

SUN	MON	TUE	WED	THUR	FRI	SAT							
		9:30 Morning Greeting 10:00 Sit and Be Fit 10:15 Dad Jokes w/ Adrian 10:30 Daily Chronicle 10:45 Familiar Sounds! 11:15 Walking Club 1:30 Afternoon Stretch 2:00 Game time! (Bingo, Poker and More!) 3:00 Cranium Crunch 4:00 History Of Music	1	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:15 Hello Hydration!!! 11:15 Noodle Ball 1:30 Afternoon Stretch 2:00 Table Games 3:00 Happy Hour! 4:00 Chair Volleyball 4:30 Relax and Hydrate	2	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Jigsaw Crossword 1:30 Afternoon Stretch 2:00 Travelogue 3:00 Songs By Heart 4:00 Relaxation time	3	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Drama Club 1:30 Afternoon Stretch 2:00 Arts & Crafts 3:00 Walking Club 4:00 Memory Games	4	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Guess that tune! 1:30 Afternoon Stretch 2:00 Movie Matinee 3:00 Treats with Abri! 4:00 Relax and Hydrate	5		
9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 10:30 Swimming w/ Adrian 10:45 Boggle! 11:15 Walking Club 1:30 Afternoon Stretch 2:00 Bubbly and Snacks! (Courtyard) 3:00 Food Frenzy! 4:00 Gardening Club	6	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 10:45 Speed Trivia 11:15 Hangman! 1:30 Afternoon Stretch 2:00 Crafty Monday! 3:00 Feel the Beat 4:00 Wii Sport	7	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 10:15 Dad Jokes w/ Adrian 10:30 Daily Chronicle 10:45 Familiar Sounds! 11:15 Walking Club 1:30 Afternoon Stretch 2:00 Sweet Delights with Adrian 3:00 Music Guru! 4:00 History Of Music	8	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 1:30 Afternoon Stretch 2:00 Karaoke 3:00 Sip, Snack and Socialize 3:30 Who, What, Where, and When 4:00 Walking Club 4:30 Relax and Hydrate	9	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Jeopardy 1:30 Afternoon Stretch 2:00 Travelogue 3:00 Songs By Heart 4:00 Relaxation time	10	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Guess the country's flag! 1:30 Afternoon Stretch 2:00 Movie Matinee 3:00 Treats with Abri! 4:00 Relax and Hydrate	11		
9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 10:30 Swimming w/ Adrian 10:45 9 Letter Puzzle 11:15 Oldies But Goldies Sing-Along 1:30 Afternoon Stretch 2:00 Self-Care Sunday 3:00 Ice Cream Sundaes! 4:00 Relax and Reminisce	13	Flag Day 9:30 Morning Greeting 10:00 Zumba 10:30 Daily Chronicle 10:45 Beach Volleyball 11:15 Fresh Chilling Moment 1:30 Afternoon Stretch 2:00 Entertainment: Barrett H. 3:00 Bowling! 4:00 Bean Bag Toss	14	9:30 Morning Greeting 10:00 Sit and Be Fit 10:15 Dad Jokes w/ Adrian 10:30 Daily Chronicle 10:45 Familiar Sounds! 11:15 Walking Club 1:30 Afternoon Stretch 2:00 Game time! (Bingo, Poker and More!) 3:00 Cranium Crunch 4:00 History Of Music	15	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:15 Hello Hydration!!! 11:15 Noodle Ball 1:30 Afternoon Stretch 2:00 Table Games 3:00 Happy Hour! 4:00 Chair Volleyball 4:30 Relax and Hydrate	16	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Jigsaw Crossword 1:30 Afternoon Stretch 2:00 Travelogue 3:00 Songs By Heart 4:00 Relaxation time	17	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Drama Club 1:30 Afternoon Stretch 2:00 Arts & Crafts 3:00 Walking Club 4:00 Memory Games	18	Juneteenth 9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Guess that tune! 1:30 Afternoon Stretch 2:00 Movie Matinee 3:00 Treats with Abri! 4:00 Relax and Hydrate	19
Father's Day 9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 10:30 Swimming w/ Adrian 10:45 Boggle! 11:15 Walking Club 1:30 Afternoon Stretch 2:00 Bubbly and Snacks! (Courtyard) 3:00 Food Frenzy! 4:00 Gardening Club	20	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 10:45 Speed Trivia 11:15 Hangman! 1:30 Afternoon Stretch 2:00 Crafty Monday! 3:00 Feel the Beat 4:00 Wii Sport	21	9:30 Morning Greeting 10:00 Sit and Be Fit 10:15 Dad Jokes w/ Adrian 10:30 Daily Chronicle 10:45 Familiar Sounds! 11:15 Walking Club 1:30 Afternoon Stretch 2:00 Sweet Delights with Adrian 3:00 Music Guru! 4:00 History Of Music	22	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 1:30 Afternoon Stretch 2:00 Karaoke 3:00 Sip, Snack and Socialize 3:30 Who, What, Where, and When 4:00 Walking Club 4:30 Relax and Hydrate	23	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Drumming Circle w/ Chris 11:00 Jeopardy 1:30 Afternoon Stretch 2:00 Travelogue 3:00 Songs By Heart 4:00 Relaxation time	24	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Trivia Hour 1:30 Afternoon Stretch 2:00 Arts & Crafts 3:00 Walking Club 4:00 Puzzle Mania	25	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:00 Guess the country's flag! 1:30 Afternoon Stretch 2:00 Movie Matinee 3:00 Treats with Abri! 4:00 Relax and Hydrate	26
9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 10:30 Swimming w/ Adrian 10:45 9 Letter Puzzle 11:15 Oldies But Goldies Sing-Along 1:30 Afternoon Stretch 2:00 Self-Care Sunday 3:00 Ice Cream Sundaes! 4:00 Relax and Reminisce	27	9:30 Morning Greeting 10:00 Zumba 10:30 Daily Chronicle 10:45 Beach Volleyball 11:15 Fresh Chilling Moment 1:30 Afternoon Stretch 2:00 Minute To Win It 3:00 Bowling! 4:00 Bean Bag Toss	28	9:30 Morning Greeting 10:00 Sit and Be Fit 10:15 Dad Jokes w/ Adrian 10:30 Daily Chronicle 10:45 Familiar Sounds! 11:15 Walking Club 1:30 Afternoon Stretch 2:00 Game time! (Bingo, Poker and More!) 3:00 Cranium Crunch 4:00 History Of Music	29	9:30 Morning Greeting 10:00 Sit and Be Fit 10:30 Daily Chronicle 11:15 Hello Hydration!!! 11:15 Noodle Ball 1:30 Afternoon Stretch 2:00 Table Games 3:00 Happy Hour! 4:00 Chair Volleyball 4:30 Relax and Hydrate	30						

June 2021

MEMORY CARE-Please Note:Subject to Change. Life Enrichment Dir.:Adrian Dalmacio

