































































































































































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 THE CARRINGTON AT LINCOLNWOOD	Resident Birthdays William T. 6/3 Severino D. 6/8 Lester M. 6/14 Elizabeth S. 6/16 Susanne L. 6/17 Paula C. 6/22 Kathryn W. 6/27 Helen J. 6/30	Location Keys 2nd FL Living Room AL 2nd FL Activity Room AL 4th FL Theater Assisted Living Patio Bistro Independent Living Game Room-4th Floor Independent Living Theater-3rd Floor Memory Care Patio Mezzanine Activity Room Outing	<ul style="list-style-type: none">  Animal Therapy  Creative Arts  Emotional  Health and Wellness  Intellectual  Music  Nature  Purposeful  Recreation and Leisure  Restorative  Spiritual 	10:00  Commit To Be Fit [AAR] 1 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Pen Pal Day! [AAR] 12:30  Wii Fun! [AAR] 2:00  Card/Board Games [AAR] 3:00  Travelogue- Ontario, Canada [AAR] 4:00  Virtual Concert [AAR]	2 10:00  Daily Chronicle [AAR] 10:15  Wordle [AAR] 10:30  Gentle Be Moved [AAR] 11:00  Sing A Long! [AAR] 12:30  Wii Fun! [AAR] 2:30  Donuts & Coffee Social [AAR] 3:00  Bingo! [AAR] 4:00  Social Circle [AAR] 4:30  Shabbat [BST]	3 9:30  Carrington Community Church [BST] 10:30  Chair Volleyball [AAR] 11:00  Daily Chronicle [AAR] 11:15  Wordle [AAR] 12:30  Wii Fun! [AAR] 1:30  Gardening Club [ALP] 2:30  Afternoon Cinema [ALT] 4:00  Theater Clean Up [ALT]
4 8:35  Edgebrook Lutheran Church [OUT] 9:35  First Korean Presbyterian Church [OUT] 10:00  Chair Yoga [AAR] 10:30  Daily Chronicle [AAR] 10:35  Queen of All Saints Basilica [OUT] 10:45  Wordle [AAR] 11:00  National Garden Week! [AAR] 12:30  Wii Fun! [AAR] 2:00  Bingo With Trudy [MCP] 2:00  Gardening Club [ALP] 3:00  Sit Back & Chat [ALP] 3:30  TED Talk [AAR] 4:00  Trivia! [AAR]	5 10:00  Zumba and Laughter Yoga [Mez] 10:45  News and Views [Mez] 11:00  Attitudes of Gratitude [Mez] 12:30  Wii Fun! [AAR] 2:00  Who, What, Where [AAR] 3:00  Bingo! [AAR] 4:00  Virtual Concert [AAR]	6 10:00  Commit To Be Fit [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Current Events [BST] 12:30  Wii Fun! [AAR] 1:30  Opera Club [ILT] 2:00  Life Enrichment Meeting [AAR] 2:30  Pop-up Cinema [AAR] 4:00  Carrington Walks [2LVR]	7 10:00  Weight Exercises [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Wiser Now Wednesday [AAR] 12:30  Wii Fun! [AAR] 2:00  The \$64,000 Question [AAR] 3:00  Happy Hour [BST]	8 10:00  Commit To Be Fit [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Trivia [AAR] 12:30  Wii Fun! [AAR] 2:00  Janet & Grant! [ALT] 3:00  Afternoon Documentary [ALT] 4:00  Theater Clean Up [ALT]	9 10:00  Exercise It! [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Sing A Long! [AAR] 12:30  Wii Fun! [AAR] 2:00  Cranium Crunches [AAR] 3:00  Bingo! [AAR] 4:00  Social Circle [AAR] 4:30  Shabbat [BST]	10 9:30  Carrington Community Church [BST] 10:30  Chair Volleyball [AAR] 11:00  Daily Chronicle [AAR] 11:15  Wordle [AAR] 12:30  Wii Fun! [AAR] 1:30  Gardening Club [ALP] 2:30  Afternoon Cinema [ALT] 4:00  Theater Clean Up [ALT]
