night - There Will Be Blood [ALT]</div> </div>	<div> <div>9:30</div> <div>Carrington Community Church [BST]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>11:00</div> <div>Moving For Mobility [AAR]</div> <div>11:00</div> <div>Plant Doctors</div> <div>1:00</div> <div>Word games or Puzzles [AAR]</div> <div>2:00</div> <div>Afternoon Cinema Leap Year [ALT]</div> <div>2:00</div> <div>Bowling Bash [MLR]</div> <div>3:00</div> <div>Social Hour [Mez]</div> </div>		
<div> <div>8:35</div> <div>Edgebrook Lutheran Church [OUT]</div> <div>10:00</div> <div>Move and Groove with Daniela [AAR]</div> <div>10:35</div> <div>Queen of All Saints Basilica [OUT]</div> <div>10:45</div> <div>Daily Chronicle [AAR]</div> <div>11:00</div> <div>Sing Along with Suzie Q [AAR]</div> <div>2:00</div> <div>Bingo With Trudy [ILC]</div> <div>2:00</div> <div>Sunday Musical Matinee - Guys and Dolls [ALT]</div> <div>3:00</div> <div>Violin Concert: Max Rubinstein [BST]</div> </div>	<div> <div>10:00</div> <div>Sit and Be Fit [AAR]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Arm Chair Travels with Rick Steves [AAR]</div> <div>1:00</div> <div>Movement and Balance with Select Rehab [FC]</div> <div>2:00</div> <div>Dancing with Martha [FC]</div> <div>2:00</div> <div>Pound Cake Tasting [AAR]</div> <div>3:00</div> <div>Bingo! [AAR]</div> <div>6:15</div> <div>Movie Night - The Turning Point [ALT]</div> <div>7:00</div> <div>Poker Night [ILGR]</div> <div>7:15</div> <div>Everyone Has A Story [BST]</div> </div>	<div> <div>10:00</div> <div>Daily Chronicle [AAR]</div> <div>10:30</div> <div>Fitness with Arthur [AAR]</div> <div>10:45</div> <div>Celebrating Women's History Month [AAR]</div> <div>11:00</div> <div>Current Events with Sally [BST]</div> <div>1:30</div> <div>Workout with Jonah [FC]</div> <div>2:30</div> <div>Art Studio with Daniela [AAR]</div> <div>6:15</div> <div>Movie Night - Power of the Dog [ALT]</div> </div>	<div> <div>10:00</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Zumba with Jeanette! [AAR]</div> <div>1:30</div> <div>Exercise with Arthur [FC]</div> <div>2:00</div> <div>Food Committee Meeting [ALT]</div> <div>2:00</div> <div>Scattergories [AAR]</div> <div>2:15</div> <div>Oreo Tasting [AAR]</div> <div>3:00</div> <div>Happy Hour with Jeannie Tanner [BST]</div> <div>6:15</div> <div>Movie Night - Commitment [ALT]</div> </div>	<div> <div>10:00</div> <div>Nature Talks with Alyse [AAR]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Trivial! [AAR]</div> <div>1:00</div> <div>Rosary with Cozetta [ML]</div> <div>1:30</div> <div>Exercise with Arthur [FC]</div> <div>2:00</div> <div>Tech Help with Regie [ILC]</div> <div>2:30</div> <div>Craft Time with Gina - Leprechaun Painted Pots [AAR]</div> <div>3:00</div> <div>Hotsie-Totsie Voices Rehearsal [BST]</div> <div>6:15</div> <div>Movie Night - Barbie [ALT]</div> <div>7:00</div> <div>Poker Night [ILGR]</div> </div>	<div> <div>10:00</div> <div>Exercise It! [AAR]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Finish the Song Lyric [AAR]</div> <div>1:30</div> <div>Poker and More!</div> <div>2:00</div> <div>Chair Yoga with Linda [FC]</div> <div>2:00</div> <div>Shamrock Shake Tasting [AAR]</div> <div>3:00</div> <div>Bingo! [AAR]</div> <div>4:30</div> <div>Shabbat [BST]</div> <div>6:15</div> <div>Movie Night - Queen Bees [ALT]</div> </div>	<div> <div>9:30</div> <div>Carrington Community Church [BST]</div> <div>10:30</div> <div>Trinity Irish Dancers [BST]</div> <div>11:00</div> <div>Girl Scout Cookies 11 a.m. - 3 p.m. [ILC]</div> <div>11:15</div> <div>Moving For Mobility [AAR]</div> <div>1:00</div> <div>Word games or Puzzles [AAR]</div> <div>2:00</div> <div>Afternoon Cinema - Quantum of Solace [ALT]</div> <div>2:00</div> <div>Dart Games and Puzzles [MLR]</div> <div>3:00</div> <div>Social Hour [Mez]</div> </div>		
