

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Resident Birthdays Blanche F. 9/12 Stanley F. 9/17 Jean S. 9/17 Mildred K. 9/18 Yaeko F. 9/23	Location Keys 2nd FL Living Room AL 2nd FL Activity Room AL 4th FL Theater Assisted Living Patio Bistro Crown Dining Room-3rd Floor Independent Living Fitness Center Independent Living Cafe Independent Living Game Room-4th Floor Independent Living Theater-3rd Floor Mezzanine Activity Room Mezzanine Library Outing 2LVR AAR ALT ALP BST CDR FC ILC ILGR ILT Mez ML OUT	Creative Arts Emotional Health and Wellness Intellectual Nature Purposeful Recreation and Leisure Restorative Spiritual	10:00 🏃 Exercise It! [AAR] 1 10:30 📖 Daily Chronicle [AAR] 11:00 🌿 Garden Walks [ALP] 1:30 🏃 Fitness with Arthur [AAR] 2:00 🏃 Chair Yoga [FC] 3:00 🎲 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:15 🎬 Movie Night [ALT]	9:30 🦋 Carrington Community Church [BST] 2 10:30 📖 News and Views [AAR] 11:00 🏃 Moving For Mobility [AAR] 1:00 🧩 Puzzles on the Patio [ALP] 1:30 🌿 Gardening Club [ALP] 2:00 🎬 Afternoon Cinema-Eat Pray Love [ALT]		
8:35 🦋 Edgebrook Lutheran Church [OUT] 3 10:00 🏃 Move and Groove [AAR] 10:30 📖 Daily Chronicle [AAR] 10:35 🦋 Queen of All Saints Basilica [OUT] 2:00 🎲 Bingo With Trudy [ILC] 2:00 Sunday Musical Matinee-LaLa Land [ALT] 3:00 🎹 Piano Parlor with Patrick [BST]	Labor Day 4 10:00 🏃 Sit and Be Fit [AAR] 10:30 📖 Daily Chronicle [AAR] 11:00 🎲 Labor Day Cook Out 1:30 🎨 Creative Studio [AAR] 2:00 🏃 Big Band Dancing with Martha [FC] 3:00 🎲 Bingo! [AAR] 6:15 🎬 Movie Night [ALT]	10:00 📖 Daily Chronicle [AAR] 5 10:30 🏃 Fitness with Arthur [AAR] 11:00 📖 Current Events [BST] 1:30 🌿 Relax and Breathe with Meryl 1:30 📖 Trivia [AAR] 2:15 🎬 Culinary Creations with Julie [AAR] 6:15 🎬 Movie Night [ALT]	10:00 📖 Daily Chronicle [AAR] 6 10:45 🏃 Zumba with Jeanette! [AAR] 1:00 🦋 Bible Study with Suzanne [ML] 1:30 🏃 Exercise with Arthur [FC] 3:00 🎲 Happy Hour [BST] 6:15 🎬 Movie Night [ALT] 7:00 🎬 Silver Screen-Footnote [BST]	10:00 🏃 Move and Groove [AAR] 7 10:45 📖 Daily Chronicle [2LVR] 1:00 🦋 Rosary [ML] 1:30 🏃 Exercise with Arthur [FC] 2:30 🎨 Hollywood Musical Moments [ALT] 3:00 🎨 Hotsie Totsie Voices Rehearsal [BST] 6:15 🎬 Movie Night [ALT]	10:00 🏃 Exercise It! [AAR] 8 10:00 🦋 Jewish Holidays with Anita [CDR] 10:30 📖 Daily Chronicle [AAR] 1:30 🏃 Fitness with Arthur [AAR] 2:00 🏃 Chair Yoga [FC] 3:00 🎲 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 6:15 🎬 Movie Night [ALT]	9:30 🦋 Carrington Community Church [BST] 9 10:30 📖 News and Views [AAR] 11:00 📖 Daily Chronicle [AAR] 11:00 🏃 Moving For Mobility [AAR] 1:30 🌿 Gardening Club [ALP] 2:00 🎬 Afternoon Cinema-Some Like It Hot [ALT] 7:00 🎬 Cabaret Concert with Carla Gordon [BST]
8:35 🦋 Edgebrook Lutheran Church [OUT] 10 10:00 🏃 Move and Groove [AAR] 10:30 📖 Daily Chronicle [AAR] 10:35 🦋 Queen of All Saints Basilica [OUT] 2:00 🎲 Bingo With Trudy [ILC] 2:00 Sunday Musical Matinee- Chicago [ALT] 3:00 🦋 Hymn Sing with AnnaMarie and Mary [BST] 4:00 📖 Trivia! [AAR]	10:00 🦋 New! Bible Study with Chris 11 10:00 🏃 Sit and Be Fit [AAR] 10:30 📖 Daily Chronicle [AAR] 11:00 🎲 Arm Chair Travels with Rick Steves [AAR] 1:30 🎨 Creative Studio [AAR] 2:00 🏃 Line Dancing with Martha! [FC] 3:00 🎲 Bingo! [AAR] 6:15 🎬 Movie Night [ALT] 7:00 🎨 Love Letters [BST]	10:00 📖 Daily Chronicle [AAR] 12 10:30 🏃 Fitness with Arthur [AAR] 11:00 📖 Current Events [BST] 1:30 🎨 Opera Club [ILT] 2:00 🎨 Painting with Colleen [AAR] 6:15 🎬 Movie Night [ALT]	10:00 📖 Daily Chronicle [AAR] 13 10:00 🏃 Med Talk: Horticulture Therapy [BST] 10:45 🏃 Zumba with Jeanette! [AAR] 1:30 🏃 Exercise with Arthur [FC] 2:00 🎬 Food and Beverage Meeting AL [ALT] 3:00 🎲 Happy Hour [BST] 6:15 🎬 Movie Night [ALT] 7:00 🎬 Silver Screen-Menashe [BST]	10:00 🏃 Move and Groove [AAR] 14 10:30 🎨 Art History with Debra: Gustav Klimt 10:30 📖 Daily Chronicle [2LVR] 1:00 🦋 Rosary [ML] 1:30 🏃 Exercise with Arthur [FC] 2:00 📖 Book Club [2LVR] 2:00 🎲 Card/Board Games [AAR] 3:00 🎨 Hotsie Totsie Voices Rehearsal [BST] 6:15 🎬 Movie Night [ALT]	Rosh Hashanah Begins 15 10:00 🏃 Exercise It! [AAR] 10:30 📖 Daily Chronicle [AAR] 10:30 🎬 Veteran's Club [ILGR] 1:30 🏃 Fitness with Arthur [AAR] 2:00 🏃 Chair Yoga [FC] 3:00 🎲 Bingo! [AAR] 4:30 🦋 Shabbat [BST] 5:00 🦋 Rosh Hashanah Dinner 6:15 🎬 Movie Night [ALT] 7:00 🦋 Rosh Hashanah Service [BST]	9:30 🦋 Carrington Community Church [BST] 16 10:30 📖 News and Views [AAR] 10:30 🦋 Rosh Hashanah Service [BST] 11:00 📖 Daily Chronicle [AAR] 11:00 🏃 Moving For Mobility [AAR] 1:30 🌿 Gardening Club [ALP] 2:00 🎬 Afternoon Cinema - Bonnie and Clyde [ALT]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:35 🦋 Edgebrook Lutheran Church [OUT] 17</p> <p>10:00 ➡ Move and Groove [AAR]</p> <p>10:30 💡 Daily Chronicle [AAR]</p> <p>10:35 🦋 Queen of All Saints Basilica [OUT]</p> <p>2:00 🧑‍🦯 Bingo With Trudy [ILC]</p> <p>2:00 🧑‍🦯 Sunday Musical Matinee - Hairspray [ALT]</p> <p>4:00 💡 Trivia! [AAR]</p>	<p>10:00 ➡ Sit and Be Fit [AAR] 18</p> <p>10:30 💡 Daily Chronicle [AAR]</p> <p>11:00 🧑‍🦯 Arm Chair Travels with Rick Steves [AAR]</p> <p>12:30 🧑‍🦯 Kindness Chains Boutique [ILC]</p> <p>1:30 🎨 Creative Studio [AAR]</p> <p>2:00 ➡ Big Band Dancing with Martha [FC]</p> <p>2:30 ❤️ Everyone Has a Story-Bernie [BST]</p> <p>3:00 🧑‍🦯 Bingo! [AAR]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p>	<p>10:00 💡 Daily Chronicle [AAR] 19</p> <p>10:30 ➡ Fitness with Arthur [AAR]</p> <p>11:00 💡 Current Events [BST]</p> <p>1:30 💡 Who am I</p> <p>2:00 🌿 Relax and Breathe with Meryl</p> <p>2:15 🧑‍🦯 Silver Screen Biographies: Jimmy Stewart [ALT]</p> <p>3:30 🧑‍🦯 Card Games [AAR]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p>	<p>10:00 💡 Daily Chronicle [AAR] 20</p> <p>10:45 ➡ Zumba with Jeanette! [AAR]</p> <p>11:00 🌿 Bird Trivia with Alyse [BST]</p> <p>1:00 🦋 Bible Study with Suzanne [ML]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>3:00 🧑‍🦯 Happy Hour [BST]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p> <p>7:00 🧑‍🦯 Silver Screen-Jews of the Wild West [BST]</p>	<p>10:00 ➡ Move and Groove [AAR] 21</p> <p>10:30 💡 Daily Chronicle [2LVR]</p> <p>11:00 ➡ Garden Walks [ALP]</p> <p>1:00 🦋 Rosary [ML]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:30 🎭 Classic Comedy Hour [ALT]</p> <p>3:00 🎭 Hotsie Totsie Voices Rehearsal [BST]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p> <p>7:00 🧑‍🦯 Michael Leirch Jazz Ensemble [BST]</p>	<p>10:00 ➡ Exercise It! [AAR] 22</p> <p>10:30 💡 Daily Chronicle [AAR]</p> <p>11:00 🌿 Garden Walks [ALP]</p> <p>11:00 ❤️ Sing A Long with AnnaMarie! [2LVR]</p> <p>1:30 ➡ Fitness with Arthur [AAR]</p> <p>2:00 ➡ Chair Yoga [FC]</p> <p>3:00 🧑‍🦯 Bingo! [AAR]</p> <p>4:30 🦋 Shabbat [BST]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p>	<p>9:30 🦋 Carrington Community Church [BST] 23</p> <p>10:30 💡 News and Views [AAR]</p> <p>11:00 💡 Daily Chronicle [AAR]</p> <p>11:00 ➡ Moving For Mobility [AAR]</p> <p>1:30 🌿 Gardening Club [ALP]</p> <p>2:00 🧑‍🦯 Afternoon Cinema - My Big Fat Greek Wedding [ALT]</p>