11 8:35  Edgebrook Lutheran Church [OUT] 9:35  First Korean Presbyterian Church [OUT] 10:00  Chair Yoga [AAR] 10:30  Daily Chronicle [AAR] 10:35  Queen of All Saints Basilica [OUT] 10:45  Wordle [AAR] 11:00  Tech Corner [AAR] 12:30  Wii Fun! [AAR] 2:00  Bingo With Trudy [MCP] 2:00  Gardening Club [ALP] 3:00  Sit Back & Chat [ALP] 4:00  Trivia! [AAR]	12 10:00  Zumba and Laughter Yoga [Mez] 10:45  News and Views [Mez] 11:00  Attitudes of Gratitude [Mez] 12:30  Wii Fun! [AAR] 2:00  Who, What, Where [AAR] 3:00  Bingo! [AAR] 4:00  Virtual Concert [AAR]	13 10:00  Botanic Outing [OUT] 10:00  Commit To Be Fit [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Current Events [BST] 12:30  Wii Fun! [AAR] 2:00  Popup Cinema! [AAR] 4:00  Carrington Walks [2LVR]	14 10:00  Weight Exercises [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Jumbo Crossword Puzzle [AAR] 12:30  Wii Fun! [AAR] 1:30  Food Committee Meeting [ALT] 3:00  Happy Hour [BST]	15 10:00  Commit To Be Fit [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Carrington Walks [AAR] 12:30  Wii Fun! [AAR] 2:00  Resident Meeting [ALT] 3:30  Card & Board Games [AAR] 4:00  TED Talk [AAR]	16 10:00  Exercise It! [AAR] 10:30  Daily Chronicle [AAR] 10:45  Wordle [AAR] 11:00  Sing A Long! [AAR] 11:00  Veteran's Club [ILGR] 12:30  Wii Fun! [AAR] 2:00  Ice Cream Social [AAR] 3:00  Bingo! [AAR] 4:00  Social Circle [AAR] 4:30  Shabbat [BST]	17 9:30  Carrington Community Church [BST] 10:30  Chair Volleyball [AAR] 11:00  Daily Chronicle [AAR] 11:15  Wordle [AAR] 12:30  Wii Fun! [AAR] 1:30  Gardening Club [ALP] 2:30  Afternoon Cinema [ALT] 4:00  Theater Clean Up [ALT]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Father's Day 18 8:35 🦋 Edgebrook Lutheran Church [OUT] 9:35 🦋 First Korean Presbyterian Church [OUT] 10:00 ➡ Chair Yoga [AAR] 10:30 💡 Daily Chronicle [AAR] 10:35 🦋 Queen of All Saints Basilica [OUT] 10:45 💡 Wordle [AAR] 11:00 🇺🇸 Happy Father's Day! [AAR] 11:30 ❤️ Father's Day Brunch 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Bingo With Trudy [MCP] 2:00 🌿 Gardening Club [ALP] 3:00 🍺 Beer & Chat [ALP] 4:00 💡 Trivia! [AAR]	10:00 ➡ Zumba and Laughter Yoga [Mez] 19 10:45 💡 News and Views [Mez] 11:00 ❤️ Attitudes of Gratitude [Mez] 11:00 💡 Celebrating Juneteenth [Mez] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Who, What, Where [AAR] 3:00 🎮 Bingo! [AAR] 4:00 ❤️ Virtual Concert [AAR]	10:00 ➡ Commit To Be Fit [AAR] 20 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Wordle [AAR] 11:00 💡 Current Events [BST] 12:30 🎮 Wii Fun! [AAR] 2:00 🍳 Cookin' For One! [AAR] 4:00 ➡ Carrington Walks [2LVR]	10:00 ➡ Weight Exercises [AAR] 21 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Wordle [AAR] 11:00 🌿 Nature Talks With Alyse [BST] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Travelogue [AAR] 3:00 🎮 Happy Hour [BST] 4:00 🎮 Longest Day Luau!	10:00 ➡ Commit To Be Fit [AAR] 22 10:30 💡 Daily