<div> <div>Daylight Saving Time Begins</div> <div>8:35</div> <div>Edgebrook Lutheran Church [OUT]</div> <div>10:00</div> <div>Move and Groove with Daniela [AAR]</div> <div>10:35</div> <div>Queen of All Saints Basilica [OUT]</div> <div>10:45</div> <div>Daily Chronicle [AAR]</div> <div>11:00</div> <div>Sing Along with Suzie Q [AAR]</div> <div>2:00</div> <div>Bingo With Trudy [ILC]</div> <div>2:00</div> <div>Sunday Musical Matinee - Annie Get Your Gun [ALT]</div> <div>3:00</div> <div>Hymn Sing with Annamarie [BST]</div> </div>	<div> <div>10:00</div> <div>Sit and Be Fit [AAR]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Arm Chair Travels with Rick Steves [AAR]</div> <div>1:00</div> <div>Movement and Balance with Select Rehab [FC]</div> <div>1:30</div> <div>Movie Selection Committee Meeting [ILPPR]</div> <div>1:30</div> <div>Special Magic Show [ALT]</div> <div>2:00</div> <div>Dancing with Martha! [FC]</div> <div>3:00</div> <div>Bingo! [AAR]</div> <div>3:00</div> <div>Classic Comedy Hour [BST]</div> <div>6:15</div> <div>Movie Night - The Infidel [ALT]</div> <div>7:00</div> <div>Poker Night [ILGR]</div> </div>	<div> <div>10:00</div> <div>Daily Chronicle [AAR]</div> <div>10:30</div> <div>Sit and Be Fit! [AAR]</div> <div>10:45</div> <div>Word Games! [AAR]</div> <div>11:00</div> <div>Current Events with Sally [BST]</div> <div>1:30</div> <div>Opera Club</div> <div>1:30</div> <div>Workout with Jonah [FC]</div> <div>2:00</div> <div>Painting with Colleen [AAR]</div> <div>6:15</div> <div>Movie Night - The Piano [ALT]</div> </div>	<div> <div>10:00</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Zumba with Jeanette! [AAR]</div> <div>1:30</div> <div>Exercise with Arthur [FC]</div> <div>2:00</div> <div>Scattergories [AAR]</div> <div>3:00</div> <div>Happy Hour with Carla Gordon [BST]</div> <div>6:15</div> <div>Movie Night - The Great Waldo Pepper [ALT]</div> </div>	<div> <div>10:00</div> <div>Move and Groove [AAR]</div> <div>10:30</div> <div>Art History with Debra [ALT]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>10:45</div> <div>Trivial! [AAR]</div> <div>1:00</div> <div>Rosary with Cozetta [ML]</div> <div>1:30</div> <div>Exercise with Arthur [FC]</div> <div>2:00</div> <div>Tech Help with Regie [ILC]</div> <div>2:30</div> <div>Craft Time with Gina-Planting Shamrocks [AAR]</div> <div>3:00</div> <div>Hotsie-Totsie Voices Rehearsal [BST]</div> <div>6:15</div> <div>Movie Night - May December [ALT]</div> <div>7:00</div> <div>Poker Night [ILGR]</div> </div>	<div> <div>10:00</div> <div>Exercise It! [AAR]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>10:30</div> <div>Veteran's Club [ILGR]</div> <div>10:45</div> <div>Finish the Song Lyric [AAR]</div> <div>1:30</div> <div>Poker and More!