

SUN MON TUE WED THUR FRI SAT

<p>7:00 Fitness Center and Pool - Open Daily 7 AM to 9 PM IL4 LR: Holy Name Cathedral (Virtual) 10:00 <b>Outing: Church Services (RSVP)</b> 2:00 <b>IL Cafe: Bingo with Trudy</b> 7:00 IL3 Theater: Movie - Juarez (1939)</p> <p><b>1</b></p>	<p>9:00 Pool: Aqua Fitness with Ben Cafe: Chair Volleyball 10:00 Fitness: Move &amp; Groove with Stacy 1:00 <b>1 on 1 Tech Support with Daniel</b> 1:00 Cafe: Bunco Games 1:00 Fitness: Movement &amp; Balance w/ Chris 1:00 IL4 Art: Creative Projects with Julianne 7:00 <b>Bistro: At The Hop with Heather (RSVP)</b> 7:00 IL3 Theater: Movie - Somewhere in Time (1980)</p> <p><b>2</b></p>	<p>10:00 Cafe: Chair Volleyball 10:00 <b>NEW! Walking Club with Arthur</b> 10:30 Fitness: Workout with Melanie 11:30 <b>IL3 Dining: Current Events</b> 1:00 IL2 Art: Open Studio Painting 1:00 IL3 Dining: Mah-Jong 1:30 Fitness: Royal Wellness 2:45 <b>Outing: Walgreen's Senior Discount Day (RSVP)</b> 3:00 <b>IL4 LR: Story Time with Trudy</b> 7:00 IL3 Theater: Movie - Hart's War (2002)</p> <p><b>3</b></p>	<p>9:00 Pool: Royal Aquatics Cafe: Chair Volleyball 10:00 Fitness: Royal Wellness 10:30 Pool: Royal Aquatics 11:30 <b>IL4 Art: Nature-Inspired Projects</b> 1:30 Fitness: Royal Wellness 1:30 <b>IL2 Library: Write your Memoirs!</b> 1:30 IL3 Dining: Food &amp; Beverage Committee 3:00 <b>Bistro: Happy Hour with Jan and Gino (RSVP)</b> 7:00 IL3 Theater: Movie - Death on the Nile (2022)</p> <p><b>4</b></p>	<p>Cinco de Mayo 10:00 <b>Fitness: Zumba Gold with Janette</b> 10:00 Cafe: Chair Volleyball 10:00 LE Office: Communications Task Force Meeting 10:30 Fitness: Royal Wellness 11:00 IL3 Activity: Listening To Loneliness and Loss 1:00 <b>IL2 Art: Knit and Crochet Group</b> 1:30 Fitness: Royal Wellness 4:00 <b>Bistro: Holsie-Tolsie Voices Rehearsal (RSVP)</b> 7:00 IL4 Game: Poker Game 7:00 IL3 Theater: Movie - Coco (2017)</p> <p><b>5</b></p>	<p>9:30 <b>IL4 LR: Cozetta's Rosary Group/Communion</b> 10:00 Cafe: Chair Volleyball 10:00 <b>NEW! Walking Club with Arthur</b> 10:30 Fitness: Workout with Melanie 11:30 <b>Outing: Shopping at Walmart and Mariano's (RSVP)</b> 12:30 <b>Outing: The Garfield Park Conservatory (RSVP)</b> 1:00 IL4 Art: Creative Projects with Julianne 1:30 Fitness: Workout with Jonah 1:30 Cafe: Canasta 2:00 Fitness: Chair Yoga with Linda 4:30 <b>Bistro: Shabbat Service</b> 7:00 IL3 Theater: Movie - King Richard (2021)</p> <p><b>6</b></p>	<p>9:30 <b>Bistro: Carrington Community Church</b> 10:30 Fitness: Royal Wellness 1:45 Fitness: Workout with Melanie 2:30 Fitness: Stretch, Tone, Strength with Melanie 2:30 <b>IL3 Theater: Saturday Musical Matinee</b> 7:00 IL3 Theater: Movie - A Chorus Line (1985)</p> <p><b>7</b></p>