<p>Yom Kippur (Begins at Sundown) 24</p> <p>8:35 🦋 Edgebrook Lutheran Church [OUT]</p> <p>10:00 ➡ Move and Groove [AAR]</p> <p>10:30 💡 Daily Chronicle [AAR]</p> <p>10:35 🦋 Queen of All Saints Basilica [OUT]</p> <p>2:00 🧑‍🦯 Bingo With Trudy [ILC]</p> <p>2:00 🧑‍🦯 Sunday Musical Matinee - Mamma Mia! [ALT]</p> <p>4:00 💡 Trivia! [AAR]</p> <p>7:00 🦋 Yom Kippur Service [BST]</p>	<p>10:00 ➡ Sit and Be Fit [AAR] 25</p> <p>10:30 💡 Daily Chronicle [AAR]</p> <p>10:30 🦋 Yom Kippur Service [BST]</p> <p>11:00 🧑‍🦯 Arm Chair Travels with Rick Steves [AAR]</p> <p>1:30 🎨 Creative Studio [AAR]</p> <p>2:00 ➡ Line Dancing with Martha! [FC]</p> <p>3:00 🧑‍🦯 Bingo! [AAR]</p> <p>4:30 🦋 Concluding Service Yom Kippur [BST]</p> <p>5:00 🦋 Yom Kippur Meal</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p>	<p>10:00 💡 Daily Chronicle [AAR] 26</p> <p>10:30 ➡ Fitness with Arthur [AAR]</p> <p>11:00 💡 Movie Trivia [AAR]</p> <p>2:00 🏠 AL Resident Town Hall [2LVR]</p> <p>3:30 🧑‍🦯 Card Games [AAR]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p>	<p>10:00 💡 Daily Chronicle [AAR] 27</p> <p>10:45 ➡ Zumba with Jeanette! [AAR]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>3:00 🧑‍🦯 Happy Hour [BST]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p> <p>7:00 🧑‍🦯 Silver Screen-Munich [BST]</p>	<p>10:00 💡 Daily Chronicle [2LVR] 28</p> <p>10:30 ❤️ Drumming with Chris! [Mez]</p> <p>1:00 🦋 Rosary [ML]</p> <p>1:30 ➡ Exercise with Arthur [FC]</p> <p>2:30 🧑‍🦯 September Birthday Party! [AAR]</p> <p>3:00 🎭 Hotsie Totsie Voices Rehearsal [BST]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p>	<p>10:00 ➡ Exercise It! [AAR] 29</p> <p>10:30 💡 Daily Chronicle [AAR]</p> <p>11:00 💡 Who am I [AAR]</p> <p>1:30 ➡ Fitness with Arthur [AAR]</p> <p>2:00 ➡ Chair Yoga [FC]</p> <p>3:00 🧑‍🦯 Bingo! [AAR]</p> <p>4:30 🦋 Shabbat [BST]</p> <p>6:15 🧑‍🦯 Movie Night [ALT]</p>	<p>9:30 🦋 Carrington Community Church [BST] 30</p> <p>10:30 💡 News and Views [AAR]</p> <p>11:00 💡 Daily Chronicle [AAR]</p> <p>11:00 ➡ Moving For Mobility [AAR]</p> <p>1:30 🌿 Gardening Club [ALP]</p> <p>2:00 🧑‍🦯 Afternoon Cinema-While You Were Sleeping [ALT]</p>

Resident Birthdays

Blanche F.	9/12
Stanley F.	9/17
Jean S.	9/17
Mildred K.	9/18
Yaeko F.	9/23

Location Keys

2nd FL Living Room	2LVR
AL 2nd FL Activity Room	AAR
AL 4th FL Theater	ALT
Assisted Living Patio	ALP
Bistro	BST
Crown Dining Room-3rd Floor Independent Living	CDR
Fitness Center	FC
Independent Living Cafe	ILC
Independent Living Game Room-4th Floor	ILGR
Independent Living Theater-3rd Floor	ILT
Mezzanine Activity Room	Mez
Mezzanine Library	ML
Outing	OUT

- 🎨 Creative Arts
- ❤️ Emotional
- ➡ Health and Wellness
- 💡 Intellectual
- 🌿 Nature
- 🏠 Purposeful
- 🧑‍🦯 Recreation and Leisure
- 🌿 Restorative
- 🦋 Spiritual



All Activities are subject to change.

Please refer to the daily schedule for the most up to date calendar.