

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>10:00 AL3LE Morning Workout: Cardio and Balance</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE Familiar Faces</p> <p>1:30 AL3LIV Afternoon Walk (Based on WEATHER)</p> <p>2:00 AL3LE TUNE Your Body</p> <p>2:30 AL3LE Word Jigsaw</p> <p>3:15 AL3LE Sweet Delights</p> <p>3:45 <b>AL3LE Music and Reminisce Sing-Along</b></p> <p>4:00 AL3LE Music and Social Group</p>	<p>Eid al-Fitr</p> <p>10:00 AL3LE: Tai Chi With Adrian</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE Getting To Know You: Support Group</p> <p>1:30 AL3LE RYTHM and BEAT Exercise</p> <p>2:00 AL3LE Cranium Crunch</p> <p>2:45 <b>AL3LE Yoga and Balance Class</b></p> <p>3:15 AL3LE Discuss and Recall</p> <p>4:00 AL3LE Relax and Reminisce</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 <b>AL3LE: Music Therapy With Nancy</b></p> <p>1:30 AL3LIV: Mobile Library</p> <p>2:00 AL2LE: Crafty Corner</p> <p>3:00 AL3LE Trivia</p> <p>4:00 AL2LE: Aroma Therapy( Spring Edition)</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE: Finish The Phase</p> <p>11:00 AL3LE: Guess The Musical</p> <p>1:30 AL3LIV: Trivia Madness</p> <p>2:00 AL3LE: Gardening Club</p> <p>3:00 AL3LE: Flowers Facts &amp; Trivia</p> <p>4:00 AL3LIV: UnWine Wednesdays</p>	<p>Cinco de Mayo</p> <p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE: Chicken Soup For The Soul</p> <p>11:00 AL3LE: Scattegories</p> <p>1:30 AL3LIV: Musical Stroll</p> <p>2:00 <b>AL2LE: Cinco De Mayo Celebration!</b></p> <p>4:00 AL3LE: Power Cart Walk Through</p>	<p>10:00 <b>AL3LE: Zumba and Laughing Yoga</b></p> <p>11:00 AL3LE Sing Along</p> <p>1:30 AL3LE Daily Chronicle</p> <p>2:00 AL3LE Ball Games</p> <p>3:00 AL3LE Trivia Around The World</p> <p>4:00 AL3LE Relax and Reminisce</p>	<p>9:30 <b>Bistro: Carrington Community Church</b></p> <p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 <b>AL3LE: Shabbat</b></p> <p>10:45 AL3LIV: Trivia</p> <p>1:30 AL3LE Afternoon Stretch</p> <p>2:00 AL3LE Art Therapy</p> <p>3:00 AL3LE Discuss and Recall</p> <p>4:00 AL3LE Games and Puzzles</p>
<p>Mother's Day</p> <p>10:00 AL3LE: Tai Chi With Adrian</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 <b>AL3LE Musical Memory Mother Edition</b></p> <p>1:30 AL3LE RYTHM and BEAT Exercise</p> <p>2:00 AL3LE Arts and Crafts: Oragami</p> <p>3:00 AL3LE Note To Self</p> <p>3:45 <b>AL3LE Music and Reminisce Sing-Along</b></p>	<p>10:00 AL3LE Morning Workout: Cardio and Balance</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE Getting To Know You: Support Group</p> <p>1:30 AL3LE RYTHM and BEAT Exercise</p> <p>2:00 AL3LE Cranium Crunch</p> <p>2:45 <b>AL3LE Yoga and Balance Class</b></p> <p>3:15 AL3LE Trivia</p> <p>4:00 AL3LE Relax and Reminisce</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE: Alphabet Trivia</p> <p>1:30 AL3LIV: Karaoke &amp; Mocktails</p> <p>2:00 <b>AL2LE Painting w/ Colleen</b></p> <p>3:00 AL3LE Trivia</p> <p>4:00 AL2LE: Aroma Therapy( Spring Edition)</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE: Name That