

SUN	MON	TUE	WED	THUR	FRI	SAT							
	9:30 Morning Greeting 10:00 sit and be fit 10:30 Bust A Move!! 1:30 Afternoon Stretch 2:00 Music Monday 3:00 Sports Club 4:00 Puzzle Huddle 6:30 Wheel Of Fortune (Local Channel)	1	Groundhog Day 9:30 Morning Greeting 10:00 sit and be fit 10:30 Noodle Ball 1:30 Zumba! 2:00 Arts and Crafts 3:30 singalong 4:15 Sensory and Aroma Therapy 6:30 Wheel Of Fortune (Local Channel)	2	9:30 Morning Greeting 10:00 sit and be fit 10:30 Sports Club 1:30 Test Your Might! 2:00 Bingo! 3:00 Giant Crossword 4:00 Relax and Reminisce 6:30 Wheel Of Fortune (Local Channel)	3	9:30 Morning Greeting 10:00 sit and be fit 10:30 Sweet Delights 1:30 Noodle Ball! 2:00 Brain Games!! 3:00 Arts and Craft 4:00 Self-Care Thursday 6:30 Wheel Of Fortune (Local Channel)	4	9:30 Morning Greeting 10:00 sit and be fit 10:30 Trivia 1:30 Muscle Up! 2:00 Silent Disco (Eversound) 3:00 Discuss and Recall 4:00 Popcorn Cart! 6:30 Wheel Of Fortune (Local Channel)	5	9:30 Morning Greeting 10:00 sit and be fit 10:30 WhiteBoard Games 1:30 Afternoon Stretch 3:00 Movie Matinee 4:00 Bingo!!!	6	
9:30 Morning Greeting 10:00 sit and be fit 10:30 Food For Thought 1:30 Stretch it Out 2:00 Bingo!!! 3:00 Trivia 4:00 Relax and Hydrate	7	9:30 Morning Greeting 10:00 sit and be fit 10:30 Bust A Move!! 1:30 Afternoon Stretch 2:00 Music Monday 3:00 Sports Club 4:00 Puzzle Huddle 6:30 Wheel Of Fortune (Local Channel)	8	9:30 Morning Greeting 10:00 sit and be fit 10:30 Noodle Ball 1:30 Zumba! 2:00 Arts and Crafts 3:30 singalong 4:15 Sensory and Aroma Therapy 6:30 Wheel Of Fortune (Local Channel)	9	9:30 Morning Greeting 10:00 sit and be fit 10:30 Sports Club 1:30 Test Your Might! 2:00 Bingo! 3:00 Giant Crossword 4:00 Relax and Reminisce 6:30 Wheel Of Fortune (Local Channel)	10	9:30 Morning Greeting 10:00 sit and be fit 10:30 Sweet Delights 1:30 Noodle Ball! 2:00 Brain Games!! 3:00 Arts and Craft 4:00 Self-Care Thursday 6:30 Wheel Of Fortune (Local Channel)	11	Lunar New Year 9:30 Morning Greeting 10:00 sit and be fit 10:30 Trivia 1:30 Muscle Up! 2:00 Silent Disco (Eversound) 3:00 Discuss and Recall 4:00 Popcorn Cart! 6:30 Wheel Of Fortune (Local Channel)	12	9:30 Morning Greeting 10:00 sit and be fit 10:30 WhiteBoard Games 1:30 Afternoon Stretch 3:00 Movie Matinee 4:00 Bingo!!!	13
Valentine's Day 9:30 Morning Greeting 10:00 sit and be fit 10:30 Food For Thought 1:30 Stretch it Out 2:00 Bingo!!! 3:00 Trivia 4:00 Relax and Hydrate	14	President's Day 9:30 Morning Greeting 10:00 sit and be fit 10:30 Bust A Move!! 1:30 Afternoon Stretch 2:00 Music Monday 3:00 Sports Club 4:00 Puzzle Huddle 6:30 Wheel Of Fortune (Local Channel)	15	9:30 Morning Greeting 10:00 sit and be fit 10:30 Noodle Ball 1:30 Zumba! 2:00 Arts and Crafts 3:30 singalong 4:15 Sensory and Aroma Therapy 6:30 Wheel Of Fortune (Local Channel)	16	9:30 Morning Greeting 10:00 sit and be fit 10:30 Sports Club 1:30 Test Your Might! 2:00 Bingo! 3:00 Giant Crossword 4:00 Relax and Reminisce 6:30 Wheel Of Fortune (Local Channel)	17	9:30 Morning Greeting 10:00 sit and be fit 10:30 Sweet Delights 1:30 Noodle Ball! 2:00 Brain Games!! 3:00 Arts and Craft 4:00 Self-Care Thursday 6:30 Wheel Of Fortune (Local Channel)	18	9:30 Morning Greeting 10:00 sit and be fit 10:30 Trivia 1:30 Muscle Up! 2:00 Silent Disco (Eversound) 3:00 Discuss and Recall 4:00 Popcorn Cart! 6:30 Wheel Of Fortune (Local Channel)	19	9:30 Morning Greeting 10:00 sit and be fit 10:30 WhiteBoard Games 1:30 Afternoon Stretch 3:00 Movie Matinee 4:00 Bingo!!!	20
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February 2021

MEMORY CARE-Please Note:Subject to Change. Life Enrichment Dir.:Adrian Dalmacio

