


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	New Year's Day 1 10:00 🏹 Noodle Ball 10:30 💡 Daily Chronicle 10:45 🧩 Funny New Years Resolutions and Jokes 1:30 🏹 Jumbo Soccer 2:15 🏹 SingFit! 3:00 🏠 Snack and Chat 3:30 💡 Finish the Phrase 4:00 ❤️ Hand Massages	10:00 ❤️ Music Therapy with Nancy 2 10:00 ☀️ Sunshine Club 1:30 🏹 Dance Party! 2:00 ❤️ Remembering Our First Car 2:00 ❤️ Spa Time! [MCS] 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	10:00 ☀️ Sunshine Club 3 10:00 🏹 Zumba with Janette! 10:30 💡 Daily Chronicle 10:45 🧩 Would You Rather.. 11:30 🧩 Lunch Outing 1:30 🏹 SingFit! 2:00 ☀️ Sensory Sensations 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Exercise it! 4 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 💡 Give Me Five! 1:30 ❤️ Songs by Heart 2:30 🧩 Mocktail Happy Hour [MCN] 3:00 ☀️ Sensory Sensations 4:00 🏠 Finish the Lyric	10:00 🏹 Exercise Fun! [MCS] 5 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 🧩 Winter Word Games 1:30 🏹 SingFit! 2:15 🏹 Bowling 2:15 ❤️ Sensory Sensations 3:00 ❤️ Snack and Chat 3:30 🧩 Short Stories 4:00 ☀️ Hand Massages	10:00 🏹 Moving for Mobility [MCS] 6 10:00 ☀️ Sunshine Club 10:45 💡 Daily Chronicle 1:30 🏹 Balloon Toss 2:00 🧩 Puzzles 2:30 ☀️ Snack and Chat 3:00 🧩 Hymn Sing with Q 4:00 ☀️ Mindful Meditations	
	10:00 🏹 Commit To Be Fit 7 10:45 💡 Daily Chronicle 1:30 🏹 SingFit! 2:15 🏠 Baking with Kelly [MCS] 2:30 🧩 Bean Bag Toss 3:00 ❤️ Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Noodle Ball 8 10:30 ❤️ Drumming with Chris 1:00 🏹 Jumbo Soccer 1:30 🧩 Sing A Long 2:30 ❤️ Everyone Has a Story Special Edition: Charles Devlin [BST] 3:00 🏠 Snack and Chat 3:30 🏠 Finish the Phrase 4:00 ❤️ Hand Massages	10:00 🏹 Sit and Be Fit 9 10:00 ☀️ Sunshine Club 10:45 🧩 Daily Chronicle 1:30 🏹 Dance Party! 2:00 🧩 Famous Faces 2:00 ❤️ Spa Time! [MCS] 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	National House Plant Appreciation Day 10 10:00 ☀️ Sunshine Club 10:00 🏹 Zumba with Janette! 10:30 💡 Daily Chronicle 10:45 🧩 Would You Rather.. 11:30 🧩 Lunch Outing 1:30 🏹 SingFit! 2:00 🏠 Plant Nursery 2:00 ☀️ Sensory Sensations 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Exercise it! 11 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 💡 Give Me Five! 1:30 ❤️ Songs by Heart 2:30 ☀️ Sensory Sensations 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	National Hot Tea 12 10:00 🏹 Rock Steady [MCS] 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 🧩 Name That Tune 1:30 🏹 SingFit! 2:30 🏠 Bringing Up Baby 3:00 🏹 Tea Tasting 3:30 🧩 Short Stories 4:00 ☀️ Hand Massages	10:00 🏹 Moving for Mobility [MCS] 13 10:00 ☀️ Sunshine Club 10:45 💡 Daily Chronicle 1:30 🏹 Dance it Out! 2:00 🧩 Puzzles 2:30 ☀️ Snack and Chat 3:00 🧩 Hymn Sing with Q 4:00 ☀️ Mindful Meditations
	10:00 🏹 Commit To Be Fit 14 10:45 💡 Daily Chronicle 1:30 🏹 SingFit! 2:00 🧩 Bagel Social 2:30 🧩 Bean Bag Toss 3:00 ❤️ Snack and Chat 4:00 🏠 Finish the Lyric	Martin Luther King, Jr. Day 15 10:00 🏹 Noodle Ball 10:30 🌱 Nature Workshop with Alyse 1:00 🏹 Jumbo Soccer 1:30 🧩 Sing A Long 2:00 💡 Remembering Dr. King 2:30 ❤️ We Shall Overcome 3:00 🏠 Snack and Chat 3:30 🏠 Finish the Phrase 4:00 ❤️ Hand Massages	National Fig Newton Day 16 10:00 ❤️ Music Therapy with Nancy 10:00 ☀️ Sunshine Club 10:45 🧩 Daily Chronicle 1:30 🏹 Dance Party! 