<p>Mother's Day 7:00 Fitness Center and Pool - Open Daily 7 AM to 9 PM IL4 LR: Holy Name Cathedral (Virtual) 9:30 <b>Outing: Church Services (RSVP)</b> 2:00 <b>IL Cafe: Bingo with Trudy</b> 7:00 IL3 Theater: Movie - Mildred Pierce (1945)</p> <p><b>8</b></p>	<p>9:00 Pool: Aqua Fitness with Ben Cafe: Chair Volleyball 10:00 Fitness: Move &amp; Groove with Stacy 1:00 <b>1 on 1 Tech Support with Daniel</b> 1:00 Cafe: Bunco Games 1:00 Fitness: Movement &amp; Balance w/ Chris 1:00 IL4 Art: Creative Projects with Julianne 1:30 IL4 Game: Movie Selection Committee 6:45 <b>Bistro: We All Have A Story...</b> 7:00 IL3 Theater: Movie - Legally Blonde (2001)</p> <p><b>9</b></p>	<p>10:00 Cafe: Chair Volleyball 10:00 Walking Club with Arthur 10:30 Fitness: Workout with Melanie 11:30 <b>IL3 Dining: Current Events</b> 1:00 IL2 Art: Open Studio Painting 1:00 IL3 Dining: Mah-Jong 1:30 Fitness: Royal Wellness 3:00 <b>IL4 LR: Story Time with Trudy</b> 7:00 IL3 Theater: Movie - Shall We Dance? (1996) 11:55 <b>Deadline: Newsletter Caption Contest</b></p> <p><b>10</b></p>	<p>9:00 Pool: Royal Aquatics Cafe: Chair Volleyball 10:00 Fitness: Royal Wellness 10:30 Pool: Royal Aquatics 11:30 <b>LE Office: Raised Garden Bed Planning</b> 1:30 Fitness: Royal Wellness 1:30 <b>IL2 Library: Write your Memoirs!</b> 1:30 IL3 Dining: Building Ops Committee 3:00 <b>Bistro: Happy Hour with Wayne Messmer</b> 7:00 IL3 Theater: Movie - The Bridge (1996)</p> <p><b>11</b></p>	<p>10:00 <b>Fitness: Tai Chi with Adrian</b> 10:00 Cafe: Chair Volleyball 10:30 Fitness: Royal Wellness 11:00 IL3 Activity: Listening To Loneliness and Loss 1:00 <b>IL2 Art: Knit and Crochet Group</b> 1:30 <b>Outing: Immersive Frida Kahlo Exhibit</b> 1:30 Fitness: Royal Wellness 1:30 <b>IL3 Theater: Art History with Debra</b> 2:30 <b>Bistro: Drumming Circle</b> 4:00 <b>Bistro: Holsie-Tolsie Voices Rehearsal</b> 7:00 IL4 Game: Poker Game 7:00 IL3 Theater: Movie - The Ron Clark Story (2006)</p> <p><b>12</b></p>	<p>9:30 <b>IL4 LR: Cozetta's Rosary Group</b> 10:00 Cafe: Chair Volleyball 10:00 Walking Club with Arthur 10:30 <b>Cancelled: No Dollar Tree</b> 10:30 <b>Outing today:</b> Fitness: Workout with Melanie 11:30 Pool: Royal Aquatics 11:45 <b>Outing: Sounds Good Choir Concert</b> 1:00 IL4 Art: Creative Projects with Julianne 1:30 Fitness: Workout with Jonah 1:30 Cafe: Canasta 3:00 <b>Fitness: Chair Yoga with Linda</b> 4:30 <b>Bistro: Shabbat Service</b> 7:00 IL3 Theater: Movie - Six Degrees of Separation (1993)</p> <p><b>13</b></p>	<p>9:30 <b>Bistro: Carrington Community Church</b> 10:30 Fitness: Royal Wellness 1:45 Fitness: Workout with Melanie 2:30 Fitness: Stretch, Tone, Strength with Melanie 2:30 <b>IL3 Theater: Saturday Musical Matinee</b> 7:00 IL3 Theater: Movie - De-Lovely (2004)</p> <p><b>14</b></p>
