Assisted Living Activities Calendar March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend **CAF** IL Fl-1 Cafe **IOT** IL FL-1 Lobby **I3T** IL Fl-3 Theater **I4G** IL Fl-4 Games **IOT** AL Fl-1 Outing Lobby **I3A** IL FL-3 Activity/Ping Pong **I3D** IL FL-3 Dining Room **A2E** AL Fl-2 Life Enrichment **A2V** AL Fl-2 Living Room **A3V** AL Fl-3 Living Room **A4T** AL Fl-4 Theater **A4V** AL Fl-4 Living Room **A3E** AL Fl-3 Life Enrichment **APT** AL Fl-1 Patio **ADN** AL Dining Room **BST** IL Fl-1 Bistro **I4V** IL Fl-4 Living Room			1 10am Band Exercises (A2E) 10:30am Daily Chronicle (A2V) 10:45am Wordle (A2E) 11am Joyful Reflection (A2E) 2pm Dominoes (A2E) 3pm Happy Hour with Chicago Ed! (BST) 4pm Crochet Social Circle (A2E)	2 10am Commit to be Fit (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Where In The World? (Island Edition) (A2E) 2pm Painting on Canvas (A2E) 3pm Choir Rehearsal (BST) 4pm Virtual Concert- Elvis (A2E)	3 10am Chair Yoga (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Medicare Benefits Presentation (BST) 11am Name That Instrument (A2E) 2pm Bingo! (A2E) 3pm Book Club (A2V) 3pm Tech Support with Daniel (I3A) 4pm Horse Show (A2E)	4 9:30am Carrington Community Church (BST) 10am Jumbo Soccer (A2E) 10:30am Daily Chronicle (A2E) 10:45am Shabbat (A3V) 11am March Modern Jeopardy (A2E) 2pm Trinity Irish Dancers! (A4T) 3:30pm Fill in the Phrase (A2E) 4pm Sit & Chat (A4T)
5 8:30am Edgebrook Lutheran Church (IOT) 9:30am First Korean Presbyterian Church (IOT) 10am Chair Volleyball (A2E) 10:30am Daily Chronicle (A2E) 10:30am Queen of All Saints Basilica (IOT) 10:45am Wordle (A2E) 11am Make Joyful Noise With Annamarie (A2V) 2pm Bingo with Trudy (CAF) 2pm Afternoon Cinema (A4T) 4pm Sunday Manicures (A2E)	6 10am Zumba & Laughing Yoga (A3E) 10:45am Daily Chronicle (A3E) 11am Remembering Michelangelo (A3E) 2pm Bake a Cake (A2E) 3pm Bingo! (A2E) 3pm Carrington Cares Committee (I4V) 4pm Categories (A2E) 7pm Purim Spiel and Celebration (BST)	7 10am Weight Exercises (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Mesmerizing Bird Migration (A2E) 1:30pm Opera Club (I3T) 2pm Popup Cinema! (A4T) 3pm Story Time with Trudy (I4V) 3-4pm Tech Support with Daniel (I3A) 4pm Social Talk (A2V)	8 10am Band Exercises (A2E) 10am MedTalk with Pat (BST) 10:30am Daily Chronicle (A2V) 10:45am Wordle (A2E) 11am Riddle Me This (A2E) 1:30pm Food Committee (A4T) 3pm Happy Hour with Randy Walker! (BST) 4pm Crossword/Word Search (A2E)	9 10am Commit to be Fit (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Name That Instrument (A2E) 2pm Painting On Canvas (A2E) 3pm Choir Rehearsal (BST) 4pm Virtual Opera (A2E)	10 10am Chair Yoga (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Where in the World? (A2E) 2pm Sing a Long (A2E) 3pm Bingo! (A2E) 3pm Tech Support with Daniel (I3A) 4pm Tea & Sympathy (A2E)	11 9:30am Carrington Community Church (BST) 10am Chair Volleyball (A2E) 10:30am Daily Chronicle (A2E) 10:45am Shabbat (A3V) 11am March Jeopardy Trivia (A2E) 2pm Afternoon Cinema (A4T) 4pm Theater Cleanup (A4T)
12 8:30am Edgebrook Lutheran Church (IOT) 9:30am First Korean Presbyterian Church (IOT) 10am Chair Volleyball (A2E) 10:30am Daily Chronicle (A2E) 10:30am Queen of All Saints Basilica (IOT) 10:45am Wordle (A2E) 11am Make Joyful Noise With Annamarie (A2V) 2pm Bingo with Trudy (CAF) 2pm Afternoon Cinema (A4T) 4pm Sunday Manicures (A2E)	13 10am Zumba & Laughing Yoga (A3E) 10:45am Daily Chronicle (A3E) 11am This or That (A3E) 2pm Sandwich Making (A2E) 3pm Bingo! (A2E) 4pm Ring Toss (A2E)	14 10am Weight Exercises (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Do You Hear What I Hear? (A2E) 2pm Painting with Colleen (A2E) 3pm Story Time with Trudy (I4V) 3-4pm Tech Support with Daniel (I3A) 4pm Leisurely Walk (A2V)	15 10am Band Exercises (A2E) 10am MedTalk with Katie (BST) 10:30am Daily Chronicle (A2V) 10:45am Wordle (A2E) 11am Nature Talks with Alyse (BST) 2pm City Streets to Mountain Peaks (A2E) 2:30pm Poker (A2E) 3pm Happy Hour with Johnnie Miller! (BST) 4pm Tea & Sympathy (A2E)	16 10am Commit to be Fit (A2E) 10:20am Myra the Therapy Dog Visits (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Sights & Sounds of Nashville (A2E) 2pm Resident Meeting (A4T) 3pm Choir Rehearsal (BST) 3:30pm St. Patrick's Day Crafts (A2E)	17 10am Chair Yoga (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am History Of Irish Dancing (A2E) 2pm Lucky Shamrock Centerpiece (A2E) 3pm Bingo! (A2E) 3pm Tech Support with Daniel (I3A) 4pm St. Paddy's Coloring (A2E)	18 9:30am Carrington Community Church (BST) 10am Jumbo Soccer (A2E) 10:30am Daily Chronicle (A2E) 10:45am Shabbat (A3V) 11am Sky, Land & Sea Interaction (A2E) 2pm Afternoon Cinema (A4T) 4pm Theater Cleanup (A4T) 7pm Special Music: Girls of the 50's with Heather B. (BST)