2:00 🧩 Fig Newton Social 2:00 ❤️ Spa Time! [MCS] 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	10:00 ☀️ Sunshine Club 17 10:00 🏹 Zumba with Janette! 10:30 💡 Daily Chronicle 10:45 🧩 Would You Rather.. 1:30 🏹 SingFit! 2:00 ☀️ Sensory Sensations 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Exercise it! 18 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 💡 Give Me Five! 1:30 ❤️ Songs by Heart 2:30 ☀️ Sensory Sensations 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Rock Steady [MCS] 19 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 🧩 French Trivia 1:30 🏹 SingFit! 2:15 🧩 Picture it! Story Telling 3:00 ❤️ Snack and Chat 3:30 🧩 Short Stories 4:00 ☀️ Hand Massages	National Cheese Lovers Day! 20 10:00 🏹 Moving for Mobility [MCS] 10:00 ☀️ Sunshine Club 10:45 💡 Daily Chronicle 1:30 🏹 Balloon Toss 2:00 🧩 Puzzles 2:30 🧩 Cheese Tasting 3:00 🧩 Hymn Sing with Q 4:00 ☀️ Mindful Meditations
	10:00 🏹 Commit To Be Fit 21 10:45 💡 Daily Chronicle 1:30 🏹 SingFit! 2:15 🏠 Baking with Kelly 2:30 🧩 Bean Bag Toss 3:00 ❤️ Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Noodle Ball 22 10:30 Daily Chronicle [2LVR] 1:00 🏹 Jumbo Soccer 1:30 🧩 Sing A Long 3:00 🏠 Snack and Chat 3:30 🏠 Finish the Phrase 4:00 ❤️ Hand Massages	National Pie Day! 23 10:00 🏹 Sit and Be Fit 10:00 ☀️ Sunshine Club 10:45 🧩 Daily Chronicle 1:30 🏹 Dance Party! 2:00 🏠 Baking Club-Mini Pies 2:00 ❤️ Spa Time! [MCS] 3:00 🏠 Pie Trivia Fun 4:00 🏠 Finish the Lyric	National Peanut Butter Day 24 10:00 ☀️ Sunshine Club 10:00 🏹 Zumba with Janette! 10:30 💡 Daily Chronicle 10:45 🧩 Would You Rather.. 1:30 🏹 SingFit! 2:00 🧩 Peanut Butter Social 2:00 ☀️ Sensory Sensations 3:00 🏠 Noodle Ball 4:00 🏠 Finish the Lyric	10:00 🏹 Exercise it! 25 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 💡 Give Me Five! 1:30 ❤️ Songs by Heart 2:30 ☀️ Sensory Sensations 3:00 🏠 Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Rock Steady [MCS] 26 10:00 ☀️ Sunshine Club 10:30 💡 Daily Chronicle 10:45 🧩 Name That Tune 1:30 🏹 SingFit! 3:00 ❤️ Snack and Chat 3:30 🧩 Short Stories 4:00 ☀️ Hand Massages	10:00 🏹 Moving for Mobility [MCS] 27 10:00 ☀️ Sunshine Club 10:45 💡 Daily Chronicle 1:30 🏹 Dance it Out! 2:00 🧩 Puzzles 2:30 ☀️ Snack and Chat 3:00 🧩 Hymn Sing with Q 4:00 ☀️ Mindful Meditations
	10:00 🏹 Commit To Be Fit 28 10:45 💡 Daily Chronicle 1:30 🏹 SingFit! 2:30 🧩 Bean Bag Toss 3:00 ❤️ Snack and Chat 4:00 🏠 Finish the Lyric	10:00 🏹 Noodle Ball 29 10:30 Daily Chronicle [2LVR] 1:00 🏹 Jumbo Soccer 1:30 🧩 Sing A Long 2:00 ❤️ Reminiscing-Growing Up With Siblings 3:00 🏠 Snack and Chat 3:30 🏠 Finish the Phrase 4:00 ❤️ Hand Massages	National Croissant Day 30 10:00 🏠 Move & Groove with Q 10:00 ☀️ Sunshine Club 10:45 🧩 Daily Chronicle 1:30 🏹 Dance Party! 2:00 🧩 Coffee and Croissant Social 3:00 ❤️ Spa Time! [MCS] 3:30 💡 Take Me To France 4:00 🏠 Finish the Lyric	National Hot Chocolate Day 31 10:00 ☀️ Sunshine Club 10:00 🏹 Zumba with Janette! 10:30 💡 Daily Chronicle 10:45 🧩 Would You Rather.. 2:00 🧩 Birthday Bash 3:00 🏠 Hot Chocolate Bar 4:00 🏠 Finish the Lyric	Resident Birthdays Ed L. 1/1 Sonia H. 1/18 Irma L. 1/18 Larry L. 1/22 Bertha H. 1/24 Burt K. 1/31		All activities are subject to change to accommodate the wants and needs of the community