</div> <div>2:00</div> <div>Celebrate St. Patrick's Day - I Am Ireland [AAR]</div> <div>2:00</div> <div>Chair Yoga with Linda [FC]</div> <div>3:00</div> <div>Bingo! [AAR]</div> <div>4:30</div> <div>Shabbat [BST]</div> <div>6:15</div> <div>Movie Night - Belfast [ALT]</div> </div>	<div> <div>9:30</div> <div>Carrington Community Church [BST]</div> <div>10:30</div> <div>Daily Chronicle [AAR]</div> <div>11:00</div> <div>Moving For Mobility [AAR]</div> <div>11:00</div> <div>Plant Doctors</div> <div>1:00</div> <div>Word games or Puzzles [AAR]</div> <div>2:00</div> <div>Afternoon Cinema - Matter of Life or Death [ALT]</div> <div>2:00</div> <div>Wheel of Fortune [MLR]</div> <div>3:00</div> <div>Social Hour [Mez]</div> </div>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>St. Patrick's Day 17</div> <div>8:35 🐣 Edgebrook Lutheran Church [OUT]</div> <div>10:00 🚶 Move and Groove with Daniela [AAR]</div> <div>10:35 🐣 Queen of All Saints Basilica [OUT]</div> <div>10:45 💡 Daily Chronicle [AAR]</div> <div>11:00 ❤️ Sing Along with Suzie Q [AAR]</div> <div>2:00 🧑 Bingo With Trudy [ILC]</div> <div>2:00 🧑 Sunday Musical Matinee - Finians Rainbow [ALT]</div>	<div>10:00 🚶 Sit and Be Fit [AAR] 18</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>10:45 🧑 Arm Chair Travels with Rick Steves [AAR]</div> <div>1:00 Movement and Balance with Select Rehab [FC]</div> <div>2:00 🚶 Dancing with Martha [FC]</div> <div>2:00 🧑 Having Fun with Limericks [AAR]</div> <div>2:30 💡 Truth or Blarney? [AAR]</div> <div>3:00 🧑 Bingo! [AAR]</div> <div>3:00 🧑 St. Patrick's Day Party! [BST]</div> <div>3:30 🧑 Traveling Irish Troubadours - Ukelele Band [BST]</div> <div>6:15 🧑 Movie Night - The Quiet Man [ALT]</div> <div>7:00 🧑 Poker Night [ILGR]</div> <div>7:15 Everyone Has A Story [BST]</div>	<div>10:00 💡 Daily Chronicle [AAR] 19</div> <div>10:30 🚶 Fitness with Arthur [AAR]</div> <div>10:45 💡 Word Games! [AAR]</div> <div>11:00 💡 Current Events with Sally [BST]</div> <div>1:30 🚶 Workout with Jonah [FC]</div> <div>2:30 🧑 Art Studio with Daniela [AAR]</div> <div>6:15 🧑 Movie Night - The Portrait of a Lady [ALT]</div>	<div>10:00 💡 Daily Chronicle [AAR] 20</div> <div>10:45 🚶 Zumba with Jeanette! [AAR]</div> <div>1:30 🚶 Exercise with Arthur [FC]</div> <div>2:00 🧑 Scattergories [AAR]</div> <div>2:20 ❤️ Visit with Myra the Comfort Dog [2LVR]</div> <div>3:00 🧑 Happy Hour - Vince Micari Trio [BST]</div> <div>6:15 🧑 Movie Night - Circle of Friends [ALT]</div>	<div>10:00 🚶 Move and Groove [AAR] 21</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>10:45 🧑 Passport to Ireland with the Traveling Irish Troubadours [2LVR]</div> <div>1:00 🐣 Rosary with Cozetta [ML]</div> <div>1:30 🚶 Exercise with Arthur [FC]</div> <div>2:00 🧑 Moments from Hollywood Musicals [ALT]</div> <div>2:00 💡 Tech Help with Regie [ILC]</div> <div>2:30 Craft Time with Gina - Rosie the Riveter Project [AAR]</div> <div>3:00 🧑 Hotsie-Totsie Voices Rehearsal [BST]</div> <div>6:15 🧑 Movie Night - Anatomy of a Fall [ALT]</div> <div>7:00 🧑 Poker Night [ILGR]</div>	<div>10:00 🚶 Exercise It! [AAR] 22</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>10:45 🧑 Finish the Song Lyric [AAR]</div> <div>2:00 🚶 Chair Yoga with Linda [FC]</div> <div>3:00 🧑 Bingo! [AAR]</div> <div>4:30 🐣 Shabbat [BST]</div> <div>6:15 🧑 Movie Night - Bank of Dave [ALT]</div>	<div>9:30 🐣 Carrington Community Church [BST] 23</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>11:00 🚶 Moving For Mobility [AAR]</div> <div>1:00 💡 Word games or Puzzles [AAR]</div> <div>2:00 🧑 Afternoon Cinema - Lift [ALT]</div> <div>2:00 🚶 Backyard Games [MLR]</div> <div>3:00 🧑 Social Hour [Mez]</div>