<p>7:00 Fitness Center and Pool - Open Daily 7 AM to 9 PM IL4 LR: Holy Name Cathedral (Virtual) 10:00 <b>Outing: Church Services (RSVP)</b> 2:00 <b>Outing: Six The Musical (RSVP)</b> 7:00 <b>IL Cafe: Bingo with Trudy</b> 7:00 IL3 Theater: Movie - Westside Story (1961)</p> <p><b>15</b></p>	<p>9:00 Pool: Aqua Fitness with Ben Cafe: Chair Volleyball 10:00 Fitness: Move &amp; Groove with Stacy 1:00 <b>1 on 1 Tech Support with Daniel</b> 1:00 Cafe: Bunco Games 1:00 Fitness: Movement &amp; Balance w/ Chris 1:00 IL4 Art: Creative Projects with Julianne 2:00 <b>IL3 Dining: Hymn's Odds and Ends</b> 3:00 IL2 Art: Birthday Committee 7:00 <b>Bistro: Door Stories!</b> 7:00 IL3 Theater: Movie - Daddy's Home 2 (2017)</p> <p><b>16</b></p>	<p>10:00 Cafe: Chair Volleyball 10:00 Walking Club with Arthur 10:30 Fitness: Workout with Melanie 11:30 <b>IL3 Dining: Current Events</b> 1:00 IL2 Art: Open Studio Painting 1:00 IL3 Dining: Mah-Jong 1:30 Fitness: Royal Wellness 1:30 <b>Bistro: The Shenanigans</b> 3:00 <b>IL4 LR: Story Time with Trudy</b> 7:00 IL3 Theater: Movie - Some Like it Hot (1959)</p> <p><b>17</b></p>	<p>9:00 Pool: Royal Aquatics Cafe: Chair Volleyball 10:00 Fitness: Royal Wellness 10:30 Pool: Royal Aquatics 11:30 <b>Bistro: Bird Talks with Alyse</b> 1:00 <b>IL4 Game: Parkinson's Support Group</b> 1:30 Fitness: Royal Wellness 1:30 <b>IL2 Library: Write your Memoirs!</b> 1:30 IL3 Dining: Food &amp; Beverage Committee 3:00 <b>Bistro: Happy Hour</b> 7:00 IL3 Theater: Movie - The Sting (1973)</p> <p><b>18</b></p>	<p>10:00 <b>Fitness: Zumba Gold with Janette</b> 10:00 Cafe: Chair Volleyball 10:30 Fitness: Royal Wellness 11:00 IL3 Activity: Listening To Loneliness and Loss 1:00 <b>IL2 Art: Knit and Crochet Group</b> 1:00 LE Office: Activities Committee Mtg. 1:30 Fitness: Royal Wellness 4:00 <b>Bistro: Holsie-Tolsie Voices Rehearsal</b> 7:00 IL4 Game: Poker Game 7:00 IL3 Theater: Movie - Three Billboards Outside Ebbing Missouri (2017)</p> <p><b>19</b></p>	<p>9:30 <b>IL4 LR: Cozetta's Rosary Group</b> 10:00 Cafe: Chair Volleyball 10:00 Walking Club with Arthur 10:30 Fitness: Workout with Melanie 11:30 <b>Outing: Shopping at Jewel or Target</b> 12:30 <b>Outing: Free Piano/Flute Concert</b> 1:00 IL4 Art: Creative Projects with Julianne 1:30 Fitness: Workout with Jonah 1:30 Cafe: Canasta 2:00 Fitness: Chair Yoga with Linda 4:30 <b>Bistro: Shabbat Service</b> 7:00 IL3 Theater: Movie - The Eyes of Tammy Faye (2021)</p> <p><b>20</b></p>	<p>9:30 <b>Bistro: Carrington Community Church</b> 10:30 Fitness: Royal Wellness 1:45 Fitness: Workout with Melanie 2:30 Fitness: Stretch, Tone, Strength with Melanie 2:30 <b>IL3 Theater: Saturday Musical Matinee</b> 7:00 IL3 Theater: Movie - Funny Girl (1968)</p> <p><b>21</b></p>
<p>7:00 Fitness Center and Pool - Open Daily 7 AM to 9 PM IL4 LR: Holy Name Cathedral (Virtual) 10:00 <b>Outing: Church Services (RSVP)</b> 2:00 <b>IL Cafe: Bingo with Trudy</b> 7:00 IL3 Theater: Movie - Menasha (2017)</p> <p><b>22</b></p>	<p>9:00 Pool: Aqua Fitness with Ben Cafe: Chair Volleyball 10:00 Fitness: Move &amp; Groove with Stacy 1:00 <b>1 on 1 Tech Support with Daniel</b> 1:00 Cafe: Bunco Games 1:00 Fitness: Movement &amp; Balance w/ Chris 1:00 IL4 Art: Creative Projects with Julianne 6:45 <b>Bistro: We All Have A Story...