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19 8:30am Edgebrook Lutheran Church (IOT) 9:30am First Korean Presbyterian Church (IOT) 10am Chair Volleyball (A2E) 10:30am Daily Chronicle (A2E) 10:30am Queen of All Saints Basilica (IOT) 10:45am Wordle (A2E) 11am Make Joyful Noise With Annamarie (A2V) 2pm Bingo with Trudy (CAF) 2pm Afternoon Cinema (A4T) 3pm Meet and Greet the Village Trustee Candidates! (BST) 4pm Sunday Manicures (A2E)	20 10am Zumba & Laughing Yoga (A3E) 10:45am Daily Chronicle (A3E) 11am This or That (A3E) 2pm Cup Cake Making (A2E) 3pm Bingo! (A2E) 4pm Mathematical Trivia (A2E) 7:15pm Everyone Has A Story (BST)	21 10am Weight Exercises (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 2pm Deep in the Heart of Texas (A2E) 2pm Popup Cinema! (A4T) 3pm Story Time with Trudy (I4V) 3-4pm Tech Support with Daniel (I3A) 4pm Social Talk (A2V) 7:15pm Jeopardy Live! (BST)	22 10am Band Exercises (A2E) 10am MedTalk with Dr. Wolf (BST) 10:30am Daily Chronicle (A2V) 10:45am Wordle (A2E) 11am Philadelphia Then & Now (A2E) 2pm Painting On Canvas (A2E) 3pm Happy Hour with Wynn Mainzer (BST) 4pm Word Scramble (A2E)	23 10am Commit to be Fit (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Philadelphia: America's Most Historic Sq. Mile (A2E) 2pm Entertainer- Bob Kahlal (A2E) 3pm Choir Rehearsal (BST) 3:30pm Puzzles (A2E) 4pm Social Talk (A2E)	24 10am Chair Yoga (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Charleston, Churches, History & Horses (A2E) 2pm Sing a Long (A2E) 3pm Bingo! (A2E) 3pm Tech Support with Daniel (I3A) 4pm Tea & Sympathy (A2E)	25 9:30am Carrington Community Church (BST) 10am Chair Volleyball (A2E) 10:30am Daily Chronicle (A2E) 10:45am Shabbat (A3V) 11am Spain Trivia (A2E) 2pm Afternoon Cinema (A4T) 4pm Theater Cleanup (A4T)
26 8:30am Edgebrook Lutheran Church (IOT) 9:30am First Korean Presbyterian Church (IOT) 10am Chair Volleyball (A2E) 10:30am Daily Chronicle (A2E) 10:30am Queen of All Saints Basilica (IOT) 10:45am Wordle (A2E) 11am Make Joyful Noise With Annamarie (A2V) 2pm Bingo with Trudy (CAF) 2pm Afternoon Cinema (A4T) 4pm Sunday Manicures (A2E)	27 10am Zumba & Laughing Yoga (A3E) 10:45am Daily Chronicle (A3E) 11am NEW! TedTalk Time (BST) 11am This or That (A3E) 2pm Smoothie Making (A2E) 3pm Bingo! (A2E) 4pm Ring Toss (A2E)	28 10am Weight Exercises (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Visit To Baltimore (A2E) 2pm Painting with Colleen (A2E) 3pm Story Time with Trudy (I4V) 3-4pm Tech Support with Daniel (I3A) 4pm Leisurely Walk (A2E)	29 10am Band Exercises (A2E) 10:30am Daily Chronicle (A2V) 10:45am Wordle (A2E) 11am Colorado Wildflower Tour (A2E) 2pm Birthday Bash! (A2E) 3pm Happy Hour with the Vince Micari Trio (BST) 4pm Party Clean-up! (A2E)	30 10am Commit to be Fit (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Panoramic Portland (A2E) 2pm Curiosity Corner (A2E) 3pm Choir Rehearsal (BST) 4pm Virtual Concert: ABBA (A2E)	31 10am Chair Yoga (A2E) 10:30am Daily Chronicle (A2E) 10:45am Wordle (A2E) 11am Do You Hear What I Hear? (A2E) 3pm Bingo! (A2E) 3pm Tech Support with Daniel (I3A) 4pm Word Scramble (A2E)	

Location Legend

CAF	IL Fl-1 Cafe	APT	AL Fl-1 Patio
IOT	IL FL-1 Lobby	ADN	AL Dining Room
I3T	IL Fl-3 Theater	BST	IL Fl-1 Bistro
I4G	IL Fl-4 Games	I4V	IL Fl-4 Living Room
IOT	AL Fl-1 Outing Lobby	A3V	AL Fl-3 Living Room
I3A	IL FL-3 Activity/Ping Pong	A4T	AL Fl-4 Theater
I3D	IL FL-3 Dining Room	A4V	AL Fl-4 Living Room
A2E	AL Fl-2 Life Enrichment		
A2V	AL Fl-2 Living Room		
A3E	AL Fl-3 Life Enrichment		