<div>8:35 🐣 Edgebrook Lutheran Church [OUT] 24</div> <div>10:00 🚶 Move and Groove with Daniela [AAR]</div> <div>10:35 🐣 Queen of All Saints Basilica [OUT]</div> <div>10:45 💡 Daily Chronicle [AAR]</div> <div>11:00 ❤️ Sing Along with Suzie Q [AAR]</div> <div>2:00 🧑 Bingo With Trudy [ILC]</div> <div>2:00 🧑 Sunday Musical Matinee - Book of Esther [ALT]</div>	<div>10:00 🚶 Sit and Be Fit [AAR] 25</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>10:45 🧑 Arm Chair Travels with Rick Steves [AAR]</div> <div>1:00 Movement and Balance with Select Rehab [FC]</div> <div>2:00 🚶 Dancing with Martha! [FC]</div> <div>2:00 🧑 Fruit Smoothies [AAR]</div> <div>3:00 🧑 Bingo! [AAR]</div> <div>6:15 🧑 Movie Night - Sargent Rutledge [ALT]</div> <div>7:00 🧑 Poker Night [ILGR]</div>	<div>10:00 💡 Daily Chronicle [AAR] 26</div> <div>10:30 🚶 Sit and Be Fit! [AAR]</div> <div>10:45 💡 Trivia! [AAR]</div> <div>1:30 🚶 Workout with Jonah [FC]</div> <div>2:00 🧑 AL Resident Meeting [2LVR]</div> <div>3:00 🧑 Art Studio with Daniela [AAR]</div> <div>6:15 🧑 Movie Night - Bright Star [ALT]</div>	<div>10:00 💡 Daily Chronicle [AAR] 27</div> <div>10:45 🚶 Zumba with Jeanette! [AAR]</div> <div>11:30 🧑 Lunch Outing</div> <div>1:30 🚶 Exercise with Arthur [FC]</div> <div>2:00 🧑 Scattergories [AAR]</div> <div>3:00 🧑 Happy Hour with Daryl Nitz [BST]</div> <div>6:15 🧑 Movie Night - Veronica Guerin [ALT]</div>	<div>10:00 🚶 Move and Groove [AAR] 28</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>10:30 ❤️ Drumming with Chris! [Mez]</div> <div>10:45 💡 Trivia! [AAR]</div> <div>1:00 🐣 Rosary with Cozetta [ML]</div> <div>1:30 🚶 Exercise with Arthur [FC]</div> <div>2:00 💡 Tech Help with Regie [ILC]</div> <div>2:30 🧑 Monthly Birthday Bash! [2LVR]</div> <div>3:00 🧑 Hotsie-Totsie Voices Rehearsal [BST]</div> <div>6:15 🧑 Movie Night - Past Lives [ALT]</div> <div>7:00 🧑 Poker Night [ILGR]</div>	<div>10:00 🚶 Exercise It! [AAR] 29</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>10:45 🧑 Finish the Song Lyric [AAR]</div> <div>11:00 🧑 Sing-Along with Annamarie [2LVR]</div> <div>2:00 🚶 Chair Yoga with Linda [FC]</div> <div>3:00 🧑 Bingo! [AAR]</div> <div>4:30 🐣 Shabbat [BST]</div> <div>6:15 🧑 Movie Night - Citizen Kane [ALT]</div>	<div>9:30 🐣 Carrington Community Church [BST] 30</div> <div>10:30 💡 Daily Chronicle [AAR]</div> <div>11:00 🚶 Moving For Mobility [AAR]</div> <div>1:00 💡 Word games or Puzzles [AAR]</div> <div>2:00 🧑 Afternoon Cinema - Passion of the Christ [ALT]</div> <div>2:00 🚶 Bowling Bash [MLR]</div> <div>3:00 🧑 Social Hour [Mez]</div>
<div>Easter 31</div> <div>8:35 🐣 Edgebrook Lutheran Church [OUT]</div> <div>10:00 🚶 Move and Groove with Daniela [AAR]</div> <div>10:35 🐣 Queen of All Saints Basilica [OUT]</div> <div>10:45 💡 Daily Chronicle [AAR]</div> <div>11:00 ❤️ Sing Along with Suzie Q [AAR]</div> <div>2:00 🧑 Bingo With Trudy [ILC]</div> <div>2:00 🧑 Sunday Musical Matinee - Kiss Me Kate [ALT]</div> <div>3:00 🧑 Piano Parlor with Patrick [BST]</div>	<div>Passport to the World!</div> <div></div> <div>This month we will have a taste of Ireland! Look out for fun Irish themed food and activities!</div>			<div>Resident Birthdays</div> <div><div>Marvin S.3/2</div><div>Susan P.3/3</div><div>Mary C.3/4</div><div>Tobi N.3/6</div><div>Carol H.3/16</div><div>Allen G.3/16</div><div>Howard L.3/24</div><div>Sandra L.3/24</div><div>Joan J.3/28</div></div>		<div></div> <div><div>THE CARRINGTON</div><div>AT LINCOLNWOOD</div><div>3501 Northeast Parkway</div><div>Lincolnwood, IL 60712</div><div>(847) 973-6262</div></div>