

SUN	MON	TUE	WED	THUR	FRI	SAT
	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Celebrity Trivia 11:30 Sing Your Hearts Out 2:00 Afternoon Exercises 2:30 Chair Bowling 3:00 Tossing Bags (Corn Hole) 3:30 Relax With Rhymes 4:00 Stroll The Halls	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Thanksgiving Jokes & Riddles 11:30 Group Word Search 2:00 Afternoon Exercises 2:30 Festive Art Collage 3:00 Music Therapy 3:30 Bingo 4:00 Relaxion	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Word Frenzy 11:30 Missing Letter Tournament 2:00 Afternoon Exercises 2:30 Poem Reading 3:00 Finish The Phase 3:30 Random Facts 4:00 Karaoke	Diwali 10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Match That Catchphrase 11:30 Guess The Slang 2:00 Afternoon Exercises 2:30 Chit- Chat Your Neighbor 3:00 Songs By Heart 4:00 Stroll The Halls	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Play Reading 11:30 Word Searches 2:00 Thanksgiving Stories 2:30 Movie Trivia 3:00 Feather Art 3:30 Celebrity Bingo 4:00 Conversation & Drinks	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Daily Dose Of Trivia 11:30 Art Project 2:00 Afternoon Exercises 2:30 Wise Tales 3:00 Brain Games 3:30 Wheel Of Fortune 4:00 Rewind And Unwind
Daylight Savings Time Ends 10:00 Sit & Be Fit 10:30 Daily Chronicle 10:45 Trivia 2:00 Afternoon Exercises 2:30 Swimming 3:15 Water Painting 4:00 Nutrition Club	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Music for the Soul 11:30 Historical Trivia 2:00 Afternoon Exercises 2:30 Holiday Word Scramble 3:00 Art Therapy 3:30 Fun Facts About Thanksgiving 4:00 Mediation With Classical Music	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Brain Teasers 11:30 Hangman Challenge 2:00 Afternoon Exercises 2:30 Mad Libs 3:00 Crossword Puzzles 3:30 Music Guessing Game 4:00 Hydrate & Wind Down	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Word Frenzy 11:30 Missing Letter Tournament 2:00 Afternoon Exercises 2:30 Poem Reading 3:00 Finish The Phase 3:30 Random Facts 4:00 Karaoke	Veterans Day 10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Giving Thanks 11:30 2 Truths & A Lie 2:00 Afternoon Exercises 2:30 Hidden Pictures 3:00 Songs By Heart 4:00 Stroll The Halls	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:30 Thanksgiving Adult Coloring 2:00 Harvest Mind Teasers 2:30 Afternoon Cardio 3:00 Holiday Cookie Baking 3:30 Snack Time 4:00 Mellow Out With Melodies	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Sports Pop Culture 11:30 Silly Sayings 2:00 Afternoon Exercises 2:30 Name That Tune 3:00 Thanksgiving Crafts 3:30 Sing Your Hearts Out 4:00 Movie Time
10:00 Sit & Be Fit 10:30 Daily Chronicle 10:45 MOCKtails 2:00 Afternoon Exercises 2:30 Interactive Baking 3:00 News & Views 3:30 Ice Breakers 4:00 Music Therapy	10:00 Sit & Be Fit 10:30 Drumming Circle 11:00 Celebrity Trivia 11:30 Sing Your Hearts Out 2:00 Wild Birdshack 3:00 Tossing Bags (Corn Hole) 3:30 Relax With Rhymes 4:00 Stroll The Halls	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Thanksgiving Jokes & Riddles 11:30 Group Word Search 2:00 Afternoon Exercises 2:30 Festive Art Collage 3:00 Music Therapy 3:30 Bingo 4:00 Relaxion	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Word Frenzy 11:30 Missing Letter Tournament 2:00 Afternoon Exercises 2:30 Poem Reading 3:00 Finish The Phase 3:30 Random Facts 4:00 Karaoke	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Match That Catchphrase 11:30 Guess The Slang 2:00 Afternoon Exercises 2:30 Chit- Chat Your Neighbor 3:00 Songs By Heart 4:00 Stroll The Halls	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Play Reading 11:30 Word Searches 2:00 Thanksgiving Stories 2:30 Movie Trivia 3:00 Feather Art 3:30 Celebrity Bingo 4:00 Conversation & Drinks	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Daily Dose Of Trivia 11:30 Art Project 2:00 Afternoon Exercises 2:30 Wise Tales 3:00 Brain Games 3:30 Wheel Of Fortune 4:00 Rewind And Unwind
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10:00 Sit & Be Fit 10:30 Daily Chronicle 10:45 MOCKtails 2:00 Afternoon Exercises 2:30 Entertainment-Andre Sian 2:30 Swimming 3:30 Spa Sensations 4:00 Music Therapy	Hanukkah 10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Celebrity Trivia 11:30 Sing Your Hearts Out 2:00 Afternoon Exercises 2:30 Chair Bowling 3:00 Tossing Bags (Corn Hole) 3:30 Relax With Rhymes 4:00 Stroll The Halls	10:00 Sit & Be Fit 10:30 Daily Chronicle 11:00 Thanksgiving Jokes & Riddles 11:30 Group Word Search 2:00 Afternoon Exercises 2:30 Festive Art Collage 3:00 Music Therapy 3:30 Bingo 4:00 Relaxion				

November 2021

MEMORY CARE-Please Note:Subject to Change. Life Enrichment Dir.:Adrian Dalmacio