Chronicle [AAR] 10:45 Wordle [AAR] 11:00 💡 Jumbo Crossword Puzzle [AAR] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Afternoon Cinema [ALT] 4:00 🇺🇸 Theater Clean Up [ALT]	10:00 ➡ Exercise It! [AAR] 23 10:30 Daily Chronicle [AAR] 10:45 💡 Wordle [AAR] 11:00 🎵 Sing A Long! [AAR] 12:30 🎮 Wii Fun! [AAR] 2:00 🍷 Friday Manicures! [AAR] 3:00 🎮 Bingo! [AAR] 4:00 🦋 Social Circle [AAR] 4:30 🦋 Shabbat [BST]	9:30 🦋 Carrington Community Church [BST] 24 10:30 ➡ Chair Volleyball [AAR] 11:00 💡 Daily Chronicle [AAR] 11:15 💡 Wordle [AAR] 12:30 🎮 Wii Fun! [AAR] 1:30 🌿 Gardening Club [ALP] 2:30 🎮 Afternoon Cinema [ALT] 4:00 🇺🇸 Theater Clean Up [ALT]
8:35 🦋 Edgebrook Lutheran Church [OUT] 25 9:35 🦋 First Korean Presbyterian Church [OUT] 10:00 ➡ Chair Yoga [AAR] 10:30 💡 Daily Chronicle [AAR] 10:35 🦋 Queen of All Saints Basilica [OUT] 10:45 💡 Wordle [AAR] 11:00 💡 Tech Corner [AAR] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Bingo With Trudy [MCP] 2:00 🌿 Gardening Club [ALP] 3:00 🍺 Sit Back & Chat [ALP] 4:00 💡 Trivia! [AAR]	10:00 ➡ Zumba and Laughter Yoga [Mez] 26 10:45 💡 News and Views [Mez] 11:00 ❤️ Attitudes of Gratitude [Mez] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Who, What, Where [AAR] 3:00 🎮 Bingo! [AAR] 4:00 ❤️ Virtual Concert [AAR]	10:00 ➡ Commit To Be Fit [AAR] 27 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Wordle [AAR] 11:00 💡 Jumbo Crossword Puzzle [AAR] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Painting with Colleen [AAR] 4:00 ➡ Carrington Walks [2LVR]	10:00 ➡ Weight Exercises [AAR] 28 10:30 💡 Daily Chronicle [AAR] 10:45 💡 Wordle [AAR] 11:00 🦋 June Pray Everyday [AAR] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Birthday Bash! [AAR] 4:00 💡 Cranium Crunches [AAR]	10:00 ➡ Commit To Be Fit [AAR] 29 10:20 ❤️ Myra the Therapy Dog Visits! [AAR] 10:30 💡 Daily Chronicle [AAR] 10:45 Wordle [AAR] 11:00 💡 Jumbo Crossword Puzzle [AAR] 12:30 🎮 Wii Fun! [AAR] 2:00 🎮 Afternoon Cinema [ALT] 4:00 🇺🇸 Theater Clean Up [ALT]	10:00 ➡ Exercise It! [AAR] 30 10:30 Daily Chronicle [AAR] 10:45 💡 Wordle [AAR] 11:00 🎵 Sing A Long! [AAR] 12:30 🎮 Wii Fun! [AAR] 2:00 💡 June 30th Special Days [AAR] 3:00 🎮 Bingo! [AAR] 4:00 🍷 Social Circle [AAR] 4:30 🦋 Shabbat [BST]	"Gaze upward, look inward, reach outward, press forward." – Thomas S. Monson

Resident Birthdays

William T.	6/3
Severino D.	6/8
Paula C.	6/22
Kathryn W.	6/27
Helen J.	6/30

Activity Legend

- 🐾 Animal Therapy
- 🎨 Creative Arts
- ❤️ Emotional
- ➡ Health and Wellness
- 💡 Intellectual
- 🎵 Music
- 🌿 Nature
- 🇺🇸 Purposeful
- 🎮 Recreation and Leisure
- 🍷 Restorative
- 🦋 Spiritual

Location Keys

2nd FL Living Room	2LVR
AL 2nd FL Activity Room	AAR
AL 4th FL Theater	ALT
Assisted Living Patio	ALP
Bistro	BST
Independent Living Game Room-4th Floor	ILGR
Independent Living Theater-3rd Floor	ILT
Memory Care Patio	MCP
Mezzanine Activity Room	Mez
Outing	OUT

3501 Northeast Pkwy
Lincolnwood, IL 60712
(847) 973-6262

All Activities are subject to change.
Please refer to the daily schedule for the most up to date calendar.