Tune</p> <p>1:30 AL3LIV: Trivia Madness</p> <p>2:00 AL3LE: Gardening Club</p> <p>3:00 AL3LE: Flowers Facts &amp; Trivia</p> <p>4:00 AL3LIV: UnWine Wednesdays</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE: Let's Meditate</p> <p>11:00 AL3LE: Scattegories</p> <p>1:30 AL3LIV: Musical Stroll</p> <p>2:00 <b>AL2LE: Birthday Bash</b></p> <p>2:30 <b>AL2LE Entertainment</b></p> <p>4:00 AL3LE: Power Cart Walk Through</p>	<p>10:00 <b>AL3LE: Zumba and Laughing Yoga</b></p> <p>11:00 AL3LE Rhythmic Circle</p> <p>1:30 AL3LE Daily Chronicle</p> <p>2:00 AL3LE Bingo</p> <p>3:00 AL3LE Trivia Around The World</p> <p>4:00 AL3LE Relax and Reminisce</p>	<p>9:30 <b>Bistro: Carrington Community Church</b></p> <p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 <b>AL3LE: Shabbat</b></p> <p>10:45 AL3LIV: Trivia</p> <p>1:30 AL3LE Afternoon Stretch</p> <p>2:00 AL3LE Art Therapy</p> <p>3:00 AL3LE Discuss and Recall</p> <p>4:00 AL3LE Games and Puzzles</p>
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<p>10:00 AL3LE: Tai Chi With Adrian</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 <b>AL3LE Musical Memory Mother Edition</b></p> <p>1:30 AL3LE RYTHM and BEAT Exercise</p> <p>2:00 AL3LE Arts and Crafts: Oragami</p> <p>3:00 AL3LE Note To Self</p> <p>3:45 <b>AL3LE Music and Reminisce Sing-Along</b></p>	<p>10:00 AL3LE Morning Workout: Cardio and Balance</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE Getting To Know You: Support Group</p> <p>1:30 AL3LE RYTHM and BEAT Exercise</p> <p>2:00 AL3LE Cranium Crunch</p> <p>2:45 <b>AL3LE Yoga and Balance Class</b></p> <p>3:15 AL3LE Trivia</p> <p>4:00 AL3LE Relax and Reminisce</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE: Alphabet Trivia</p> <p>1:30 AL3LIV: Karaoke &amp; Mocktails</p> <p>2:00 <b>AL2LE Painting w/ Colleen</b></p> <p>3:00 AL3LE Trivia</p> <p>4:00 AL2LE: Aroma Therapy( Spring Edition)</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LE: Name That Tune</p> <p>1:30 AL3LIV: Trivia Madness</p> <p>2:00 AL3LE: Gardening Club</p> <p>3:00 AL3LE: Flowers Facts &amp; Trivia</p> <p>4:00 AL3LIV: UnWine Wednesdays</p>	<p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 <b>AL2LE: Drumming Circle</b></p> <p>10:30 AL3LE Daily Chronicle</p> <p>1:30 AL3LIV: Musical Stroll</p> <p>2:00 <b>AL4THR: Curiosity Corner</b></p> <p>4:00 AL3LE: Power Cart Walk Through</p>	<p>10:00 <b>AL3LE: Zumba and Laughing Yoga</b></p> <p>11:00 AL3LE Rhythmic Circle</p> <p>1:30 AL3LE Daily Chronicle</p> <p>2:00 AL3LE Bingo</p> <p>3:00 AL3LE Trivia Around The World</p> <p>4:00 AL3LE Relax and Reminisce</p>	<p>9:30 <b>Bistro: Carrington Community Church</b></p> <p>10:00 AL3LE Commit to Be Fit</p> <p>10:30 <b>AL2LE: Dance Class With Elisa</b></p> <p>10:30 AL3LE Daily Chronicle</p> <p>10:45 AL3LIV: Trivia</p> <p>1:30 AL3LE Afternoon Stretch</p> <p>2:00 AL3LE Art Therapy</p> <p>3:00 AL3LE Discuss and Recall</p> <p>4:00 AL3LE Games and Puzzles</p>
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# May 2022

Mezzanine Calendar  
(BRIDGE) SUBJECT TO CHANGE. LIFE ENRICHMENT