</b> 7:00 IL3 Theater: Movie - Ma Rainey's Black Bottom (2020)</p> <p><b>23</b></p>	<p>10:00 Cafe: Chair Volleyball 10:00 Walking Club with Arthur 10:00 <b>IL4 Art: Painting with Colleen</b> 10:30 Fitness: Workout with Melanie 1:00 IL2 Art: Open Studio Painting 1:00 IL3 Dining: Mah-Jong 1:30 Fitness: Royal Wellness 3:00 <b>IL4 LR: Story Time with Trudy</b> 7:00 IL3 Theater: Movie - Stand By Me (1986)</p> <p><b>24</b></p>	<p>9:00 Pool: Royal Aquatics Cafe: Chair Volleyball 10:00 Fitness: Royal Wellness 10:30 Pool: Royal Aquatics 11:30 <b>Bistro: Environmental and Nature Films</b> 1:30 Fitness: Royal Wellness 1:30 <b>IL2 Library: Write your Memoirs!</b> 2:45 <b>Outing: Opera/Puppet Show</b> 3:00 <b>Top Bistro: Happy Hour with Edton</b> 7:00 IL3 Theater: Movie - Genius (2016)</p> <p><b>25</b></p>	<p>10:00 <b>Fitness: Tai Chi with Adrian</b> 10:00 Cafe: Chair Volleyball 10:30 Fitness: Royal Wellness 11:00 IL3 Activity: Listening To Loneliness and Loss 1:00 <b>IL2 Art: Knit and Crochet Group</b> 1:30 Fitness: Royal Wellness 2:30 <b>Bistro: Drumming Circle</b> 3:00 <b>IL3 Dining: Book Club</b> 4:00 <b>Bistro: Holsie-Tolsie Voices Rehearsal</b> 7:00 IL4 Game: Poker Game 7:00 IL3 Theater: Movie - Worth (2020)</p> <p><b>26</b></p>	<p>9:30 <b>IL4 LR: Cozetta's Rosary Group</b> 10:00 Cafe: Chair Volleyball 10:00 Walking Club with Arthur 10:30 Fitness: Workout with Melanie 11:30 <b>IL4 Game: Veterans Club</b> 10:30 <b>Outing: Shopping at Village Crossing</b> 11:30 Pool: Royal Aquatics 1:00 IL4 Art: Creative Projects with Julianne 1:30 Fitness: Workout with Jonah 1:30 Cafe: Canasta 2:00 Fitness: Chair Yoga with Linda 4:30 <b>Bistro: Shabbat Service</b> 7:00 IL3 Theater: Movie - The Squid and the Whale (2005)</p> <p><b>27</b></p>	<p>9:30 <b>Bistro: Carrington Community Church</b> 10:30 Fitness: Royal Wellness 11:15 <b>Bistro: MeaTalk with Pat</b> 1:45 Fitness: Workout with Melanie 2:30 Fitness: Stretch, Tone, Strength with Melanie 2:30 <b>IL3 Theater: Saturday Musical Matinee</b> 7:00 IL3 Theater: Movie - The Wizard of Oz (1939)</p> <p><b>28</b></p>
<p>7:00 Fitness Center and Pool - Open Daily 7 AM to 9 PM IL4 LR: Holy Name Cathedral (Virtual) 10:00 <b>Outing: Church Services (RSVP)</b> 2:00 <b>IL Cafe: Bingo with Trudy</b> 7:00 IL3 Theater: Movie - The Great Dictator (1940)</p> <p><b>29</b></p>	<p>Memorial Day 9:00 Pool: Aqua Fitness with Ben Cafe: Chair Volleyball 10:00 Fitness: Workout with Melanie 1:00 <b>1 on 1 Tech Support with Daniel</b> 1:00 Cafe: Bunco Games 1:00 Fitness: Movement &amp; Balance w/ Chris 1:00 IL4 Art: Creative Projects with Julianne 7:00 IL3 Theater: Movie - 1917 (2019)</p> <p><b>30</b></p>	<p>10:00 Cafe: Chair Volleyball 10:00 <b>IL Dining: Resident Meeting</b> 1:00 IL2 Art: Open Studio Painting 1:00 IL3 Dining: Mah-Jong 1:30 Fitness: Royal Wellness 3:00 <b>IL4 LR: Story Time with Trudy</b> 7:00 IL3 Theater: Movie - Encanto (2021)</p> <p><b>31</b></p>				

May 2022

Independent Living

Activities Calendar: Erica Stone/Life Enrichment Director

THE CARRINGTON  
AT LINCOLNWOOD

