

SUN	MON	TUE	WED	THUR	FRI	SAT
Halloween 10:00 AL3LE Commit To Be Fit <b>31</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Urban Legends 1:30 AL3LE Exercise 2:00 AL3LE Crafty Corner-Halloween 4:00 ALDIN Walking Club					10:00 AL3LE Royal Wellness <b>1</b> 10:30 AL3LE Daily Chronicle 10:45 AL2LE Book Club 11:00 AL3LE Travel Comedy Show 1:30 AL4LIV Mah Jong 2:00 AL3LE Bingo 3:30 AL3LE Singalong 4:00 AL3LE Relax and Hydrate	10:00 AL3LE Commit To Be Fit <b>2</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Shabbat 10:45 AL3LIV Card Games W/Bill 1:30 AL3LE Exercise 2:00 AL4Theater Cinema Saturday 3:30 AL4Theater Movie Discussion 4:00 ALDIN Walking Club
10:00 AL3LE Commit To Be Fit <b>3</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Urban Legends 1:30 AL3LE Exercise 2:00 AL3LE Crafty Corner-Halloween 4:00 ALDIN Walking Club	10:00 AL3LE Commit To Be Fit <b>4</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Alphabet Trivia 1:30 AL3LE Exercise 2:00 AL3LE Sweet Delights 3:00 AL3LE All Hands On Deck 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>5</b> 10:30 AL3LE Music Therapy With Nancy 1:30 AL3LE Exercise 2:00 AL3LE Board Games 3:30 AL3LE Scategories 4:00 ALDIN Walking Club	10:00 AL3LE Cardio <b>6</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE White Board Games 1:30 AL4LIV Exercise 2:00 AL4THEATER Documentaries 3:30 AL4THEATER Documentary Discussion 4:00 ALDIN Walking Club	10:00 AL2LE Commit To Be Fit <b>7</b> 10:30 AL2LE Make A Joyful Noise 1:30 AL4LIV Exercise 2:00 AL3LE Name that actress of the golden era 3:30 AL3LE Black Jack 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>8</b> 10:30 AL3LE Daily Chronicle 10:45 AL2LE Book Club 11:00 AL3LE Travel Comedy Show <b>2:00 AL4THEATER Vincent Musician</b> 3:30 AL4LIV Black Jack 4:00 AL3LE Relax and Hydrate	10:00 AL3LE Commit To Be Fit <b>9</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Shabbat 10:45 AL3LIV Card Games W/Bill 1:30 AL3LE Exercise 2:00 AL4Theater Cinema Saturday 3:30 AL4Theater Movie Discussion 4:00 ALDIN Walking Club
10:00 AL3LE Commit To Be Fit <b>10</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Two's Company, 3's a crowd 1:30 AL3LE Exercise 2:00 AL3LE Mosaic Project 4:00 ALDIN Walking Club	Indigenous Peoples' Day <b>11</b> 10:00 AL3LE Commit To Be Fit 10:30 AL3LE Daily Chronicle 10:45 AL3LE 9 Letter Word Puzzle 1:30 AL3LE Exercise <b>2:00 AL2LE Wild Birdshack</b> 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>12</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Finish the line 1:30 AL3LE Exercise 2:00 AL2LE Painting With Colleen 4:00 ALDIN Walking Club	10:30 AL3LE Daily Chronicle <b>13</b> <b>10:45 AL3LE Resident Activity Committee</b> 1:30 AL4LIV Exercise 2:00 AL4THEATER Documentaries <b>3:30 AL3LE Tech Support</b> 4:00 ALDIN Walking Club	10:00 AL2LE Commit To Be Fit <b>14</b> 10:30 AL2LE Make A Joyful Noise 1:30 AL4LIV Exercise <b>2:00 AL4THEATER Sian Andre</b> 3:30 AL4LIV Black Jack 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>15</b> 10:30 AL3LE Daily Chronicle 10:45 AL2LE Book Club 11:00 AL3LE Travel Comedy Show 1:30 AL4LIV Mah Jong 2:00 AL3LE Bingo 3:30 AL3LE Singalong 4:00 AL3LE Relax and Hydrate	10:00 AL3LE Commit To Be Fit <b>16</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Shabbat 10:45 AL3LIV Card Games W/Bill 1:30 AL3LE Exercise 2:00 AL4Theater Cinema Saturday 3:30 AL4Theater Movie Discussion 4:00 ALDIN Walking Club
