August 2022

Mezzanine Calendar

(BRIDGE) SUBJECT TO CHANGE. LIFE ENRICHMENT

SUN	MON	TUE	WED	THUR	FRI	SAT
	1 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle 11:00 AL3LE: Trivia 2:00 AL3LE: Bingo 3:00 AL3LE: Sweet Delights 4:00 AL2LE: Sit & Chat with Dede & Rosy	2 10:00 AL3LE: Commit to Be Fit **10:30 AL3LE: Music Therapy With Nancy** **1:30 Bistro: Music in the Movies (Not the Musicals)** **1:30 Bistro: Music in the Movies (Not the Musicals)** 2:00 AL3LIV: Current Events 3:00 AL3LIV: Blackjack 3:00 IL4 LR: Story Time with Trudy 4:00 AL2LE: Sit & Chat with Dede & Rosy	3 10:00 AL3LE: Exercise With Jonah 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle 2:00 AL4Theater: Documentary **3:00 Bistro: Happy Hour with Vince the Music Man** 4:00 AL2LE: Sit & Chat with Dede & Rosy	4 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle 11:00 AL3LE: Travelogue 2:00 AL4THR: Entertainment 3:00 AL3LE: DANCE - 4:00 AL2LE: Sit & Chat with Dede & Rosy 4:00 AL3LE: Talk of The Day	5 **10:00 AL3LE: Zumba and Laughing Yoga** 11:00 AL3LE: Wordle 2:00 AL3LE: Bingo 3:00 AL3LE: Flashback Fridays 4:00 AL2LE: Sit & Chat with Dede & Rosy	6 **9:30 Bistro: Carrington Community Church** 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle **10:45 AL3LE: Shabbat** 2:00 AL4THR: Afternoon Cinema 4:00 AL2LE: Sit & Chat with Dede & Rosy
7 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle **11:00 AL3LIV: Make A Joyful Noise with AnnaMarie** 2:00 AL4THR: Afternoon Cinema 4:00 AL2LE: Sit & Chat with Dede & Rosy	8 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle 11:00 AL3LE: Trivia 2:00 AL3LE: Bingo 3:00 AL3LE: Sweet Delights 4:00 AL2LE: Sit & Chat with Dede & Rosy	9 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle 1:30 Bistro: Music in the Movies (Not the Musicals) 1:30 Bistro: Music in the Movies (Not the Musicals) **2:00 AL2LE: Painting With Colleen** 3:00 IL4 LR: Story Time with Trudy 4:00 AL2LE: Sit & Chat with Dede & Rosy	10 **9:30 Bistro: MedTalk with Pat - Mysteries of the Heart** 10:00 AL3LE: Exercise With Jonah 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle 2:00 AL4Theater: Documentary **3:00 Bistro: Happy Hour with Jane Allyson!** 4:00 AL2LE: Sit & Chat with Dede & Rosy	11 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle 10:45 AL3LE: Wordle 11:00 AL3LE: Travelogue 2:00 AL4THR: Entertainment 3:00 AL3LE: DANCE - **3:00 Bistro: Hotsie-Totsie Voices Song Selection** 4:00 AL2LE: Sit & Chat with Dede & Rosy 4:00 AL3LE: Talk of The Day	12 **10:00 AL3LE: Zumba and Laughing Yoga** 11:00 AL3LE: Wordle 2:00 AL3LE: Bingo 3:00 AL3LE: Flashback Fridays 4:00 AL2LE: Sit & Chat with Dede & Rosy	13 **9:30 Bistro: Carrington Community Church** 10:00 AL3LE: Commit to Be Fit 10:30 AL3LE: Daily Chronicle **10:45 AL3LE: Shabbat** 2:00 AL4THR: Afternoon Cinema 4:00 AL2LE: Sit & Chat with Dede & Rosy
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