10:00 AL3LE Commit To Be Fit <b>17</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Urban Legends 1:30 AL3LE Exercise 2:00 AL3LE Crafty Corner-Halloween 4:00 ALDIN Walking Club	10:00 AL3LE Commit To Be Fit <b>18</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Alphabet Trivia 1:30 AL3LE Exercise 2:00 AL3LE Sweet Delights 3:30 AL3LE Scategories 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>19</b> 10:30 AL3LE Music Therapy With Nancy 1:30 AL3LE Exercise 2:00 AL3LE Cookie Decorating 4:00 ALDIN Walking Club	10:00 AL3LE Tai Chi <b>20</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE White Board Games 1:30 AL4LIV Exercise 2:00 AL4THEATER Documentaries 3:30 AL4THEATER Documentary Discussion 4:00 ALDIN Walking Club	10:00 AL2LE Commit To Be Fit <b>21</b> 10:30 AL3LE Daily Chronicle 1:30 AL4LIV Exercise <b>2:00 AL4THR Resident Council</b> <b>3:30 AL4THEATER Entertainment- Barrette</b> 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>22</b> 10:30 AL3LE Daily Chronicle 10:45 AL2LE Book Club 11:00 AL3LE Travel Comedy Show 1:30 AL4LIV Mah Jong 2:00 AL3LE DESSERT DECADENCE: TOFFEE CRUNCH 4:00 AL3LE Relax and Hydrate	10:00 AL3LE Commit To Be Fit <b>23</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Shabbat 10:45 AL3LIV Card Games W/Bill 1:30 AL3LE Exercise 2:00 AL4Theater Cinema Saturday 3:30 AL4Theater Movie Discussion 4:00 ALDIN Walking Club
10:00 AL3LE Commit To Be Fit <b>24</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Two's Company, 3's a crowd 1:30 AL3LE Exercise 2:00 AL3LE Mosaic Project 4:00 ALDIN Walking Club	10:00 AL3LE Commit To Be Fit <b>25</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE 9 Letter Word Puzzle 1:30 AL3LE Exercise 2:00 AL3LE Sweet Delights 3:00 AL3LE All Hands On Deck 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>26</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Finish the line 1:30 AL3LE Exercise 2:00 AL2LE Painting With Colleen 4:00 ALDIN Walking Club	10:00 AL3LE Commit To Be Fit <b>27</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE White Board Games 1:30 AL4LIV Exercise 2:00 AL4THEATER Documentaries 3:30 AL4THEATER Documentary Discussion 4:00 ALDIN Walking Club	10:00 AL2LIV Commit to be fit <b>28</b> 10:20 AL2LIV Daily Chronicle 10:30 AL2LIV Drumming Circle 1:30 AL2LIV Exercise <b>2:00 AL2LE October Feast</b> 4:00 ALDIN Walking Club	10:00 AL3LE Royal Wellness <b>29</b> 10:30 AL3LE Daily Chronicle 10:45 AL2LE Book Club 11:00 AL3LE Travel Comedy Show 1:30 AL4LIV Mah Jong 2:00 AL3LE Bingo 3:30 AL3LE Singalong 4:00 AL3LE Relax and Hydrate	10:00 AL3LE Commit To Be Fit <b>30</b> 10:30 AL3LE Daily Chronicle 10:45 AL3LE Shabbat 10:45 AL3LIV Card Games W/Bill 1:30 AL3LE Exercise 2:00 AL4Theater Cinema Saturday 3:30 AL4Theater Movie Discussion 4:00 ALDIN Walking Club

# October 2021

## Mezzanine Calendar

(BRIDGE) SUBJECT TO CHANGE. LIFE ENRICHMENT DIRECTOR: ADRIAN DALMACIO